

**FORMATO EUROPEO  
PER IL CURRICULUM  
VITAE**



**PERSONAL DATA**

Name **PALERMI, STEFANO**

Nationality italian

Date of Birth 21 SEPTEMBER 1991

**EDUCATION**

• Nov 2024 II level Master Degree in Sports Cardiology – University of Padova

• from Nov 2022 PhD candidate – University of Naples Federico II

• Nov 2022 Sports Medicine specialization/residency – University of Naples Federico II – 50 cum laude

• July 2017 MD degree, medicine and surgery – University of Chieti G.D'Annunzio – 110 cum laude

**AFFILIATIONS**

• Nov 2024 Regional A sportiva Italiana) Abruzzo

• from Nov 2024 Nucleus m Management - EAPC (European Association of Preventive

• Dec 2023 Abilitazione Scientifica Nazionale in II fascia in 06/F4 – Malattie dell'apparato locomotore e medicina fisica e riabilitativa

• from Nov 2023 Nucleus member - Sports Medicine committee - SIAGASCOT (Società Italiana Artroscopia

Ginocchio Arto Superiore Sport Cartilagine Tecnologie Ortopediche)

- Feb 2023 MSK ultrasound diploma SIUMB (Società Italiana di Ultrasonologia in Medicina e Biologia)
- Oct 2022 Echocardiography diploma SIECVI (Società Italiana di Ecocardiografia e CardioVascular Imaging)
- Feb 2022 MSK injection course – Università of Naples Federico II

## WORK EXPERIENCE

- From Nov 2024 Associate professor – MSK disease (MEDS-19/A) – Unicamillus – Saint Camillus International University of Health Sciences
- From Nov 2022 Private practice as a sports medicine physician in territory clinics, focusing on
- Sport eligibility
  - Sport traumatology
  - MSK ultrasound
  - MSK injections
  - Sports cardiology
  - Echocardiography
- From Aug 2021 Club doctor of Umana Reyer Basketball – Venice (serie A, eurocup)
- da Giugno 2019 Scientific consultant @Med-Ex, official medical partner of Ferrari team:
- Sport Medicine evaluation
  - Corporate Wellness evaluation
  - Club doctor @Scuderia Ferrari
  - Scientific research coordinator
- Oct 2019 – Dec 2022 Club doctor of Italian National basketball teams – youth teams
- Aug 2019 – Aug 2021 Club doctor of SSC Naples football team – youth teams

