

PERSONAL INFORMATION Patrizia Calella

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**PROFESSIONAL
CAREER**

- 29.11.2023 National Scientific Qualification as Associate Professor in the competition sector 06/MEDS-24 (Medical Statistics, Hygiene, Nursing Sciences) – SSD MEDS-24/B Hygiene.
- 27.11.2023 National Scientific Qualification as Associate Professor in the competition sector 06/MEDS-08 (Endocrinology, Nephrology, Nutrition and Wellness Sciences) – SSD MEDS-08/C Food and Dietetic Sciences.
- 2022-2025 Fixed-Term Researcher, Department of Medical, Motor and Wellbeing Sciences (DiSMMeB), University of Naples “Parthenope”. Research contract within PON Research and Innovation (REACT-EU).

**EDUCATION
AND TRAINING**

- aa.aa. 2015-2018 **PhD in *Sports and Exercise Sciences (30th Cycle)***, awarded with the thesis “*Nutrition and Sport: validation of a questionnaire on nutritional knowledge and its application in adolescents, recruited in various sporting and non-sporting contexts, in relation to dietary habits*”, at the Department of Medical, Motor and Wellbeing Sciences (DiSMMeB), Interdepartmental School of Sciences, Engineering and Health (SISIS), University of Naples “Parthenope”, Naples.
- 2017 Research period carried out within the PhD in *Sports and Exercise Sciences* at the *Institute of Cellular Medicine and Newcastle University Institute for Ageing*, Newcastle University Biomedical Research Building – Campus for Ageing and Vitality, Newcastle upon Tyne (UK).
- a.a. 2011-2012 **First Level Master in *Nutrition and Dietetics in Nephrology***, University of Pisa.
- aa.aa. 2009-2012 **MSc in *Food and Human Nutrition Sciences***, awarded on March 26, 2012, with full marks and honours (110/110 cum laude), University of Naples “Federico II”.
- aa.aa. 2006-2009 **BSc in *Dietetics***, awarded on October 22, 2009, with full marks and honours (110/110 cum laude), Faculty of Medicine and Surgery, University of Naples “Federico II”.

UNIVERSITY TEACHING

ACTIVITY

- a.a. 2020-2025 ***“Education and Promotion of Healthy and Sustainable Nutrition” (EPASS)***, teaching in the MSc Degree Course in Sport Sciences for Prevention and Wellbeing (LM67), Department of Medical, Motor and Wellbeing Sciences (DiSMMeB), University of Naples “Parthenope”, Naples campus (6 ECTS).
- a.a. 2021-2024 ***“Hygiene”***, teaching in the BSc Degree Course in Sport Sciences (L22), Department of Economics, Law, Computer Science and Sport Sciences, University of Naples “Parthenope”, Nola campus (9 ECTS).
- “Health Promotion”***, teaching in the MSc Degree Course in Design of Educational and Training Services, Media Education and Technologies for Inclusion in Formal and Non-Formal Contexts (LM50/92), Department of Medical, Motor and Wellbeing Sciences (DiSMMeB), University of Naples “Parthenope”, Naples campus (6 ECTS).

RESEARCH ACTIVITY

- 2025 **Research Fellow**, Department of Medical, Motor and Wellbeing Sciences, University of Naples “Parthenope”. Project PRIN 2022 on vaccination hesitancy and health promotion in school settings.
- 2022-2025 **Fixed-Term Researcher** at the Department of Medical, Motor and Wellbeing Sciences, University of Naples “Parthenope”, Naples. Research project on *“Enhancement of agricultural products cultivated in Campania as a natural resource for environmental, economic and social sustainability and health promotion”*, developed within the green research program of Axis IV of the PON Research and Innovation “Education and Research for Recovery – REACT-EU”.
- 2022-2023 Member of the Working Group for the 5th Revision of the LARN (Dietary Reference Intake Levels) for the Italian population, published by the Italian Society of Human Nutrition (SINU).
- 2021 **Research Fellow** at the Department of Medical, Motor and Wellbeing Sciences, University of Naples “Parthenope”, Naples. Research project on *“Development of Nutraceuticals from Natural Sources – BIONUTRA”*, within the PON Research and Innovation 2014–2020 and FSC program.

