Dr. Jacopo Demurtas

Tenure-track Researcher (RTT) – UniCamillus, Rome

Physician · Family Medicine Specialist · PhD in Clinical and Experimental Medicine

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WORK EXPERIENCE

2026 – ongoing
Tenure-track Researcher (RTT)
UniCamillus – Saint Camillus International University of Health Sciences, Rome

18/12/2024 – ongoing
Coordinator of the Specific Training Course in General Practice (CFSMG), Siena site (2024–2027 term)
CFSMG – FORMAS Toscana

01/11/2020 – ongoing
General Practitioner (Capalbio)
Primary Care Service, USL Toscana Sud-Est Local Health Authority

01/12/2018 – 01/07/2020 / 01/06/2026 – ongoing
Consultancy work for telemedicine services
Doc24Ore – Avanguardiamedica, Mediphonica, DoctorApp

16/11/2016 – 18/01/2021
Out-of-Hours Primary Care Physician (Continuità Assistenziale), Porto Santo Stefano site
Primary Care Service, USL Toscana Sud-Est Local Health Authority

EDUCATION AND TRAINING

17/10/2019 – 29/09/2023
PhD in Clinical and Experimental Medicine – Public Health
University of Modena and Reggio Emilia
Scientific research methodology.

2015 – 2017
Second-level University Master «Imparare ad insegnare» (Learning to teach) – Methodology for teaching General Practice
University of Modena and Reggio Emilia
Mark: 110/110 cum laude (18/02/2017).

2011 – 2014
Diploma of Specific Training in General Practice (specialisation / board certification in Family Medicine)
FORMAS, Florence – Pisa site
Awarded 18/12/2014. Internal medicine, surgery, gynaecology, paediatrics, ultrasonography, emergency medicine, primary care.

2010 – 2011
State Examination – Licence to practise as a Physician and Surgeon
University of Pisa
Mark: 270/270.

2003 – 2010
Master's Degree in Medicine and Surgery (MD)
University of Pisa
Awarded 19/10/2010. Mark: 106/110.

PARTICIPATION IN RESEARCH PROJECTS

- 2018 – National PI, Hefestos Study (Heart Failure Stratification and Outcomes): national lead of the research project on home-assessable prognostic factors for worsening heart failure. International multicentre study aimed at validating, through validation cohorts, data from a previous study conducted in Spain. European lead: Prof. Miguel Angel Muñoz Peréz. Study completed.
- 2018 – Local PI, REACT Study (Registro Accessi Continuità Assistenziale Toscana): local lead and co-author of the REACT project, a registry of the population using the out-of-hours (CA) service in Tuscany, mapping the type and reason for encounter (RFE), with the primary endpoint being assessment of the referral rate from out-of-hours care to emergency/ED services. 2020 – Member of the COH-FIT research team.
- 2021 – Italian PI of the study: «International Collaborative Project – The Covid-19 pandemic: Reorganization of health services and coping of health care workers in Primary Health Care» (Outeirinho et al.).

PERIODS ABROAD

- Four-day exchange at the Université de Montréal, 29/03/2016 – 01/04/2016: «Visite d'échange à l'Université de Montréal sur l'enseignement du partenariat patient et des pratiques collaboratives».
- Research experience at in4Medicine, Bern (Switzerland), within the PhD project: 23–27/08/2021 and December 2021.

CONFERENCE ORGANISATION AND SCIENTIFIC SECRETARIAT

- Movimento Giotto National Congress 2014, Modena.
- Movimento Giotto National Congress, 6–7/05/2016, Verona.
- SIMG National Congress 2017, Florence.
- Scientific Coordinator of the VdGM Forum, Turin 2019 – European congress of young general practitioners affiliated with WONCA Europe.

ADVANCED / CONTINUING TRAINING

- 2022 – Digital Medicine, Health+ Innovating Healthcare, POLIMI Graduate School of Management.
- 2023 – General Practitioner Expert in Pain Medicine (017_2023_MMG_MD, certified training).

TEACHING ACTIVITY

- Member of the scientific board of the further-training course «Fare ricerca in Medicina Generale e nelle Cure Primarie: dalla formulazione del quesito al trasferimento dei risultati nella pratica», University of Modena and Reggio Emilia.
- Lecturer of the module «Remote consultation and triage», University of Milano-Bicocca, 04/05/2021.
- Coordinator of the Specific Training Course in General Practice, Tuscany Region, Siena site.

TEACHING AT THE SPECIFIC TRAINING COURSE IN GENERAL PRACTICE (CFSMG)

Lessons delivered in Italian — titles kept in the original language.