## PUBLICATIONS

- 1) Ricci, F., Sutton, R., **Palermi, S.**, Tana, C., Renda, G., Gallina, S., ... Fedorowski, A. (2018). Prognostic significance of noncardiac syncope in the general population: A systematic review and meta-analysis. *Journal of Cardiovascular Electrophysiology*, 29(12).
- 2) Loiacono C, **Palermi S**, Massa B, Belviso I, Romano V, Di Gregorio A, Sirico F, Sacco AM (2019) Tendinopathy: Pathophysiology, Therapeutic Options, and Role of Nutraceuticals. A Narrative Literature Review. *Medicina (B Aires)* 55:447
- 3) Valle E Della, Sirico F, Cacciatore F, **Palermi S**, Marcantonio R, Spera R (2019) Worksite Energy Cost Assessment in Non-surgical versus Surgical Medical Residency Programs. *Int J Occup Env Med (The IJOEM)* 10:1617-216–7
- 4) Spera R, Belviso I, Sirico F, **Palermi S**, Massa B, Mazzeo F, Montesano P (2019) Jump and balance test in judo athletes with or without visual impairments. doi: 10.14198/jhse.2019.14.proc4.56
- 5) Sirico F, **Palermi S**, Gambardella F, Capuano E, Ferrari U, Baiocco V, Castaldo C, Di Meglio F, Nurzynska D (2019) Ankle Brachial Index in Different Types of Popliteal Artery Entrapment Syndrome: A Systematic Review of Case Reports. *J Clin Med* 8:2071
- 6) Sirico F, Fernando F, Bianco A, Loiacono C, Nuccio F, Gambardella F, **Palermi S.**, Montagnani S., Biffi A. Parental Perception of Children's Weight Status: Love Overpasses Scientific Evidence! A Cross-Sectional Observational Study. *High Blood Press Cardiovasc Prev [Internet]*. 2019 Dec 5
- 7) **S. Palermi**, A.M. Sacco, I. Belviso, N. Marino, F. Gambardella, C. Loiacono, F. Sirico. "Effectiveness of Tai Chi on Balance Improvement in Type 2 Diabetes Patients: A Systematic Review and Meta-Analysis," *J. Aging Phys. Act.*, vol. 1, no. aop, pp. 1–11, Mar. 2019.
- 8) I. Belviso, **S. Palermi**, A.M. Sacco, V. Romano, B. Corrado, M. Zappia, F. Sirico. "Brachial Plexus Injuries in Sport Medicine: Clinical Evaluation, Diagnostic Approaches, Treatment Options, and Rehabilitative Interventions," *J. Funct. Morphol. Kinesiol.* 2020, Vol. 5, Page 22, vol. 5, no. 2, p. 22, Mar. 2020.
- 9) E. Della Valle, **S. Palermi**, I. Aloe, R. Marcantonio, R. Spera, S. Montagnani, F. Sirico. "Effectiveness of Workplace Yoga Interventions to Reduce Perceived Stress in Employees: A Systematic Review and Meta-Analysis," *J. Funct. Morphol. Kinesiol.* 2020, Vol. 5, Page 33, vol. 5, no. 2, p. 33, May 2020.
- 10) Antonello D'Andrea, Donato Mele, **Stefano Palermi**, Massimiliano Rizzo, Marco Campana, Giovanna Di Giannuario, Alessia Gimelli, Georgette Khoury, Antonella Moreo, a nome dell'Area Cardioimaging dell'Associazione Nazionale Medici Cardiologi Ospedalieri (ANMCO). Le "zone grigie" degli adattamenti cardiovascolari all'esercizio fisico: come orientarsi nella valutazione ecocardiografica del cuore d'atleta. *G Ital Cardiol* 2020;21(6):457-468
- 11) **S. Palermi**, A. M. Sacco, I. Belviso, V. Romano, P. Montesano, B. Corrado, F. Sirico. Guidelines for Physical Activity—A Cross-Sectional Study to Assess Their Application in the General Population. Have We Achieved Our Goal? *Int. J. Environ. Res. Public Health* 2020, 17(11): 3980.
- 12) Milic, Mirjana, Marko Erceg, **Stefano Palermi**, Enzo Iuliano, Marta Borrelli, Emiliano Cè, and Fabio Esposito et al. 2020. "Uphill walking at iso-efficiency speeds". *Biology of Sport*: 247-253. doi:10.5114/biolsport.2020.95635.
- 13) Ardigò LP, **Palermi S**, Padulo J, Dhahbi W, Russo L, Linetti S, Cular D and Tomljanovic M (2020) External Responsiveness of the SuperOp™ Device to Assess Recovery After Exercise: A Pilot Study. *Front. Sports Act. Living* 2:67. doi:

- 14) Sirico Felice, **Palermi Stefano**, Massa Bruno, Corrado Bruno  
Tendinopathies of the hip and pelvis in athletes: A narrative review  
Journal of Human Sport and Exercise. 2020, 15(Proc3): S748-S762.  
doi:10.14198/jhse.2020.15.Proc3.25
- 15) Montesano Pietro, **Palermi Stefano**, Massa Bruno, Mazzeo Filomena  
From “sliding” to “winding” filaments theory: A narrative review of mechanisms  
behind skeletal muscle contraction. Journal of Human Sport and Exercise. 2020,  
15(Proc3): S806-S814. doi:10.14198/jhse.2020.15.Proc3.31
- 16) F. Di Meglio, AM Sacco, I Belviso, V Romano, F Sirico, C Loiacono, **S  
Palermi**, C Pempinello, S Montagnani, D Nurzynska, C Castaldo. “Influence of  
supplements and drugs used for the treatment of musculoskeletal disorders on  
adult human tendon-derived stem cells,” *Muscles. Ligaments Tendons J.*, vol. 10,  
no. 3, pp. 376–384, Jul. 2020.
- 17) Russo, L., **Palermi, S.**, Dhahbi, W. et al. Selected components of physical  
fitness in rhythmic and artistic youth gymnast. *Sport Sci Health* (2020).  
<https://doi.org/10.1007/s11332-020-00713-8>
- 18) Sirico F., Romano V, Sacco AM, Belviso I, Didonna V, Nurzynska D, Castaldo  
C, **Palermi S**, Sannino G, Della Valle E, Montagnani S, Di Meglio F. Effect of  
Video Observation and Motor Imagery on Simple Reaction Time in Cadet Pilots.  
*J. Funct. Morphol. Kinesiol.* 2020, 5, 89; doi:10.3390/jfmk5040089
- 19) Tarantino, D., **Palermi, S.**, Sirico, F., Balato, G., D’Addona, A., & Corrado, B.  
(2020). Achilles tendon pathologies: How to choose the best treatment. *Journal of  
Human Sport and Exercise*, 15(4proc), S1300-S1321  
doi:<https://doi.org/10.14198/jhse.2020.15.Proc4.29>
- 20) Tarantino D, **Palermi S**, Sirico F, Corrado B. Achilles Tendon Rupture:  
Mechanisms of Injury, Principles of Rehabilitation and Return to Play. *J. Funct.  
Morphol. Kinesiol.* 2020, 5, 95; doi:10.3390/jfmk5040095
- 21) Fabrizio Ricci, Nay Aung, Sabina Gallina, Filip Zemrak, Kenneth Fung,  
Giandomenico Bisaccia, Jose Miguel Paiva, Mohammed Y. Khanji, Cesare  
Mantini, **Stefano Palermi**, Aaron M. Lee, Stefan K. Piechnik, Stefan Neubauer &  
Steffen E. Petersen. Cardiovascular magnetic resonance reference values of  
mitral and tricuspid annular dimensions: the UK Biobank cohort. *J Cardiovasc  
Magn Reson* 23, 5 (2021). <https://doi.org/10.1186/s12968-020-00688-y>
- 22) **Palermi S**, Bragazzi NL, Cular D, Ardigo LP, Padulo J. How chest press-  
based exercises can alleviate the burden of cardiovascular diseases. *Hum Mov.*  
2022;23(4); doi: <https://doi.org/10.5114/hm.2021.106911>
- 23) Romano, V.; Tuzi, M.; Di Gregorio, A.; Sacco, A.M.; Belviso, I.; Sirico, F.;  
**Palermi, S.**; Nurzynska, D.; Di Meglio, F.; Castaldo, C.; et al. Correlation between  
Official and Common Field-Based Fitness Tests in Elite Soccer Referees. *J.  
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- 24) Romano, V., Cozzolino, D., Zinno, G., **Palermi, S.**, & Tarantino, D. (2021).  
The effects of beta (2)-adrenergic receptors activation on the cardiovascular  
system and on the skeletal muscle: A narrative review. *Journal of Human Sport  
and Exercise*, 16(3proc), S1359-S1369  
<https://doi.org/10.14198/jhse.2021.16.Proc3.53>
- 25) D’Andrea A, Mele D, **Palermi S**, Lombardi A, Di Giannuario G, Rizzo M,  
Campana M, Marrazzo G, Scarafile R, Gimelli A, Khoury G, Moreo A. Ecografia  
del polmone: quello che il cardiologo dovrebbe conoscere. *G Ital Cardiol*  
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- 26) **Palermi S**, Serio A, Vecchiato M, Sirico F, Gambardella F, Ricci F, Iodice F, Radmilovic J, Russo V, D'Andrea A. Potential role of an athlete-focused echocardiogram in sports eligibility. *World J Cardiol* 2021; 13(8): 271-297