2018-2020 **Research Fellow** at the Department of Medical, Motor and Wellbeing Sciences, University of Naples "Parthenope", Naples. Research project on "Assessment of nutritional status, energy balance and body composition in children with chronic metabolic diseases", within the research program "Multidisciplinary intervention for the development of integrated programs of Adapted Physical Exercise and/or Sport and the promotion of healthy lifestyles".

**PUBLICATIONS IN
INTERNATIONAL PEER-
REVIEWED JOURNALS
WITH IMPACT FACTOR**

Calella P, Di Dio M., Pelullo C.P., Liguori F., Valerio G., Liguori G., Gallè F. *Body image perception and satisfaction in Italian athletes, gym practitioners and inactive individuals*. J Sports Med Phys Fitness. eISSN: 1827-1928. (Impact Factor: 1.2) (Accettato non ancora pubblicato).

Liguori F, **Calella P**. *Caribbean and Latin dance: evidence about health in professional and non-professional dancers*. J Sports Med Phys Fitness. 2025 Mar 6. doi: [10.23736/S0022-4707.25](https://doi.org/10.23736/S0022-4707.25). eISSN: 1827-1928. (Impact Factor: 1.2) (Numero di Citazioni:0).

Gallè F, Valeriani F, Del Prete J, **Calella P**, Bargellini A, Bianco A, Bianco L, Borzi S, Cataldo A, Colucci ME, Dallolio L, De Giglio O, de Waure C, Di Giuseppe G, Laganà P, La Spada G, Licata F, Marchesi I, Masini A, Montagna MT, Napoli C, Oliva S, Paduano G, Paduano S, Pasquarella C, Pelullo CP, Persiani M, Pindinello I, Romano Spica V, Sacchetti R, Scaioli G, Scicchitano CA, Siliquini R, Triggiano F, Veronesi L, Protano C. *Changing Food in a Changing World: Assessing Compliance to Insects, Cultivated Meat, and Soil-Less Products Among Italian Undergraduates*. Nutrients. 2025 Mar 5;17(5):909. doi: [10.3390/nu17050909](https://doi.org/10.3390/nu17050909). ISSN: 2072-6643. (Impact Factor: 4.8) (Numero di Citazioni:0).

Calella P, Di Dio M, Pelullo CP, Di Giuseppe G, Sansone V, Liguori F, Di Onofrio V, Valerio G, Liguori G, Gallè F. *Are knowledge, attitudes and practices about dietary supplements and nutraceuticals related with exercise practice and setting? A cross-sectional study among Italian adults*. Int J Food Sci Nutr. 2025 Mar;76(2):194-202. doi: [10.1080/09637486.2024.2437468](https://doi.org/10.1080/09637486.2024.2437468). ISSN: 1465-3478. (Impact Factor: 3.5) (Numero di Citazioni:0).

Liguori F, **Calella P**. *Physical activity and wellbeing in prisoners: a scoping review*. Int J Prison Health (2024). 2024 Dec 11. doi: [10.1108/IJOPH-07-2024-0038](https://doi.org/10.1108/IJOPH-07-2024-0038). eISSN: 2977-0262. (Impact Factor: 1.1) (Numero di Citazioni:2).

Calella P, Di Dio M, Pelullo CP, Di Giuseppe G, Liguori F, Paduano G, Valerio G, Liguori G, Gallè F. *Sedentary behaviors and eating habits in active and inactive individuals: a cross-sectional study in a population from Southern Italy*. Behavioral Sciences. 2024;14(3):208, pp. 43–52. Special Issue: *Bridging Behavioral Sciences and Sports Sciences*. doi: [10.3390/bs14030208](https://doi.org/10.3390/bs14030208). ISSN: 2076-328X. (Impact Factor: 2.6) (Numero di

Citazioni:3).

Siervo M, Hussin AM, **Calella P**, Ashor A, Shannon OM, Mendes I, Stephan BC, Zheng D, Hill T, Mathers JC. *Associations between Aging and Vitamin D Status with Whole-Body Nitric Oxide Production and Markers of Endothelial Function*. J Nutr. 2024 Feb;154(2):469-478. doi: [10.1016/j.tjnut.2023.12.002](https://doi.org/10.1016/j.tjnut.2023.12.002). ISSN: 0022-3166. (Impact Factor: 3.7) (Numero di Citazioni:5).