- Corso sulla telemedicina “Think outside the bag” Pisa 22/04/15
- Corso sulla telemedicina “Think outside the bag” Pisa 07/05/15
- Corso sulla qualità CT e TT Pisa 20/03/2016
- Corso sulla telemedicina “Think outside the bag” Siena 11/05/16
- Corso sulla telemedicina “Think outside the bag” Siena 12/05/16
- Corso sulla qualità CT e TT Modena 6/10/2016
- Corso sulla telemedicina “Think outside the bag” Siena 11/10/16
- Corso sulla qualità CT e TT Monfalcone 25/10/2016
- Corso sulla qualità CT e TT Firenze 21/04/2017 8
- Corso sulla qualità CT e TT Firenze 06/06/2017 8
- Corso sulla qualità CT e TT Monfalcone 04/07/2017 4
- Corso sulla qualità CT e TT Firenze 12/10/2017 4
- Corso sulla qualità CT e TT Firenze 12/10/2017 4
- Corso sulla qualità CT e TT Modena 21/03/2018 8
- Corso sulla qualità CT e TT Pisa 20/06/2018 8
- Corso sulla qualità CT e TT Pisa 12/06/2018 8
- Corso sulla qualità CT e TT Monfalcone 06/07/2018 4
- Corso sulla qualità CT e TT Siena 18/09/2018 8
- Corso sulla qualità CT e TT Modena 25/10/2018 8
- Corso sulla qualità CT e TT Modena 26/10/2018 8
- Corso sulla qualità CT e TT Firenze 18/03/2019 8
- Corso sulla qualità CT e TT Modena 21-24/02/2021
- Teleconsultazione in MG in epoca COVID-19 Modena 28/02/2021
- Teleconsultazione in MG e CA Firenze 28/10/2021
- Organizzazione di studio e burnout Siena 02/05/2023
- Organizzazione di studio e burnout Siena 30/06/2023

- Teleconsultazione in MG e CA Firenze, 01/07/2023
- Deprescribing in MG Siena, 30/01/2024
- La ricerca in MG Pisa, 24/04/2024
- Teleconsulto in MG e CA Modena, 3 e 10/09/2024
- Teleconsulto in MG e CA Siena, 12/11/2024
- La ricerca in MG Firenze, 01/07/2024
- Teleconsultazione in MG e CA Firenze, 28/01/2024

TEACHING AT CONTINUING MEDICAL EDUCATION (CME) EVENTS

Lessons delivered in Italian — titles kept in the original language.

- Docente, corso ECM sulla telemedicina presso ASL7 Siena, 23/05 e 20/06/2015.
- Docente, corso «CT e TT in CA», Ordine dei Medici di Lucca, 11–12/03/2016.
- Docente, corso TT e CT presso FIMMG Firenze, 07/03/2017.
- Docente, Corso Master Practitioner in CT e TT, Verona, gennaio 2018.
- Docente, corso TT e CT presso FIMMG Firenze, 19/04/2018.
- Docente, corso sul diabete, 2022.
- Docente, corso su PNRR e consulto da remoto, 2022.

LANGUAGE SKILLS

Mother tongue	Italian
English	Comprehension / reading: excellent · Writing: good · Spoken production: excellent
French	B2
Spanish	B1
German	B1

TECHNICAL SKILLS

- Certificate of theoretical and practical competence in ultrasonography (SIUMB); SIUMB Diploma in General Ultrasonography.
- SIEMG module of practical ultrasound competence.
- SIUMB certificate of theoretical competence (musculoskeletal ultrasonography).
- ECDL-Full (European Computer Driving Licence).
- Patient management software: Millewin (intermediate–advanced level) and Medico2000.
- PET (Preliminary English Test) and Trinity Exam (Level 3).
- Cochrane reviewer – Multiple Sclerosis and Rare Neurological Diseases group (since April 2018).
- Reviewer: BMJ (British Medical Journal); British Journal of General Practice (BJGP); BJGP Open; Internal and Emergency Medicine (IAEM); Aging Clinical and Experimental Research (ACER); Experimental Gerontology; International Journal of Clinical Epidemiology.
- Editorial Board Member, Frontiers in Psychosomatic Medicine.
- Academic Editor, PLOS ONE.
- Academic Editor, Aging Clinical and Experimental Research.
- Training facilitator (animatore di formazione), Tuscany Region, 2022 – ongoing.

AWARDS AND HONOURS

- Winner of the FIMMG National Ideas Competition 2014 – proposal of a project to improve patients' therapeutic adherence and compliance.
- Winner of the FIMMG National Ideas Competition 2015 – proposal of a patient-partnership project.

OTHER ACTIVITIES

- Lead for the translation and cross-cultural adaptation of the Q-codes system – multilingual terminology in family medicine, Italian version 2.5 (taxonomy of the main non-clinical problems recorded in continuing training in General Practice / Family Medicine). Q-codes: M. Jamoulle, J. Demurtas, G. Pesolillo, N. Buono.
- Lead for the translation and cross-cultural adaptation of an m-app for patient self-triage.

- Lead for the translation of the «Remote Consultations Handbook – Strategies to ensure a safe and effective consultation via video or telephone».