- 27) Di Vilio A, Vergara A, Desiderio A, Iodice F, Serio A, **Palermi S**, Gambardella F, Sperlongano S, Gioia R, Acitorio M, D'Andrea A. Incremental value of compression ultrasound sonography in the emergency department. *World J Crit Care Med* 2021; 10(5): 194-203
- 28) **Palermi, S.**; Massa, B.; Vecchiato, M.; Mazza, F.; De Blasiis, P.; Romano, A.M.; Di Salvatore, M.G.; Della Valle, E.; Tarantino, D.; Ruosi, C. Sirico F. Indirect Structural Muscle Injuries of Lower Limb: Rehabilitation and Therapeutic Exercise. *J. Funct. Morphol. Kinesiol.* 2021, 6, 75. <https://doi.org/10.3390/jfmk6030075>
- 29) **Palermi S**, Iacono O, Sirico F, Modestino M, Ruosi C, Spera R, De Luca M. The complex relationship between physical activity and diabetes: an overview. *J Basic Clin Physiol Pharmacol.* 2021 Sep 29. doi: 10.1515/jbcpp-2021-0279. Epub ahead of print. PMID: 34592073.
- 30) D'Andrea, A.; Sperlongano, S.; Russo, V.; D'Ascenzi, F.; Benfari, G.; Renon, F.; **Palermi, S.**; Ilardi, F.; Giallauria, F.; Limongelli, G.; et al. The Role of Multimodality Imaging in Athlete's Heart Diagnosis: Current Status and Future Directions. *J. Clin. Med.* 2021, 10, 5126. <https://doi.org/10.3390/jcm10215126>
- 31) Tarantino D, **Palermi S**, Sirico F, Corrado B. Hallux valgus deformity: Treatment options, post-operative management, and return to sport. *Journal of Human Sport and Exercise*, [S.l.], v. 16, n. 4proc, p. S1674-S1687, nov. 2021. ISSN 1988-5202. doi:<https://doi.org/10.14198/jhse.2021.16.Proc4.14>.
- 32) Biffi, A., Gallo, G., Fernando, F., Sirico, F., Signorello, M. G., De Martino, L., Manole, G. E., **Palermi, S.**, & Volpe, M. (2021). Relationship Between Cardiorespiratory Fitness, Baseline Blood Pressure and Hypertensive Response to Exercise in the Ferrari Corporate Population. *High blood pressure & cardiovascular prevention : the official journal of the Italian Society of Hypertension*, 10.1007/s40292-021-00491-5. Advance online publication. <https://doi.org/10.1007/s40292-021-00491-5>
- 33) Padulo, J.; Larion, A.; Turki, O.; Melenco, I.; Popa, C.; **Palermi, S.**; Migliaccio, G.M.; Mannarini, S.; Rossi, A.A. Ecological and Construct Validity of a New Technical Level Cuban Dance Field Test. *Int. J. Environ. Res. Public Health* 2021, 18, 13287. <https://doi.org/10.3390/ijerph182413287>
- 34) Lucia Riegler<sup>1</sup>, **Stefano Palermi**<sup>2</sup>, Raffaella Scarafile<sup>1</sup>, Renato Gioia<sup>3</sup>, Fabio Pastore<sup>1</sup>, Anna Lombardi<sup>4</sup>, Gemma Marrazzo<sup>1</sup>, Massimo Ragni<sup>1</sup>, Gaetano Quaranta<sup>1</sup>, Cesare Sirignano<sup>5</sup>, Andrea Manto<sup>6</sup>, Antonello D'Andrea<sup>1,\*</sup> Clinical and multi-modality imaging approach in the selection of patients for left atrial appendage closure *Reviews in Cardiovascular Medicine* 2021 22 (4): 1197-1204
- 35) Vecchiato M, Quinto G, **Palermi S**, Foccardi G, Mazzucato B, Battista F, Duregon F, Michieletto F, Neunhaeuserer D, Ermolao A. Are Gyms a Feasible Setting for Exercise Training Interventions in Patients with Cardiovascular Risk Factors? An Italian 10-Years Cross-Sectional Survey Comparison. *International Journal of Environmental Research and Public Health.* 2022; 19(4):2407. <https://doi.org/10.3390/ijerph19042407>
- 36) Botta R, **Palermi S**, Tarantino D. High-intensity interval training for chronic pain conditions: a narrative review. *J Exerc Rehabil.* 2022;18(1): 10-19. doi: <https://doi.org/10.12965/jer.2142718.359>
- 37) Lamberti V, **Palermi S**, Franceschin A, Scapol G, Lamberti V, Lamberti C,