Khan1 MAU, Cerullo G, Gallè F, Ballarin G, **Calella P**, Staiano V, Liguori G, Valerio G. *Measuring body region movement in students attending university lectures through accelerometers*. Sport Sci Health (2023) 19 (Suppl 1):S1–S149 (PP22B) <https://doi.org/10.1007/s11332-022-01027-7>. ISSN: 1825-1234. (Impact Factor:1.2) (Numero di Citazioni:0).

Liguori F, Saraiello E, **Calella P**. *Premenstrual Syndrome and Premenstrual Dysphoric Disorder's Impact on Quality of Life, and the Role of Physical Activity*. Medicina (Kaunas). 2023 Nov 20;59(11):2044. doi: [10.3390/medicina59112044](https://doi.org/10.3390/medicina59112044). ISSN: 1648-9144. (Impact Factor:2.4) (Numero di Citazioni: 28).

Calella P, Vitucci D, Zanfardino A, Cozzolino F, Terracciano A, Zanfardino F, Rollato S, Piscopo A, Gallè F, Mancini A, Di Onofrio V, Iafusco D, Valerio G, Buono P, Liguori G. *Lifestyle and physical fitness in adolescents with type 1 diabetes and obesity*. Heliyon. 2023 Jan 21;9(1):e13109. doi: [10.1016/j.heliyon.2023.e13109](https://doi.org/10.1016/j.heliyon.2023.e13109). ISSN: 2405-8440. (Impact Factor: 3.4) (Numero di Citazioni:14).

Calella P, Cerullo G, Di Dio M, Liguori F, Di Onofrio V, Gallè F, Liguori G. *Antioxidant, anti-inflammatory and immunomodulatory effects of spirulina in exercise and sport: A systematic review*. Front Nutr. 2022 Dec 14;9:1048258. doi: [10.3389/fnut.2022.1048258](https://doi.org/10.3389/fnut.2022.1048258). eISSN: 2296-861X . (Impact Factor:4.0) (Numero di Citazioni:48).

Calella P, Di Dio M, Cerullo G, Di Onofrio V, Gallè F, Liguori G. *Antioxidant, immunomodulatory, and anti-inflammatory effects of Spirulina in disease conditions: a systematic review*. Int J Food Sci Nutr. 2022 Dec;73(8):1047-1056. doi: [10.1080/09637486.2022.2137785](https://doi.org/10.1080/09637486.2022.2137785). ISSN: 09637486. (Impact Factor:3.5) (Numero di Citazioni:17).

Calella P, Gallè F, Cerullo G, Postiglione N, Ricchiuti R, Liguori G, D'Angelo S, Valerio G. *Adherence to Mediterranean Diet among athletes participating at the XXX summer universiade*. Nutr Health. 2022 Apr 7:2601060221089118. doi: [10.1177/02601060221089118](https://doi.org/10.1177/02601060221089118). ISSN: 0260-1060 . (Impact Factor:1.9) (Numero di Citazioni:10).

Bellizzi V, Garofalo C, Ferrara C, **Calella P**. *Ketoanalogue Supplementation in Patients with Non-Dialysis Diabetic Kidney Disease: A Systematic Review and Meta-Analysis*. Nutrients. 2022 Jan 19;14(3):441. doi: [10.3390/nu14030441](https://doi.org/10.3390/nu14030441). ISSN: 2072-6643. (Impact Factor:4.8) (Numero di Citazioni:24).

Calella P, Gallè F, Di Onofrio V, Cerullo G, Liguori G, Valerio G. *Adherence to Mediterranean diet in athletes: a narrative review*. Sport Science for Health. 17 January 2022. doi: [10.1007/s11332-022-00899-z](https://doi.org/10.1007/s11332-022-00899-z). ISSN: 1824-7490. (Impact Factor:1.2) (Numero di Citazioni:10).

