

CATERINA GRUOSSO

Piazza Ippolito Nievo, 5 - 00153 Rome, Italy

PERSONAL STATEMENT

I am an experienced professional in the field of rehabilitation techniques. I work as a physiotherapist myself and I am also involved in teaching to University students.

I deal with complex patients, managing and setting their treatment according to their needs. I am passionate about my job and I participate to professional conferences and congresses, to which sometimes I contribute.

I regularly attend training courses for healthcare professional to keep up with the advancements in my field (full details on these are available upon request).

WORK EXPERIENCE

University Lecturer and thesis supervisor

From 2018 to present

University of Rome Tor Vergata "Scienze Riabilitative Integrate" MED/48

Support in the Organization of the Postgraduate Course in Rehabilitation Techniques for Healthcare professionals

December 2016 to 2020

Università degli Studi di Tor Vergata

Rome - Italy

Winning of the tender for Assistant to Professor Pasquale Farsetti for the organization of the Master Degree, at Università degli Studi di Tor Vergata.

Responsibilities:

- Provide support in the organization of the course and the classes.
- Suggesting study subjects and supporting material

Physiotherapist

From 2004 to 2018

IRCCS FONDAZIONE SANTA LUCIA

Rome - Italy

Responsibilities:

- Management of hospitalized patients and day-hospital patients, including treatment decision and initial and final assessment.
- Patients include: disabled patients and patients from Infantile Neuropsychiatry ward
- Use of Edward software for the management of the patients.

University Lecturer and thesis supervisor

From 2008 to Present

Our Lady of Good Counsel University

Tirana - Albania

I teach in the Graduate course for Physiotherapy of the core module Nursing Science and Neuropsychiatry and Rehabilitation Techniques.

I tutor apprentices, focusing specifically on the management patients and on teaching how to communicate effectively with patients.

Responsibilities:

- Teaching and organizing courses. Picking the more adequate teaching material
- Helping and assessing the students during their time at University
- Tutoring students during the writing of their thesis, offering support and guidance

Member of the Degree Committee for Graduate Course

2011, 2014 and 2017

Our Lady of Good Counsel University UNIKZM

Tirana - Albania

Member of the Committee evaluating the final thesis of the students for the Physiotherapy Course, awarded in conjunction with Università degli Studi di Tor Vergata, in Rome.

Internship tutor

From 2008 to present

Università degli Studi di Tor Vergata
Rome – Italy

CONTRIBUTIONS

LIFE QUALITY OF PATIENTS SUFFERING CEREBRAL STROKE Sidita Haxholli, Caterina Grusso, Gennaro Rocco, Enzo Ruberti. International Journal of Academic Scientific Research ISSN: 2272-6446 Volume 5, Issue 3 (September - October 2017), PP 1- 10

THE USE OF THE SCALE SVQCLI FOR THE EVALUATION OF THE CLINICAL LEARNING ENVIRONMENTS AND FOR THE ASSESSMENT OF THE QUALITY OF THE DEGREE COURSE IN NURSERY Florian Spada, Emanuela Prendi, Caterina Grusso, Enzo Ruberti, Gennaro Rocco, Andrea Giacalone. International Journal of Academic Scientific Research ISSN: 2272-6446 Volume 6, Issue 2 (May - June 2018), PP 22- 26 www.ijasrjournal.org

SUPRAPONTINE LESIONS AND NEUROGENIC PELVIC DYSFUNCTIONS ASSESSMENT, TREATMENT AND REHABILITATION Lamberti G, Musco S, Giraud D, CHAPTER: Management of the Suprapontine Neurogenic Lower Urinary Tract Dysfunction Springer 2020

Congress Speaker

4th and 6th of December 2020

SIUD National Congress

I was invited as a speaker at the 18th National Congress of SIUD (Italian Society Urodynamic and pelvic floor) about percutaneous tibial nerve stimulation and electrical stimulation for urinary incontinence.

Congress Speaker

24th and 25th of April 2014

Our Lady of Good Counsel University UNIKZM
Tirana – Albania

I was invited as a speaker at the 58th National Congress of SIGM (Italian Society for Medical Sport, Physical Medicine and Sport and Rehabilitation Science). The congress was held in Tirana in conjunction with the Albanian authorities.

Conference Speaker

14th and 15th of December 2011

Our Lady of Good Counsel University UNIKZM
Tirana – Albania

I was invited as a speaker at a conference on Articular and Periarticular Degenerative disorders of the Shoulder and of the Hip, with a focus on Diagnosis, Prevention and Therapy.

EDUCATION

Master's Degree 110/110 in Rehabilitation Techniques for Healthcare professionals - 2015/2016.

Università degli Studi di Tor Vergata
Rome – Italy

BA (Hons) 110/110 in Physiotherapy – 2001/2002.

Università degli Studi La Sapienza
Rome – Italy

REFERENCES

References are available on request.

