# **BSc in Physiotherapy**

## INTEGRADED COURSE TITLE: NUMBER OF ECTS CREDITS: 6 SSD: MEDS-17/A, MEDS-18/A, M

INTERDISCIPLINARY CLINICAL SCIENCES 1

SSD: MEDS-17/A, MEDS-18/A, MEDS-19/A, MEDS-19/B, MEDS-22/A MODULE CONVENOR: PROF. SCHIANO LOMORIELLO DOMENICO E-MAIL: domenico.schianolomoriello@unicamillus.org

MODULE: PHYSICAL AND REHABILITATION MEDICINE NUMBER OF ECTS CREDITS: 2 SSD : MEDS-19/B PROFESSOR : SERENA CAPOBIANCO e- mc

e-mail: serena.capobianco@unicamillus.org

MODULE: EYE DISEASES NUMBER OF ECTS CREDITS: 1 SSD : MEDS-17/A PROFESSOR : <u>SCHIANO LOMORIELLO DOMENICO</u> e- mail: domenico.schianolomoriello@unicamillus.org

MODULE: LOCOMOTIVE SYSTEM DISEASES NUMBER OF ECTS CREDITS: 1 SSD : MEDS-19/A PROFESSOR : GABRIELE BOVE

e-mail: gabriele.bove@unicamillus.org

MODULE: DIAGNOSTIC IMAGING AND RADIOTHERAPY NUMBER OF ECTS CREDITS: 1 SSD : MEDS-22/A PROFESSOR : <u>RENATO ARGIRO'</u> e- mail:

e-mail: renato.argiro@unicamillus.org

MODULE: OTOLARINGOLOGY NUMBER OF ECTS CREDITS: 1 SSD : MEDS-18/A PROFESSOR : RICCARDO NOCINI

e-mail: riccardo.nocini@unicamillus.org

#### PREREQUISITES

Although there are no preparatory prerequisites, basic concepts of anatomy and physiology of the locomotor system, the visual system, the acoustic-vestibular system and the aerial-digestive tract are necessary, with particular reference to acute, chronic and degenerative inflammatory processes.. Basic concepts on rehabilitative methods and physical therapies are required, as well as elements of pathophysiology of the main neurological and orthopedic pathologies treated.

#### LEARNING OBJECTIVES

The teaching objectives are to provide students with:

- the knowledge related to rehabilitation processes in the sequele and outcomes of main neurological and orthopedic diseases, in the context of medical diagnosis and multidisciplinarity work.

- the basic principles of visual anatomy and physiology helpful in understanding the relevant aspects of ophthalmic disorders.
- The knowledge of the most common orthopaedic pathologies during growth period
- the physical principles of ionizing radiation, ultrasound and electro-magnetic waves and their possible applica-tions, with particular attention to their use in the medical field. The student will learn the physical principles, the mechanisms of interaction of the same with living matter.
- The understanding of the pathophysiological mechanisms underlying the alterations in balance and the production mechanisms of speech and swallowing.

## LEARNING OUTCOMES

## Knowledge and Understanding

At the end of the teaching course, the student should be able to :

- evaluate, as part of the individual methods, physical therapy to be used and the possible adoption of orthoses and aids in some of the main neurological diseases (Parkinson's disease, stroke, multiple sclerosis, etc) and orthopedic diseases (hip and knee replacements, shoulder and elbow injuries, tibio-tarsal).
- demonstrate the comprehension of all the basic concepts of the ocular anatomy and the visual mechanism and recognize the characteristics of the different ophthalmic disorders and visual defects, including possible implications in the locomotor system.
- Know the described joint diseases, the clinical and instrumental diagnostic criteria as well as the treatment options most used today
- know the physical principles of ionizing radiation, ultrasound and electro-magnetic waves
- Describe the main applications of ionizing radiation, ultrasound and electromagnetic waves in the clinical field
- Know the various diagnostic imaging methods
- Know the principles of interactions of ion-izing radiation with living matter.
- Know the principles of ultrasound interac-tions with living matter.
- Know the principles of interactions of elec-tromagnetic waves with living matter. Know the applications of the various imaging methods and their correct use in the clinical field
- Know the anatomy and physiology of the central and peripheral vestibular system
- Describe the main methods of clinical analysis of the peripheral vestibular system
- Knowing the main pathological frameworks of the peripheral vestibular system
- Knowing the principles of physical rehabilitation of vestibular pathologies
- Principles of prosthetic rehabilitation of the peripheral vestibular system
- Know the anatomy of the oral, larynx and the air-digestive tract
- Know the physiology of voice production and swallowing
- Know the main clinical analysis tests of the air-digestive system
- Knowing and describing the main pathological and degenerative frameworks of the air-digestive system
- Know the rehabilitative methods of swallowing