Bellizzi V, Signoriello S, Minutolo R, Di Iorio B, Nazzaro P, Garofalo C, **Calella P**, Chiodini P, De Nicola L; *ERIKA Study Investigators of the Italian Society of Nephrology-*

Conservative Therapy of CKD Work Group. No additional benefit of prescribing a very low-protein diet in patients with advanced Chronic Kidney Disease under regular nephrology care: a pragmatic, randomized, controlled trial. Am J Clin Nutr. 2021 Dec 30:nqab417. doi: [10.1093/ajcn/nqab417](https://doi.org/10.1093/ajcn/nqab417). ISSN: 1938-3207. (Impact Factor: 6.5) (Numero di Citazioni:46).

Calella P, Gallè F, Di Onofrio V, Buono P, Liguori G, Valerio G. *Gym Members Show Lower Nutrition Knowledge than Youth Engaged in Competitive Sports.* J Am Coll Nutr. 2020 Aug 6:1-7. doi: [10.1080/07315724.2020.1792375](https://doi.org/10.1080/07315724.2020.1792375). ISSN: 1541-1087. (Impact Factor: 3.175) (Numero di Citazioni:18).

Limauro, R., Gallo, P., Cioffi, L., Antignani, A., **Calella, P.** & Valerio, G. *Clinical audit in the pediatric primary care office and overweight prevention in toddlers.* BMC Pediatr. 2020 Apr 14;20(1):163. doi: [10.1186/s12887-020-02076-y](https://doi.org/10.1186/s12887-020-02076-y). ISSN: 1471-2431. (Impact Factor: 2.4) (Numero di Citazioni: 5).

Calella P, Gallè F, Fornelli G, Liguori G, Valerio G. *Type 1 diabetes and body composition in youth: A systematic review.* Diabetes Metab Res Rev. 2020 Jan;36(1):e3211. doi: [10.1002/dmrr.3211](https://doi.org/10.1002/dmrr.3211). ISSN: 1520-7560. (Impact Factor: 4.6) (Numero di Citazioni: 41).

Calella P, Mancusi C, Pecoraro P, Sensi S, Sorrentino C, Imoletti M, Franzese A, Gallè F, Liguori G, Valerio G. *Classroom active breaks: a feasibility study in Southern Italy.* Health Promot Int. 2020 Apr 1;35(2):373-380. doi: [10.1093/heapro/daz033](https://doi.org/10.1093/heapro/daz033). ISSN: 1460-2245. (Impact Factor: 2.3) (Numero di Citazioni: 31).

Calella P, Valerio G, Thomas M, McCabe H, Taylor J, Brodliè M, Siervo M. *Tools and methods used for the assessment of body composition in patients with cystic fibrosis: a systematic review.* Nutr Clin Pract. 2019 Feb 7. doi: [10.1002/ncp.10247](https://doi.org/10.1002/ncp.10247). ISSN: 0884-5336. (Impact Factor: 2.1) (Numero di Citazioni: 30).

Calella P, Hernández-Sánchez S, Garofalo C, Ruiz JR, Carrero JJ, Bellizzi V. *Exercise training in kidney transplant recipients: a systematic review.* J Nephrol. 2019 Aug;32(4):567-579. doi: [10.1007/s40620-019-00583-5](https://doi.org/10.1007/s40620-019-00583-5). ISSN: 2996-1750. (Impact Factor: 2.7) (Numero di Citazioni: 108).

Bellizzi V, **Calella P**, Hernández JN, et al. *Safety and effectiveness of low-protein diet supplemented with ketoacids in diabetic patients with chronic kidney disease.* BMC Nephrol. 2018;19(1):110. Published 2018 May 9. doi:[10.1186/s12882-018-0914-5](https://doi.org/10.1186/s12882-018-0914-5). ISSN: 1471-2369. (Impact Factor: 2.2) (Numero di Citazioni:50).

Calella P, Valerio G, Brodliè M, Donini LM, Siervo M. *Cystic fibrosis, body composition, and health outcomes: a systematic review.* Nutrition. 2018 Nov;55-56:131-139. doi: [10.1016/j.nut.2018.03.052](https://doi.org/10.1016/j.nut.2018.03.052). ISSN: 1873-1244. (Impact Factor: 4.4) (Numero di Citazioni: 104).