Vecchiato M, Spera R, Sirico F, Valle ED. The Effectiveness of Adapted Personalized Motor Activity (AMPA) to Improve Health in Individuals with Mental Disorders and Physical Comorbidities: A Randomized Controlled Trial. *Sports*. 2022; 10(3):30. <https://doi.org/10.3390/sports10030030>

38) Demeco A, de Sire A, Marotta N, Spanò R, Lippi L, Palumbo A, Iona T, Gramigna V, **Palermi S**, Leigheb M, Invernizzi M, Ammendolia A. Match Analysis, Physical Training, Risk of Injury and Rehabilitation in Padel: Overview of the Literature. *International Journal of Environmental Research and Public Health*. 2022; 19(7):4153. <https://doi.org/10.3390/ijerph19074153>

39) Giovanna TEGON 1, **Stefano PALERMI 2**, Erica BRUGIN 1, Luigi GERBINO 1, Valentina PESCATORE 1, Silvia COMPAGNO 1, Carlo ZANELLA 1, Franco GIADA 1 \* *Acute coronary syndrome with ST-segment elevation during ergometric testing in a master athlete Medicina dello Sport* 2022 March;75(1):123-9 DOI: 10.23736/S0025-7826.22.04053-4

40) Rizza, A.; Negro, F.; **Palermi, S.**; Palmieri, C.; Murzi, M.; Credi, G.; Berti, S. Penetrating Aortic Ulceration Treated with Castor Branched Aortic Stent Graft—A Case Series. *Int. J. Environ. Res. Public Health* 2022, 19, 4809. <https://doi.org/10.3390/ijerph19084809>

41) **Palermi, S.**; Annarumma, G.; Spinelli, A.; Massa, B.; Serio, A.; Vecchiato, M.; Demeco, A.; Brugin, E.; Sirico, F.; Giada, F.; et al. Acceptability and Practicality of a Quick Musculoskeletal Examination into Sports Medicine PreParticipation Evaluation. *Pediatr. Rep.* 2022, 14, 207–216. <https://doi.org/10.3390/pediatric14020028>

42) D'Andrea, A.; Cante, L.; **Palermi, S.**; Carbone, A.; Ilardi, F.; Sabatella, F.; Crescibene, F.; Di Maio, M.; Giallauria, F.; Messalli, G.; Russo, V.; Bossone, E. COVID-19 Myocarditis: Prognostic Role of Bedside Speckle-Tracking Echocardiography and Association with Total Scar Burden. *Int. J. Environ. Res. Public Health* 2022, 19, 5898. <https://doi.org/10.3390/ijerph19105898>

43) **Palermi, Stefano**, Sirico, Felice, Fernando, Fredrick, Gregori, Giampietro, Belviso, Immacolata, Ricci, Fabrizio, D'Ascenzi, Flavio, Cavarretta, Elena, De Luca, Mariarosaria, Negro, Francesco, Montagnani, Stefania, Niebauer, Josef and Biffi, Alessandro. "Limited diagnostic value of questionnaire-based pre-participation screening algorithms: a "risk-exposed" approach to sports activity" *Journal of Basic and Clinical Physiology and Pharmacology*, vol. , no. , 2022. <https://doi.org/10.1515/jbcpp-2022-0109>

44) Silvia Compagno, **Stefano Palermi**, Valentina Pescatore, Erica Brugin, Marzia Sarto, Ruggero Marin, Valli Calzavara, Manuele Nizzetto, Moreno Scevola, Accurso Aloï, Alessandro Biffi, Carlo Zanella, Giovanni Carretta, Silvia Gallo, Franco Giada. Physical and psychological reconditioning in long COVID syndrome: Results of an out-of-hospital exercise and psychological - based rehabilitation program. *IJC Heart & Vasculature*, Volume 41, 2022, 101080, ISSN 2352-9067, <https://doi.org/10.1016/j.ijcha.2022.101080>

45) D'Andrea, A.; Bossone, E.; **Palermi, S.** Special Issue "Multimodality Imaging in Cardiomyopathies". *J. Clin. Med.* 2022, 11, 4197.