## Applying knowledge and understanding

At the end of the teaching, the student will be able to use the knowledge acquired for the autonomous deepening of aspects related to the specific field to which the student will devote himself in the field of professional activity.

#### **Communication skills**

At the end of the teaching, the student will need to know how to use specific scientific terminology appropriately.

#### Making judgements

At the end of the teaching, the student will need to know general assessments of the topics covered.

#### Learning ability

The student will have ac-quired skills and learning methods suitable for deepening and improving their skills also through consultation of scientific literature.

## **COURSE SYLLABUS**

#### Syllabus Physical and Rehabilitation Medicine

Rehabilitation program in patients with Parkinson's disease Rehabilitation program in the patient with ischemic and hemorrhagic Stroke Rehabilitation program in the patient with Multiple Sclerosis Rehabilitation program in the patient with Motor Neuron disease Rehabilitation program in the patient with Alzheimer's disease Rehabilitation program in the patient with hereditary and acquired Polyneuropathies Rehabilitation program in the patient with Myasthenia Gravis Rehabilitation program in knee injuries Rehabilitation program in hip injuries Rehabilitation program in thij injuries Rehabilitation program in the patient and elbow injuries

## Syllabus Eye Diseases

## Elements of anatomy and physiology

Fibrous tunics: Sclera - Cornea Vascular tunics: Choroid - Ciliary body - Iris Nerve tunics: Retina Crystalline lens and vitreous Anterior chamber, posterior chamber, aqueous humor Optic Nerve and Optic Pathways Eyelids and Conjunctiva Lacrimal system: Gland and Lacrimal Tracts Extrinsic Ocular Muscles Orbit **Pathophysiological optics** The eye from an optical point of view

Elements of optics, prisms and lenses Vision defects (myopia, hyperopia, astigmatism, presbyopia)

Visual acuity measurement (charts, decimals, diopters, retinoscopy (schiascopy), refractometer)

## **Pathology and Clinic**

Eyelid diseases (chalazion, hordeolum, ectropion, entropion, ptosis) Diseases of the lacrimal drainage system (occlusion, dacryocystitis) Diseases of the conjunctiva (conjunctivitis, pinguecula, pterygium) Diseases of the cornea (keratitis, corneal ulcers, keratoconus) Diseases of the sclera (scleritis)

Diseases of the lens (cataracts)

Diseases of the vitreous

Diseases of the uvea (uveitis, tumors)

Diseases of the retina (angiomatosis, diabetic retinopathy, Hypertensive retinopathy, venous and arterial occlusions, inherited retinal degeneration, age-related macular degenerations, retinal detachment, retinoblastoma.

Neuro-ophthalmology (papilledema, optic neuritis, chiasmatic and retrochiasmatic syndrome).

Glaucoma (humor aqueous circulation, tonometry, visual field, optic nerve alterations)

Concomitant and paralytic strabismus (amblyopia, esotropia, exotropia)

## Semeiotics and instrumental examinations

Physical examination (biomicroscopy, ophthalmoscopy)

Corneal evaluation (ophthalmometry, topography, endothelial microsc.)