V. Bellizzi, **Calella P.**, J.J. Carrero, D. Fouque. *Very low-protein diet to postpone renal failure: Pathophysiology and clinical applications in chronic kidney disease.* Chronic Diseases and Translational Medicine, Volume 4, Issue 1, March 2018, Pages 45-50. ISSN: 2589-0514. doi: [10.1016/j.cdtm.2018.01.003](https://doi.org/10.1016/j.cdtm.2018.01.003). (Impact Factor: 2.24) (Numero di Citazioni: 34).

Calella P., Giuliana Valerio, Matt Thomas, Helen McCabe, Jake Taylor, Malcolm Brodliè, Mario Siervo. *Association between body composition and pulmonary function in children and young people with cystic fibrosis.* Nutrition Volume 48, April 2018, Pages 73-76. doi.org/[10.1016/j.nut.2017.10.026](https://doi.org/10.1016/j.nut.2017.10.026). ISSN: 1873-1244. (Impact Factor: 4.4)

(Numero di Citazioni: 56).

Bellizzi V, **Calella P**, Hernández JN, González VF, Lira SM, Torraca S, Arronte RU, Cirillo P, Minutolo R, Montúfar Cárdenas RA. *Safety and effectiveness of low-protein diet supplemented with ketoacids in diabetic patients with chronic kidney disease*. BMC Nephrol. 2018 May 9;19(1):110. doi:10.1186/s12882-018-0914-5. ISSN: 1471-2369. (Impact Factor: 2.2) (Numero di Citazioni: 50).

Calella, P.; Iacullo, V.M.; Valerio, G. *Validation of a General and Sport Nutrition Knowledge Questionnaire in Adolescents and Young Adults: GeSNK*. Nutrients. 2017 Apr 29;9(5):439. doi: 10.3390/nu9050439. ISSN: 2072-6643. (Impact Factor: 4.8) (Numero di Citazioni: 68).

C. D'Alessandro, G.B. Piccoli, **Calella P.**, G. Brunori, F. Pasticci, M.F. Egidi, I. Capizzi, V. Bellizzi, A. Cupisti. *"Dietaly": practical issues for the nutritional management of CKD patients in Italy*. BMC Nephrol. 2016 Jul 29;17(1):102. doi: 10.1186/s12882-016-0296-5. ISSN: 1471-2369. (Impact Factor: 2.2) (Numero di Citazioni: 105).

V. Bellizzi, A. Cupisti, A. Capitanini, **Calella P**, C. D'Alessandro. *Physical Activity and Renal Transplantation*. Kidney Blood Press Res. 2014 Jul 29;39(2-3):212-219. doi: 10.1159/000355799. eISSN: 1423-0143. (Impact Factor: 2.3) (Numero di Citazioni: 81).

PUBLICATIONS IN INTERNATIONAL PEER- REVIEWED JOURNALS

Ullah Khan MA, Gallè F, Ballarin G, **Calella P**, Cerullo G, Liguori G, Valerio G. *Accelerometer based body movement quantification in classroom lectures: Seated activity comparison between body regions*. International Conference on Sport Sciences Research and Technology Support - icSPORTS 2023; ISBN 978-989-758-673-6; ISSN 2184-3201, SciTePress, pages 144-150. doi:10.5220/0012184400003587.

Di Dio M, **Calella P**, Cerullo G, Pelullo CP, Di Onofrio V, Gallè F, Liguori G. *Effects of Probiotics Supplementation on Risk and Severity of Infections in Athletes: A Systematic Review*. Int J Environ Res Public Health. 2022 Sep 13;19(18):11534. doi: 10.3390/ijerph191811534.

Gallè, F.; Pecoraro, P.; **Calella, P.**; Cerullo, G.; Imoletti, M.; Mastantuono, T.; Muscariello, E.; Ricchiuti, R.; Sensi, S.; Sorrentino, C.; Liguori, G.; Valerio, G. *Classroom Active Breaks to Increase Children's Physical Activity: A Cross-Sectional Study in the Province of Naples, Italy*. Int J Environ Res Public Health. 2020 Sep 10;17(18):6599. doi: 10.3390/ijerph17186599.