46) Ricci F, Neumann JT, RübSamen N, Sørensen NA, Ojeda F, Cataldo I, Zeller T, Schäfer S, Hartikainen TS, Golato M, **Palermi S**, Zimarino M, Blankenberg S, Westermann D and De Caterina R (2022) High-sensitivity troponin I with or without ultra-sensitive copeptin for the instant rule-out of acute myocardial infarction. *Front. Cardiovasc. Med.* 9:895421. doi: 10.3389/fcvm.2022.895421

47) Biffi A, Fernando F, **Palermi S**, Sirico F, Bonatesta L, Cavarretta E, D'Ascenzi F, Niebauer J. Cardiovascular prevention in the worksite: Where are we? *Int J Cardiol.* 2022 Aug 11:S0167-5273(22)01194-9. doi: 10.1016/j.ijcard.2022.08.026. Epub ahead of print. PMID: 35964848.

- 48) Baiocco, V.; Quinto, G.; Rovai, S.; Conte, F.; Dassie, F.; Neunh userer, D.; Vecchiato, M.; **Palermi, S.**; Gasperetti, A.; Bullo, V.; et al. Do Androgenic Pattern, Insulin State and Growth Hormone Affect Cardiorespiratory Fitness and Strength in Young Women with PCOS? *Biomedicines* 2022, 10, 2176. <https://doi.org/10.3390/biomedicines10092176>
- 49) Lombardi A, Gambardella M, **Palermi S**, Frecentese F, Serio A, Sperlongano S, Tavarozzi R, D'Andrea A, De Luca M, Politi C. Liver and heart failure: an ultrasound relationship. *J Basic Clin Physiol Pharmacol* 2022; aop. <https://doi.org/10.1515/jbcpp-2022-0211>
- 50) **Palermi, S.**; Vecchiato, M.; Pennella, S.; Marasca, A.; Spinelli, A.; De Luca, M.; De Martino, L.; Fernando, F.; Sirico, F.; Biffi, A. The Impact of the COVID-19 Pandemic on Childhood Obesity and Lifestyle—A Report from Italy. *Pediatr. Rep.* 2022, 14, 410–418. <https://doi.org/10.3390/pediatric14040049>
- 51) Pastore, M.C.; Ilardi, F.; Stefanini, A.; Mandoli, G.E.; **Palermi, S.**; Bandera, F.; Benfari, G.; Esposito, R.; Lisi, M.; Pasquini, A.; Santoro, C.; Valente, S.; D'Andrea, A.; Cameli, M., on behalf of the Working Group of Echocardiography of the Italian Society of Cardiology. Bedside Ultrasound for Hemodynamic Monitoring in Cardiac Intensive Care Unit. *J. Clin. Med.* 2022, 11, 7538. <https://doi.org/10.3390/jcm11247538>
- 52) Vecchiato M, Zanardo E, Battista F, Quinto G, Bergia C, **Palermi S**, Duregon F, Ermolao A, Neunhaeuserer D. The Effect of Exercise Training on Irisin Secretion in Patients with Type 2 Diabetes: A Systematic Review. *Journal of Clinical Medicine.* 2023; 12(1):62. <https://doi.org/10.3390/jcm12010062>
- 53) Marrazzo G, **Palermi S**, Pastore F, Ragni M, De Luca M, Gambardella M, Quaranta G, Messalli G, Riegler L, Pergola V, Manto A, D'Andrea A. Multimodality Imaging Approach to Spontaneous Coronary Artery Dissection. *Journal of Clinical Medicine.* 2023; 12(1):154. <https://doi.org/10.3390/jcm12010154>
- 54) Russo L, Montagnani E, Pietrantuono D, D'Angona F, Fratini T, Di Giminiani R, **Palermi S**, Ceccarini F, Migliaccio GM, Lupu E, Padulo J. Self-Myofascial Release of the Foot Plantar Surface: The Effects of a Single Exercise Session on the Posterior Muscular Chain Flexibility after One Hour. *International Journal of Environmental Research and Public Health.* 2023; 20(2):974. <https://doi.org/10.3390/ijerph20020974>