RELATIONAL, ORGANISATIONAL AND LEADERSHIP SKILLS

- Regional Exchange Coordinator (REC) for the Hippokrates Exchange (Tuscany), since 2013.
- Regional Coordinator, FIMMG Special Training Sector for Tuscany, 03/02/2014 – 29/10/2015.
- Coordinator, SIMG Young provincial group of Grosseto, since 07/06/2014.
- National Delegate to the Europe Council of the Vasco da Gama Movement (international European association of young GPs and GP trainees within WONCA), 02/07/2014 – 26/06/2017.
- Member, Young Doctors' Commission of the Medical Association of Pisa, January 2015 – November 2016 (relocation).
- Member of EurOOHnet since May 2015; Italian representative for EurOOHnet since December 2015.
- Provincial Secretary, SIMG Grosseto, since July 2015.
- Member of the Permanent Regional Commission on the care network for people with dementia (not activated), since February 2016.
- National Secretary, SISCOS, December 2015 – March 2018.
- Member of the Scientific Committee of Cluster, since January 2018.
- Site referent, Porto Santo Stefano, AFT Orbetello, South-East Tuscany, 2018.
- Member (currently Secretary) of the Special Interest Group in Meta-Analyses and Systematic Reviews for Healthy Ageing of the European Geriatric Medicine Society (EuGMS), since EuGMS Berlin, October 2018.
- Member of the International Board of Experts in Medical Triage (IBEMT), since October 2018.
- March 2020: leader of COSTANTINE – COvid Neural SelfTriage App, National Telemedicine Interdisciplinary NEtwork: clinical prediction rules during the COVID-19 outbreak.
- Consultant member of the COVID-19 "Evidence" Task Force, Clinical Research on Ageing, 2nd Dept. of Internal Medicine, University Hospital of Cologne.
- Member of the WONCA eHealth SIG, since 2020.
- Member of the scientific board of SIGOT – Italian Society of Hospital and Community Geriatrics.
- Member of the MedEA advisory board, 01/03/2021 – 31/12/2021.
- Research Fellow at in4Medicine, Bern.
- Director of Research and Development, IDIMEA.
- National representative for Italy on the EGPRN (European GP Research Network) Council, since 01/09/2022.

ARTISTIC SKILLS

- Diploma in Music Theory and Solfège, G. Puccini Conservatory of La Spezia (2003).
- Fifth year of classical guitar (without lower-level completion certificate) at the Conservatory.

PUBLICATIONS

Publications and conference contributions are listed as originally published/delivered; titles are kept in their original language. Complete list — 92 publications.

1. Demurtas J, Battaggia A, Cancian M. L'Aspirina ci stupisce ancora? Progetto ASCO
2. Demurtas J, Domenici C, Gelato G, Luti L, Mazzatenta C, Nardi M, Favre C. Blueberry Muffin Baby: da una strana sindrome alla diagnosi di istiocitosi a cellule di Langerhans congenita autolimitante Medico e Bambino pagine elettroniche 2014; 17(10) https://www.medicoebambino.com/?id=CCO1410_20.html
3. Cricelli C, Demurtas J, Parretti D, Salvetti A ASA: uso nelle patologie cardiovascolari e in prevenzione oncologica Serie Editoriale Disease Management. Pacini Editore Medicina
4. Demurtas J, Filippi A, Parretti D, Salvetti A. "Oltre la prevenzione cardiovascolare: le nuove frontiere dell'aspirina. L'ASA in prevenzione cardio-oncologica" Rivista SIMG 6/2014
5. Hoedebecke K, Celotto S, Demurtas J. [#1 Word for Family Medicine: ideas beyond words]. Recenti Prog Med. 2015;106(6):291-2.
6. Celotto S, Demurtas J, Visentin G., Mola E - "Il WONCA Tree in italiano: un nuovo seme per la medicina generale" 15 Jun;106(6):291-2
7. Padula MS, Ferrari G, Demurtas J, Rossi F, Pellacani G, Vanier MC, Ventriglia G "Approccio alla cronicità: la partnership dei medici di medicina generale con il paziente nella formazione di base dei professionisti della salute e nell'educazione terapeutica" Rivista SIMG 4/2016
8. Veronese N, Stubbs B, Solmi M, Vaona A, Demurtas J, Carvalho AF, et al. Mitochondrial genetic haplogroups and depressive symptoms: A large study among people in North America. J Affect Disord. 2017;217:55-9.