Gallè F, **Calella P**, Napoli C, Liguori F, Parisi EA, Orsi GB, Liguori G, Valerio G. *Are Health Literacy and Lifestyle of Undergraduates Related to the Educational Field? An Italian Survey*. Int J Environ Res Public Health. 2020 Sep 12;17(18):6654. doi: 10.3390/ijerph17186654.

INTERNATIONAL AND NATIONAL VOLUMES WITH ISBN

Calella P, Valerio G. (2022). *Celiac Disease and Eating and Weight Disorders*. In: Manzato E, Cuzzolaro M, Donini LM (eds). *Hidden and Lesser-known Disordered Eating Behaviors in Medical and Psychiatric Conditions*. Springer Ed 2022, Cham. https://doi.org/10.1007/978-3-030-81174-7_20.

Calella P, Siervo M, Di Novella N, Persico P. *Dalla Dieta Mediterranea al concetto di gastronomia equilibrata del cilento*. Collana del CNR IRISS | Quaderni | 62, 2019. ISBN 978-88-943836-3-8.

Bellizzi V., Aucella F., **Calella P.**, Chauveau P, Johansson L., Teta D. (2019) *Nutrition in the Elderly with Renal Disease*. In: Musso C, Jauregui J, Macías-Núñez J, Covic A. (Eds) *Clinical Nephrogeriatrics*. Springer, Cham.

**CONTRIBUTIONS IN
NATIONAL VOLUMES
WITH ISBN**

Valerio G, **Calella P**, Liguori F, Pelullo CP, Gallè F. *Povert  infantile, obesit  e inattivit  fisica: un'emergenza di salute pubblica*. in: *Vulnerabili. Questioni giuridiche, dilemmi bioetici*. MIM Ed srl (MI), 2025 (pp 185-201).

**CONTRIBUTIONS IN
NATIONAL VOLUMES
WITH ISBN**

"Casi clinici e prescrizione di un piano alimentare". Relazione all'evento *"Young renal week-2025"*; Brescia 11-14 maggio 2025.

"Dieta Mediterranea, integratori alimentari e prevenzione delle MCNT" Relazione all'evento *"PharmaExpo Workshop - Alimentazione, Stili di Vita, Ambiente e MCNT"*; Napoli Mostra d'Oltremare 27 Ottobre 2024.

"Valutazione dello stato di nutrizione, antropo-plicometria, bioimpedenziometria, sga, ecografia muscolare, stato funzionale – forza muscolare, tests funzionali". Relazione all'evento *"Winter young renal week"*; Napoli 3/7 Dicembre 2023.

"Aspetti nutrizionali dalla terapia conservativa alla dialisi peritoneale". Relazione al *"XIII Incontro Siciliano Per Medici ed Infermieri di area nefrologica"*; Mondello (Palermo) 13/15 febbraio 2020.

"Quali sono strategie vincenti per ottenere una buona aderenza del paziente con insufficienza renale cronica alle prescrizioni dietetiche?". Relazione all'evento: *"Insufficienza Renale Cronica Insieme Per Una Migliore Qualit  Della Vita. Aderenza ed efficacia della terapia dietetica nutrizionale"*; Dr. Sch r, Postal (Bolzano), 07/08 Giugno 2019.

"Esercizio fisico nella malattia renale cronica: aspetti pratici e organizzativi". Relazione al *"60° Congresso Nazionale della Societ  Italiana di Nefrologia"*; Rimini 2/5 Ottobre 2019.

"Quale   l'approccio nutrizionale ai pazienti obesi in dialisi?". Relazione al *"59° Congresso Nazionale della Societ  Italiana di Nefrologia"*; Rimini 3/6 Ottobre 2018.

"Gestione multidisciplinare - l'importanza dell'attivit  fisica". Relazione al *"Congresso La Terapia Dietetica Nutrizionale dalla teoria alla pratica: realt  a confronto"*; Napoli 15 Giugno 2017.