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- 56) D'Andrea A, Del Giudice C, Fabiani D, Caputo A, Sabatella F, Cante L, **Palermi S**, Desiderio A, Tagliamonte E, Liccardo B, Russo V. The Incremental Role of Multiorgan Point-of-Care Ultrasounds in the Emergency Setting. *International Journal of Environmental Research and Public Health.* 2023; 20(3):2088. <https://doi.org/10.3390/ijerph20032088>
- 57) Aghi A, Salvagnini D, Berton G, Cecconi M, Della Valle E, Spera R, Mambelli M, **Palermi S**, Neunhaeuserer D, Vecchiato M. Selective Functional Movement Analysis (SFMA) Reliability and Proposal of Its Use in Sports. *International Journal of Environmental Research and Public Health.* 2023; 20(3):2032. <https://doi.org/10.3390/ijerph20032032>
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- 59) Rossoni A, Vecchiato M, Brugin E, Tranchita E, Adami PE, Bartesaghi M, Cavarretta E, **Palermi S**. The eSports Medicine: Pre-Participation Screening and Injuries Management—An Update. *Sports*. 2023; 11(2):34. <https://doi.org/10.3390/sports11020034>
- 60) Tarantino D, Mottola R, **Palermi S**, Sirico F, Corrado B, Gnasso R. Intra-Articular Collagen Injections for Osteoarthritis: A Narrative Review. *International Journal of Environmental Research and Public Health*. 2023; 20(5):4390. <https://doi.org/10.3390/ijerph20054390>
- 61) Vecchiato M, Ermolao A, Zanardo E, Battista F, Ruvoletto G, **Palermi S**, Quinto G, Degano G, Gasperetti A, Padalino MA, Di Salvo G, Neunhaeuserer D. Overshoot of the Respiratory Exchange Ratio during Recovery from Maximal Exercise Testing in Young Patients with Congenital Heart Disease. *Children*. 2023; 10(3):521. <https://doi.org/10.3390/children10030521>
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- 63) Vecchiato M, Neunhaeuserer D, Fabris M, Aghi A, Quinto G, Battista F, **Palermi S**, Gasperetti A, Ermolao A. The impact of the COVID-19 pandemic on functional capacity in a population of young athletes: should we expect long-time consequences? *J Sports Med Phys Fitness*. 2023 Mar 16. doi: 10.23736/S0022-4707.22.14468-3. Epub ahead of print. PMID: 36924469.
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## EDITORIAL ROLES

- Associate Editor (Sports Medicine section) per *Journal of Basic and Clinical Physiology and Pharmacology* (ISSN 2191-0286)
- Associate Editor - Cardiovascular Biologics and Regenerative Medicine – *Frontiers in Cardiovascular Medicine* (IF 5.846)
- Editorial Board Member della rivista *BMC musculoskeletal disorders* (ISSN 1471-2474)
- Peer reviewer for several international scientific journals

*Ai sensi del Regolamento UE 2016/679 del 27 aprile 2016 relativo alla protezione delle persone fisiche con riguardo al trattamento dei dati personali e al D.Lgs. 196/2003, il sottoscrittore dichiara di aver preso visione dell'informativa completa allegata al presente documento.*

*Consapevole delle conseguenze penali derivanti da dichiarazioni false e mendaci, come disposto dall'art. 76 del D.P.R. n. 445/2000, attesto che tutto quanto riportato nel curriculum corrisponde a verità.*

Rome, 11.28.24