9. Veronese N, Stubbs B, Noale M, Solmi M, Pilotto A, Vaona A, et al. Polypharmacy Is Associated With Higher Frailty Risk in Older People: An 8-Year Longitudinal Cohort Study. J Am Med Dir Assoc. 2017;18(7):624-8
10. Veronese N, Stubbs B, Noale M, Solmi M, Vaona A, Demurtas J, et al. Fried potato consumption is associated with elevated mortality: an 8-y longitudinal cohort study. Am J Clin Nutr. 2017;106(1):162-7.
11. Veronese N, Stubbs B, Solmi M, Noale M, Vaona A, Demurtas J, et al. Dietary magnesium intake and fracture risk: data from a large prospective study. Br J Nutr. 2017;117(11):1570-6.
12. Demurtas J, Alba N, Rigon G, Nesoti MV, Bovo C, Vaona A. Epidemiological trends and direct costs of diabetes in a Northern Italy area: 2012 health administrative records analysis LHT n. 20 Verona. Prim Care Diabetes. 2017;11(6):570-6.
13. Bolzetta F, Stubbs B, Noale M, Vaona A, Demurtas J, Celotto S, et al. Low-dose vitamin D supplementation and incident frailty in older people: An eight year longitudinal study. Exp Gerontol. 2018;101:1-6.
14. Veronese N, Stubbs B, Koyanagi A, Vaona A, Demurtas J, Schofield P, et al. Mitochondrial genetic haplogroups and incident obesity: a longitudinal cohort study. Eur J Clin Nutr. 2018;72(4):587-92.
15. Luchini C, Veronese N, Nottegar A, Cheng M, Kaneko T, Pilati C, et al. Extranodal extension of nodal metastases is a poor prognostic moderator in non-small cell lung cancer: a meta-analysis. Virchows Arch. 2018;472(6):939-47.
16. Luchini C, Nottegar A, Vaona A, Stubbs B, Demurtas J, Maggi S, et al. Female-specific association among I, J and K mitochondrial genetic haplogroups and cancer: A longitudinal cohort study. Cancer Genet. 2018;224-225:29-36.
17. Veronese, N., Soysal, P., Stubbs, B., Marengoni, A., Demurtas, J., Maggi, et al. Association between urinary incontinence and frailty: a systematic review and meta-analysis”).. European Geriatric Medicine, 2018 1-8.
18. Veronese N, Demurtas J, Celotto S, Caruso MG, Maggi S, Bolzetta F, et al. Is chocolate consumption associated with health outcomes? An umbrella review of systematic reviews and meta-analyses. Clin Nutr. 2019;38(3):1101-8.
19. Jackson SE, Smith L, Grabovac I, Haider S, Demurtas J, Lopez-Sanchez GF, et al. Ethnic Differences in Magnesium Intake in U.S. Older Adults: Findings from NHANES 2005(-)2016. Nutrients. 2018;10(12).
20. Lawlor RT, Veronese N, Nottegar A, Malleo G, Smith L, Demurtas J, et al. Prognostic Role of High-Grade Tumor Budding in Pancreatic Ductal Adenocarcinoma: A Systematic Review and Meta-Analysis with a Focus on Epithelial to Mesenchymal Transition. Cancers (Basel). 2019;11(1).
21. Veronese N, Demurtas J, Pesolillo G, Celotto S, Barnini T, Calusi G, et al. Magnesium and health outcomes: an umbrella review of systematic reviews and meta-analyses of observational and intervention studies. Eur J Nutr. 2019.
22. Veronese N, Stubbs B, Smith L, Maggi S, Jackson SE, Soysal P, et al. Angiotensin-Converting Enzyme Inhibitor Use and Incident Frailty: A Longitudinal Cohort Study. Drugs Aging. 2019;36(4):387-93.
23. Smith L, Luchini C, Demurtas J, Soysal P, Stubbs B, Hamer M, et al. Telomere length and health outcomes: An umbrella review of systematic reviews and meta-analyses of observational studies. Ageing Res Rev. 2019;51:1-10.
24. Lawlor RT, Veronese N, Pea A, Nottegar A, Smith L, Pilati C, et al. Alternative lengthening of telomeres (ALT) influences survival in soft tissue sarcomas: a systematic review with meta-analysis. BMC Cancer. 2019;19(1):232.
25. Veronese N, Stubbs B, Koyanagi A, Vaona A, Demurtas J, Schofield P, et al. Mitochondrial genetic haplogroups and cardiovascular diseases: Data from the Osteoarthritis Initiative. PLoS One. 2019;14(3):e0213656.
26. Bolzetta F, Veronese N, Stubbs B, Noale M, Vaona A, Demurtas J, et al. The Relationship between Dietary Vitamin K and Depressive Symptoms in Late Adulthood: A Cross-Sectional Analysis from a Large Cohort Study. Nutrients. 2019;11(4).
27. Veronese N, Soysal P, Stubbs B, Maggi S, Jackson SE, Demurtas J, et al. Dietary Protein Intake and Falls in Older People: Longitudinal Analyses From the Osteoarthritis Initiative. J Am Med Dir Assoc. 2019.
28. Veronese, N., Pizzol, D., Demurtas, J. et al. Association between sarcopenia and diabetes: a systematic review and meta-analysis of observational studies Eur Geriatr Med (2019). https://doi.org/10.1007/s41999-019-00216-x
29. Girolami I, Veronese N, Smith L, Caruso MG, Reddavide R, Leandro G, et al. The Activation Status of the TGF-beta Transducer Smad2 Is Associated with a Reduced Survival in Gastrointestinal Cancers: A Systematic Review and Meta-Analysis. Int J Mol Sci. 2019;20(15).
30. Jackson SE, Smith L, Firth J, Grabovac I, Soysal P, Koyanagi A, et al. Is there a relationship between chocolate consumption and symptoms of depression? A cross-sectional survey of 13,626 US adults. Depress Anxiety. 2019
31. Grabovac I, Veronese N, Stefanac S, Haider S, Jackson SE, Koyanagi A, et al. Human Immunodeficiency Virus Infection and Diverse Physical Health Outcomes: An Umbrella Review of Meta-analyses of Observational Studies. Clin Infect Dis. 2019.
32. Veronese N, Demurtas J, Soysal P et al. Sarcopenia and health-related outcomes: an umbrella review of observational studies European Geriatric Medicine (2019)
33. Soysal P, Veronese N, Smith L,Torbahn G, Jackson S,Yang L,Ungar A, Rivasi G, Rafanelli M, Petrovic M, Maggi S, Isik A, Demurtas J Orthostatic hypotension and health outcomes: an umbrella review of observational studies European Geriatric Medicine (2019)
34. Veronese N, Stubbs B, Jackson SE, Koyanagi A, Noventa V, Bolzetta F, et al. Prospective associations of cardiovascular disease with physical performance and disability : A longitudinal cohort study in the Osteoarthritis Initiative. Wien Klin Wochenschr. 2019.