Glaucoma and optical pathways (perimetry, ERG, VEP)

Color sense tests (Ishihara plates, Farnsworth test)

Retina imaging (Fluorescein angiography + ICGA, OCT, Ultrasound

#### Syllabus Locomotive System Diseases

Pathologies of the major joints such as:

- o Shoulder
- o Elbow
- o Spine
- o Hip
- o Knee
- o Ankle

Surgical and conservative treatment focused on the rehab Rehab concepts based on type of surgical treatment Knowledge of the rehab based on the surgical treatment

## Syllabus Diagnostic Imaging and Radiotherapy

Electromagnetic radiation and X-ray produc-tion. Corpuscular theory of radiation Discovery of X-rays Interaction of X-rays with matter Radiant and Radiographic Image. Intrinsic characteristics Equipment in radiodiagnostics Ultrasound Equipment MRI equipment Radiotherapy equipment

## Syllabus Otolaringology

#### <u>Vestibular system:</u>

Anatomy and physiology of the auditory and vestibular system, immuno-mediated diseases of the inner ear associated with vertigo, pathophysiology of the optical-kinetic system and the visuo-vestibule-oculomotor reflex, elttro-nistagmography, caloric and instrumental vestibular evaluation, the potential evoked myogenic vestibular (VEMP's) clinical applications, assessment of the patient with dizzying-postural disorders the bed-side examination, clinic of peripheral disorders of balancewith Associated audiological symptoms, positional paroxysm dizziness from labyrinthitis, vertigo and barotrauma, cervical whiplash and visuo-vestibular system, rehabilitative therapy in vestibular system pathology

#### peripheral

#### <u>Dysphagia:</u>

Terminology of disphagy, pathophysiological components in swallowing disorders, disphagy and other disorders of swallowing, aspiration, etiology of disphagy, mecanic and neurological disphagy, clinical of the disphagoic patient, procedures diagnostics, primary pathological frameworks in paediatric and adultage, disphagy in the elderly, voice and disphagia, treatment of disphagia.texts uncamillus

## **COURSE STRUCTURE**

The Teaching is structured in 60 hours of frontal teaching, divided into lessons of 2 or 4 hours according to the academic calendar. The frontal teaching includes theoretical lectures and supplementary seminars on the topics covered. Attendance is compulsory for at least 75% of the total hours of all the courses of the integrated course.

# COURSE GRADE DETERMINATION INTEGRATED COURSE

The exam for the integrated course "Interdisciplinary Clinical Sciences" consists of a written test for the modules Locomotive Diseases and Diagnostic Imaging and Radiotherapy; an oral test for the modules Eye Diseases, Physical and Rehabilitation Medicine and Otorhinolaryngology.

The learning tests are aimed at ascertaining the acquisition of the expected knowledge and skills, without the help of notes or books. The evaluation parameters used will be the specific knowledge of the topic, together with the ability to discursively organize the knowledge, the critical approach and the competence in the use of specialized language. The unit of measurement used will be a vote expressed out of thirty.

The exam is considered passed with a minimum grade of 18/30 in all subjects.

# **READING MATERIALS**

<u>PHYSICAL AND REHABILITATION MEDICINE</u> Materials provided by the teacher.

<u>EYE DISEASE</u> Lecture notes.

<u>LOCOMOTIVE SYSTEM DIDEASE</u> Review of Orthopaedics VI edition; Miller M.D., Thompson S.R, Hart J.A; Elsevier

## DIAGNOSTIC IMAGING AND RADIOTHERAPY

- Elementi in tecnologia in Diagnostica Per Immagini (R. Passariello)
- "Anatomia Radiologica Weir Abrahams
- Muscoloskeletal MRI, 2nd ed. C.Helms, N. Major, M. Anderson, P.E. Kaplan and R. Dussault, eds. Saunders; 2009

## <u>OTOLARINGOLOGY</u>

Vertigo and Dizziness Common Complaints Dieterich, Strupp, Springer London Limited 2005 Clinic Of LabyrinthS Peripherals Official Report XCII National Congress Enzo Mora Dysphagia diagnosis and Treatment Olle Ekberg Springer London Dysphagia Otolaryngologic Clinics of North America volume 31 number