**ABSTRACTS PRESENTED AT
INTERNATIONAL AND
NATIONAL CONFERENCES**

Calella P, Pelullo CP, Di Dio M, Liguori F, Liguori G, Valerio G, Francesca Gallè F. *Motivazione alla pratica motorio-sportiva e rischio di dispercezione dell'immagine corporea*. 57° Congresso Nazionale SItI, Palermo 23-26 ottobre 2024. JPMH Suppl 1 (E58). <https://www.jpnh.org/index.php/jpnh>.

Gallè F, **Calella P**, Alfano V, D'Arienzo MC, Di Giuseppe G, Di Onofrio V, Guatteo E, Hughes B, Liguori F, Liguori G, Musella G, Nisco MC, Orlandella FM, Paduano G, Sansone V, Scaletti A, Pelullo CP. *Cambiamenti climatici: l'opinione degli studenti universitari in Regione Campania*. Congresso Nazionale SItI, Palermo 23-26 ottobre 2024. JPMH Suppl 1 (E226) <https://www.jpnh.org/index.php/jpnh>.

Calella P, Pelullo CP, Di Dio M, Liguori F, Liguori G, Valerio G, Gallè F. *Conoscenze in tema di disturbi del comportamento alimentare in giovani adulte praticanti ed ex-praticanti ginnastica artistica*. 32° Congresso Interregionale Siculo-Calabro. Enna 23-24 maggio 2024.

Calella P. Di Dio M, Di Giuseppe G, Gallè F, Liguori F, Paduano G, Pelullo CP, Valerio G, Liguori G. *Knowledge about dietary supplements among individuals engaged in physical activity and sport*. SItI - XXXI Congresso Calabro-Siculo Vibo Valentia 14-16 settembre 2023; Abstract Book ISSN 2279-7165 EMBJ,18(S1),2023;(15). doi:10.3269/1970-5492.2023.18.S1 Available on-line at: <http://www.embj.org>.

Calella P, Gallè F, Cerullo G, Liguori F, Postiglione N, Ricchiuti R, D'Angelo S, Valerio G, Liguori G. *Adherence to the Mediterranean diet pattern in athletes: a comparative analysis across three continents*. SItI - XXXI Congresso Calabro-Siculo Vibo Valentia 14-16 settembre 2023; Abstract Book ISSN 2279-7165 EMBJ, 18 (S1),2023;(13-14). doi:10.3269/1970-5492.2023.18.S1 Available on-line at: <http://www.embj.org>.

Calella P, Di Dio M, Di Giuseppe G, Gallè F, Liguori F, Paduano G, Pelullo CP, Valerio G, Liguori G. *Sedentarietà e abitudini alimentari tra soggetti attivi e inattivi*. SItI - Conferenza di Sanità Pubblica Straordinaria. Cernobbio (CO) 12-14 ottobre 2023. Abstract n.211 pag. 23.

Calella P, Di Dio M, Del Giudice GM, Di Giuseppe G, Di Onofrio V, Gallè F, Liguori F, Valerio G, Liguori G. *Conoscenze e attitudini all'uso di nutraceutici in giovani adulti praticanti attività motoria e sportiva*. SItI - Conferenza di Sanità Pubblica Straordinaria. Cernobbio (CO) 12-14 ottobre 2023. Abstract n.313 pag. 36.

P. Calella, M. Di Dio, G. Di Giuseppe, F. Gallè, F. Liguori, G. Paduano, CP. Pelullo, G. Valerio, G. Liguori. *Knowledge about dietary supplements among individuals engaged in physical activity and sport*. XXXI interregional congress of the sicilian and calabria regional sections (calabro-siculo) of the italian society of hygiene, preventive medicine and public health (S.It.I.). Vibo Valentia 14-16 Settembre 2023. EMBJ, 18 (S1), 2023. ISSN 2279-7165.

P. Calella F Gallè, G. Cerullo, F. Liguori, N. Postiglione, R. Ricchiuti, S. D'Angelo, G. Valerio, G. Liguori. *Adherence to the Mediterranean diet pattern in athletes: a comparative analysis across three continents*. XXXI interregional congress of the sicilian and calabria regional sections (calabro-

siculo) of the Italian Society of Hygiene, Preventive Medicine and Public Health (S.It.I.). Vibo Valentia 14-16 Settembre 2023. EMBJ, 18 (S1), 2023. ISSN 2279-7165.

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