35. Demurtas J et al. Analysis of Patient Safety Culture in an Out of Hours Primary Care Service - La cultura della sicurezza del paziente in un Servizio di Continuità Assistenziale di cure primarie: una analisi descrittiva Recenti Progressi in Medicina - in press
36. Veronese N, Smith L, Noventa V, López-Sánchez GF, Demurtas J, Sharpley CF, Bitsika V, Jackson SE. Pet ownership and cognitive decline in older people. GC [Internet]. 4Nov.2019 [cited 22Nov.2019];5(2). Available from: https://www.pagepressjournals.org/index.php/gc/article/view/8568
37. Sharpley C, Veronese N, Smith L, Lopez-Sanchez GF, Bitsika V, Demurtas J, et al. Pet ownership and symptoms of depression: A prospective study of older adults. J Affect Disord. 2020;264:35-9.
38. Soysal P, Cao C, Xu T, Yang L, Isik AT, Turan Kazancioglu R, et al. Trends and prevalence of nocturia among US adults, 2005-2016. Int Urol Nephrol. 2019.
39. Pizzol D, Smith L, Fontana L, Caruso MG, Bertoldo A, Demurtas J, et al. Associations between body mass index, waist circumference and erectile dysfunction: a systematic review and meta-analysis. Rev Endocr Metab Disord. 2020.
40. Solmi M, Veronese N, Galvano D, Favaro A, Ostinelli EG, Noventa V, et al. Factors Associated With Loneliness: An Umbrella Review Of Observational Studies. J Affect Disord. 2020;271:131-8.
41. Pizzol D, Xiao T, Yang L, Demurtas J, McDermott D, Garolla A, et al. Prevalence of erectile dysfunction in patients with chronic kidney disease: a systematic review and meta-analysis. Int J Impot Res. 2020.
42. Veronese N, Demurtas J, Yang L, Tonelli R, Barbagallo M, Lopalco P, Lagolio E, Celotto S, Pizzol D, Zou L, Tully MA, Ilie PC, Trott M, López-Sánchez GF and Smith L (2020) Use of Corticosteroids in Coronavirus Disease 2019 Pneumonia: A Systematic Review of the Literature. Front. Med. 7:170. doi: 10.3389/fmed.2020.00170
43. Veronese N, Demurtas J, Thompson T, Solmi M, Pesolillo G, Celotto S, et al. Effect of low-dose aspirin on health outcomes: An umbrella review of systematic reviews and meta-analyses. Br J Clin Pharmacol. 2020.
44. Kurotschka PK, Moro MF, Demurtas J, Serafini A. General practitioners knowledge and attitudes on antibiotics and resistance: cross-cultural adaptation and preliminary validation of KAAR-11 questionnaire.. Recenti Prog Med. 2020;111(6):368-70.
45. Soysal P, Hurst C, Demurtas J, Firth J, Howden R, Yang L, et al. Handgrip strength and health outcomes: Umbrella review of systematic reviews with meta-analyses of observational studies. J Sport Health Sci. 2020.
46. Demurtas J, Celotto S, Beaudart C, Sanchez-Rodriguez D, Balci C, Soysal P, et al. The Efficacy and Safety of Influenza Vaccination in Older People: An Umbrella Review of Evidence from Meta-Analyses of Both Observational and Randomized Controlled Studies. Ageing Res Rev. 2020:101118.
47. Veronese N, Smith L, Bolzetta F, Cester A, Demurtas J, Punzi L (2020) Efficacy of conservative treatments for hand osteoarthritis : An umbrella review of interventional studies. Wien Klin Wochenschr
48. Veronese N, Torbahn G, Demurtas J, et al. (2020) Interest in meta-research in geriatric medicine: a survey of members of the European Geriatric Medicine Society. Eur Geriatr Med
49. Recenti Prog Med, 2020 vol. 111(9) pp. 515-526
50. [Analysis of patient safety culture in an out of hours primary care service.]
51. Demurtas, J; Marchetti, P; Veronese, N; Deilkås, EC; Hofoss, D; Bondevik, GT; Vaona, A
52. Zou L, Xiao T, Cao C, Smith L, Imm K, Grabovac I, Waldhoer T, Zhang Y, Yeung A, Demurtas J, Veronese N, Ekelund U, Park Y, Yang L. Tai Chi for Chronic Illness Management: Synthesizing Current Evidence from Meta-Analyses of Randomized Controlled Trials. Am J Med. 2020 Sep 15:S0002-9343(20)30787-7. doi: 10.1016/j.amjmed.2020.08.015. Epub ahead of print. PMID: 32946848.
53. Pizzol D, Demurtas J, Celotto S, Maggi S, Smith L, Angiolelli G, Trott M, Yang L, Veronese N. Urinary incontinence and quality of life: a systematic review and meta-analysis. Aging Clin Exp Res. 2020 Sep 22. doi: 10.1007/s40520-020-01712-y. Epub ahead of print. PMID: 32964401.
54. Demurtas J, Schoene D, Torbahn G, Marengoni A, Grande G, Zou L, Petrovic M, Maggi S, Cesari M, Lamb S, Soysal P, Kemmler W, Sieber C, Mueller C, Shenkin SD, Schwingshackl L, Smith L PhD, Veronese N; European Society of Geriatric Medicine Special Interest Group in Systematic Reviews and Meta-Analyses, Frailty, Sarcopenia, and Dementia. Physical Activity and Exercise in Mild Cognitive Impairment and Dementia: An Umbrella Review of Intervention and Observational Studies. J Am Med Dir Assoc. 2020 Oct;21(10):1415-1422.e6. doi: 10.1016/j.jamda.2020.08.031. PMID: 32981668.
55. Demurtas J, Marchetti P, Vaona A, Veronese N, Celotto S, Deilkås EC, Hofoss D, Bondevik GT. Patient safety culture in Italian out-of-hours primary care service: a national cross-sectional survey study. BJGP Open. 2020 Dec 15;4(5):bjgpopen20X101098. doi: 10.3399/bjgpopen20X101098. PMID: 33172847.
56. Pizzol D, Foresta C, Garolla A, Demurtas J, Trott M, Bertoldo A, Smith L. Pollutants and sperm quality: a systematic review and meta-analysis. Environ Sci Pollut Res Int. 2020 Nov 16. doi: 10.1007/s11356-020-11589-z. Epub ahead of print. PMID: 33196997.
57. Verdu-Rotellar JM, Vaillant-Roussel H, Abellana R, Jevsek LG, Assenova R, Lazic DK, Torsza P, Glynn LG, Lingner H, Demurtas J, Borgström B, Gibot-Boeuf S, Muñoz MA. Precipitating factors of heart failure decompensation, short-term morbidity and mortality in patients attended in primary care. Scand J Prim Health Care. 2020 Nov 17:1-8. doi: 10.1080/02813432.2020.1844387. Epub ahead of print. PMID: 33201746.

58. Solmi M, Civardi S, Corti R, Anil J, Demurtas J, Lange S, Radua J, Dragioti E, Fusar-Poli P, Carvalho AF. Risk and protective factors for alcohol and tobacco related disorders: An umbrella review of observational studies. Neurosci Biobehav Rev. 2020 Nov 25;121:20-28. doi: 10.1016/j.neubiorev.2020.11.010. Epub ahead of print. PMID: 33248149.
59. Veronese N, Galvano D, D'Antiga F, Vecchiato C, Furegon E, Allocco R, Smith L, Gelmini G, Gareri P, Solmi M, Yang L, Trabucchi M, De Leo D, Demurtas J. Interventions for reducing loneliness: An umbrella review of intervention studies. Health Soc Care Community. 2020 Dec 5. doi: 10.1111/hsc.13248. Epub ahead of print. PMID: 33278311.
60. Celotto S, Veronese N, Barbagallo M, Ometto F, Smith L, Pardhan S, Barnett Y, Ilie PC, Soysal P, Lagolio E, Kurotschka PK, Tonelli R, Demurtas J. An umbrella review of systematic reviews with meta-analyses evaluating positive and negative outcomes of hydroxychloroquine and chloroquine therapy. Int J Infect Dis. 2020 Dec 11:S1201-9712(20)32541-8. doi: 10.1016/j.ijid.2020.12.018. Epub ahead of print. PMID: 33316389.
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CONFERENCE COMMUNICATIONS (POSTERS AND ORAL PRESENTATIONS)

29 contributions.

1. “The New Italian Hippokrates Exchange Working Team” Rosa Avino, Agostino Panajia, Luis Pereira, Luca Caiazzo, Elena Fadini, Elena Benigni, Jacopo Demurtas, Lucia Gioia, Giulia Gamboni, Sara Rigon, Harris Lygidakis. Poster. Barcellona I VdGM Forum
2. “A recipe for Italian Family Medicine” Demurtas, Movimento Giotto, Poster Dublino II VdGM Forum 2015
3. Demurtas et al. Poster “Ipotesi di Trial sulla inverse comorbidity: davvero la metformina ha un effetto antineoplastico?” Congresso Nazionale SIMG 2015, Firenze
4. “Le Cure Palliative in Assistenza Primaria: Un Viaggio all Around The World” Poster Congresso Nazionale SIMG 2016, Firenze
5. 5 minutes presentation “Patient as partner: a mind-blowing experience” WONCA Europe Conference Copenhagen 2016
6. "Palliative care in primary care: a journey around the world" Cernesi, Demurtas et al EUPCA World 2017, Madrid
7. “The design, delivery and use of OOH care across Europe” Remmen et al EurOOHnet Conference Oxford 2017
8. “European Network for Telephone Consultation Research: A Proposal” Vaona et al EurOOHnet Conference Oxford 2017
9. Munoz et al «Determinants of heart failure decompensation in patients attended in primary care » EGPRN Riga Maggio 2017
10. Barnini et al. “Il Progetto Collaborativo REACT (Registro Elettronico Accessi in Continuità Assistenziale Toscana)” Congresso Nazionale FIMMG 2017, Chia
11. Oral presentation "What we talk about when we talk about intermediate care" Demurtas et al. Wonca Europe Conference Prague 2017 - 30/06/2017
12. Demurtas et al. Oral Ignite presentation “An ICPC based educational project” VdGM V Forum Porto 2018, 26-27/01/2018
13. Demurtas et al. Oral Ignite presentation “The SISCOS Project” VdGM V Forum Porto 2018, 26-27/01/2018
14. Cernesi et al. Poster Palliative Care World Conference Città del Vaticano “The “CRA” Project: involve GP trainees in nursing home to learn palliative approach I elderly patients” 28/02/2018
15. EQUiP Conference, Bratislava Barnini et al. “REACT cooperative project”
16. EQUiP Conference Bratislava Barnini et al. “Pre-Diabetes Network Screening and Education Program in Primary Care”
17. Celotto et al. Congresso Nazionale Choosing Wisely Italia “La Faringite nel Progetto REACT” (premio miglior poster) 23/03/2018
18. CMGF Parigi Barnini et al. “Electronic access register in Out-of-Hours” Aprile 2018
19. EGPRN Conference Lille Maggio 2018 “Pre-Diabetes Network Screening and Education Program in Primary Care"
20. EGPRN Conference Lille Maggio 2018 “REACT Cooperative Project (Electronic Register Access in OUT-of-HOURS”
21. Verdu Rotellar JM et al: Causes of decompensation of heart failure in patients attended in primary care
22. Demurtas et al. Poster “The GP’s WIT (General Practice -Women urinary Incontinence Trial)” Congresso Nazionale FIMMG 2018, Chia
23. Demurtas et al. Poster “REACT: non diteci che la CA non serve a niente” Congresso Nazionale FIMMG 2018, Chia

24. Barnini et al. Poster “L’uso dei registri elettronici e il ruolo della Continuità Assistenziale nella sorveglianza epidemiologica in Assistenza Primaria”. Congresso Nazionale FIMMG 2018, Chia
25. Munoz et al. - Effect of time elapsed from the onset of heart failure decompensation symptoms to primary care consultation 88th EGPRN Meeting, Tampere - Finland, 9-12 May 2019
26. Munoz et al Hefestos score: Short term prognosis stratification of heart failure decompensations in primary care 89th EGPRN Meeting, Vigo - Spain, 17-20 October 2019
27. Conceição Outeirinho, Raquel Braga, Joana Costa-Gomes, Luís Alves, Ana Margarida Cruz, Ana Clavería, Antón Núñez-Torrón, Marina Jotic, Jacopo Demurtas, Tugba Çalışkan, Victoria Tkachenko, Poliana Jorge “The Covid-19 pandemic: Reorganization of health services and coping of health care workers in Primary Health Care”. 93rd EGPRN Conference – October 2021, Halle, Germany
28. Demurtas, J, E Righi, and A Meer. 2022. "Self-triage tools during covid-19 outbreak: the CovidGuide app experience." In 95th EGPRN Conference, 65-65. Antwerpen
29. Demurtas L’applicazione del Safety Attitude Questionnaire – SAQ nel Servizio di Continuità Assistenziale Forum Risk Management AGENAS Arezzo 22-25/11/2022

CONFERENCE PRESENTATIONS AS SPEAKER

25 presentations.

1. Relatore al convegno “Aggiornamenti in Gastroenterologia” di Castiglion della Pescaia (GR) 1/12/12
2. Relatore al corso “La corretta gestione del paziente con dolore cronico e in cure palliative” 25/09/13 Castel Del Piano (GR)
3. Relatore al congresso SMIPG, presentazione tesina “La prevenzione delle IVG nelle pazienti immigrate: ruolo del MMG”
4. Relatore al corso “Uno sguardo al futuro nei disturbi sessuali” Presentazione dello studio DEEP SIMG Grosseto 5/04/2014 Grosseto
5. Facilitatore al DT for Primary Health Care al congresso nazionale del Movimento Giotto “L’Essenziale in Medicina Generale”
6. Presentazione video esperienza miniexchange Italia e Congresso Movimento Giotto al Congresso WONCA 14, Lisbona.
7. Relatore al congresso regionale Toscana SIMG 2014 “Uniti per la Ri-Costruzione delle Cure Primarie”
8. Tavola Rotonda per la Festa del Medico di Famiglia, Firenze
9. Relatore al congresso nazionale SIMG 2014 con relazione “L’Aspirina ci sorprende ancora?”
10. Relatore Keynote al Forum Vasco da Gama Movement di Dublino Family Medicine 2.0 Innovation and Awareness con relazione “Crisis: danger or opportunity"
11. Relatore al congresso SIPREC di Napoli del 13/03/15 con relazione dal titolo “L’ASA ci stupisce ancora?”
12. Relatore al Seminario di Primavera CSeRMeG, 19/04/2015, Pegognaga (MN)
13. Relatore al Convegno Cross The Bridge Sarteano 16/05/15
14. Delegato SIMG alla Consensus Conference AIOM “Dalla pratica del follow-up alla cultura di survivorship care” 10-11/09/15
15. Relatore incontro neoabilitati OMCEOPI 28/10/15 Guida Galattica per Neoabilitati
16. Relatore Congresso Nazionale SIICP 3-5/3/2016 con relazione “Il triage telefonico nel setting della continuità assistenziale e della MG: cosa cambia?”
17. Congresso EurOOHnet Bled 26-27/05 relazione sul Questionario sulla qualità dei setting di CA - q-SCAN: online survey to assess perceived quality of OOH setting among OOH operators
18. Relatore Congresso Regionale SICP Toscana con relazione sul ruolo del MMG nelle EPC del paziente con BPCO
19. Relatore Congresso Regionale SIMG Toscana "ASA: nuove evidenze in campo oncologico" 24/09/2016
20. Relatore al congresso sui disturbi sessuali SIMG Grosseto “DEEP” il 3/12/2016
21. Relatore al corso “Coinvolgimento sanitario globale nelle cure delle patologie croniche non oncologiche in fase avanzata (End Stage)” – “Cure palliative in Geriatria e Medicina Generale” 9/05/2017
22. Workshop Intermediate Care VdGM Forum Porto Gennaio 2018
23. Relatore al convegno Grosseto Giugno “L’andrologia tra DE ed EP, LOH” 16/06/2018
24. Relatore al congresso nazionale AGE Mestre 2-4 /05/2019 “Vaccino antinfluenzale ed antipneumococcico: evidenze”
25. Relatore al congresso nazionale SIIA webinar 1/10/2021 “Intelligenza artificiale e supporto decisionale”

BOOKS AND BOOK CHAPTERS

1. “Manuale RICE per la valutazione della qualità della consultazione medica. Linee guida per la valutazione delle abilità comunicative di un operatore di continuità assistenziale” Hay Derkx. I Ed. Italiana con testo a fronte. Traduzione ed adattamento a cura di Alberto Vaona e Jacopo Demurtas 2018
2. Editor incaricato- Demurtas, Veronese - “The role of Family Physicians in older people care” – Springer (Dicembre 2020)
3. Demurtas J, Ecarnot F, Cernesi S, Solari M, Munoz MA, Cella A. Comprehensive Geriatric Assessment in Cardiovascular Disease. Adv Exp Med Biol. 2020;1216:87-97.
4. Coautore capitolo “Il dolore toracico” in “Medicina Generale-Storie e Clinica della pratica quotidiana”
5. J. Demurtas Editor Remote consultation in Primary Care: a step by step approach to remote consultation and triage - Springer 2025
6. Wonca Digital Health for Primary Care, chapter 4 - Improving Clinical Effectiveness through Digital Interventions - DOI 10.1201/9781003610519-4
7. J. Demurtas, N, Veronese - “The role of family physicians in older people care” - Springer 2022

CHAPTERS IN "THE ROLE OF FAMILY PHYSICIANS IN OLDER PEOPLE CARE" (SPRINGER)

1. Family Doctors and the Silver Tsunami: Team up to Survive the Storm – Jacopo Demurtas, Alessandro Mereu, Nicola Veronese & Jan De Maeseneer (pp 1–13).
2. The Consultation with Older Patients in Primary Care: Communication Management and Clinical Reasoning – Jacopo Demurtas & Giuseppe Parisi (pp 17–39).
3. The Older Patient with Psychiatric Illness – Alessandro Miola, Alessandro Brunini, Jacopo Demurtas & Marco Solmi (pp 169–197).
4. The Older Person in Nursing Home and in the Intermediate Care Structures: What’s the Role of the GPs? – Nicola Veronese, Federica Pascale, Alessandro Menin, Stefano Celotto, Simone Cernesi, Paolo Schianchi & Jacopo Demurtas (pp 263–274).
5. Supportive and Palliative Approach to the Older Persons – Simone Cernesi, Jacopo Demurtas, Carlos Centeno, Katherine Pettus, Scott A. Murray & Eduardo Bruera (pp343-356).
6. Dying at Home – Ana Nunes Barata, Andrea Salvetti, Alessandro Bussotti & Jacopo Demurtas (pp357–366).
7. Integrating Spiritual Care in the Frame – Daniel Nuzum, Jacopo Demurtas & Christina Puchalski (pp 367–376).
8. Family Physicians’ Relationship with Older Patients Between Palliative Care and Advance Care Planning Management – Ines Testoni, Simone Cernesi, Federica Davolio, Marta Perin, Mariagiovanna Amoroso, Chiara Villani & Jacopo Demurtas (pp407-419).
9. Hints for Meta-research on Ageing for Family Doctors – Nicola Veronese & Jacopo Demurtas (pp453-457).
10. COVID-19: Impact of Pandemic on Older People Health and Well-Being – Nicola Veronese, Jacopo Demurtas (pp471-476).

I authorise the processing of the personal data contained in this curriculum vitae pursuant to Article 13 of Regulation (EU) 2016/679 (GDPR) and Italian Legislative Decree 196/2003. I declare that I have had no commercial interests in the healthcare sector in the two years preceding the date of signing this CV.

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