



## Europass Curriculum Vitae



### Personal information

**First name(s) / Surname(s)** **First name(s) Surname(s) Manuela Farris**  
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**Fax(es)**  
**E-mail** Manuela.farris@uniroma1.it  
**Nationality** Italian  
**Date of birth** 25 Nov 1968  
**Gender** F

### Occupational field

Medicine. Obstetrics and Gynaecology (Family planning, contraception, voluntary pregnancy termination, endocrinological gynaecology, women's health, ultrasound in obstetrics and gynaecology, paediatric and adolescent gynaecology and obstetrics)

Executive Committee Member for the European Society of Contraception Sexual and Reproductive Healthcare

Board Member for the Italian Society of Contraception

Past Counsellor for the Italian Society for Infant and Adolescence Gynecology (SIGIA)

### Work experience

<b>Dates</b>	From 28 August to 11 September 2023
<b>Occupation or position held</b>	medical officer
<b>Main activities and responsibilities</b>	Refugee and Migrants medical assistance, Lampedusa Italy
<b>Name and address of employer</b>	Italian Red Cross (Croce Rossa Italiana)
<b>Sector</b>	Medicine
<b>Dates</b>	From May 2021 to January 2023
<b>Occupation or position held</b>	medical officer
<b>Main activities and responsibilities</b>	COVID-SARS 2 Italian vaccine campaign
<b>Name and address of employer</b>	Italian Red Cross (Croce Rossa Italiana)
<b>Sector</b>	Medicine
<b>Occupation or position held</b>	Senior Consultant and Associate Professor in Obstetrics and Gynecology

Main activities and responsibilities Providing information and provision of all contraceptive methods, providing information on MST and therapy, provide information and help for voluntary pregnancy termination, following obstetric patient, obstetric and gynecological ultrasound  
Participation to several National and International Congresses and Courses as Speaker  
Participation in multicentre GCP trials on contraception

Name and address of employer AIED via Toscana 30 00187, Rome Italy

Sector Medicine

Dates From 2004 to 2008

Occupation or position held PhD training

Main activities and responsibilities Perform research on hormonal contraceptive methods  
Participation in multicentre GCP trials on contraception  
Participation to several National and International Congresses and Courses as Speaker

Name and address of employer University of Rome, Tor Vergata Rome Italy

Sector Medicine

## Education and training

Dates Nov 2004-May 2008

Title of qualification awarded PhD Psychoneuroendocrinology of human reproduction and sexuality

Name and type of organisation providing education and training University of Rome, Tor Vergata Rome Italy

Dates Nov 1997- Dec 2002

Title of qualification awarded Postgraduate degree in obstetric and gynaecology (graduated cum laude)

Name and type of organisation providing education and training Sapienza University of Rome, viale del Policlinico 155, 00161, Rome Italy

Dates 1988-1995

Title of qualification awarded Medical Degree (graduated cum laude)

Name and type of organisation providing education and training Sapienza University of Rome, viale del Policlinico 155, 00161, Rome Italy

## Personal skills and competences

Advanced expertise in family planning, contraception, voluntary pregnancy termination, endocrinological gynaecology, women's health and obstetrics.  
Participation in several multicentre GCP trials on contraceptive methods

Mother tongue(s) **Specify mother tongue**  
**Italian**

Other language(s)

Self-assessment

European level (\*)

**English**

**France**

**Spanish**

Understanding		Speaking		Writing	
Listening	Reading	Spoken interaction	Spoken production		
C2	C2	C2	C2	C1	
B2	B2	B2	B2	B1	
A2	A2	A2	A2	A1	

(\*) [Common European Framework of Reference for Languages](http://www.cedefop.europa.eu/en/content/common_european_framework_of_reference_for_languages)

## Additional information

Receiving

Include here any other information that may be relevant, for example contact persons, references, etc.

## Clinical GCP trials

- “An open label randomized, group comparative, multicentre trial to evaluate the effect of Nuva Ring or oral contraceptive (OC) on vaginal bleeding characteristics and body weight in healthy female volunteers”,2002
- “HOT study. HRT opposed to low-dose tamoxifen” 2002
- “An open-label, multicentre study of the EVRA Transdermal Patch in Europe: evaluation of women’s experience with EVRA and comparison with previously used methods of contraception”,2006
- “A 13 Cycle, Multicentre, International, Observational Safety Study with Belara® (0,03 mg ethinyl estradiol / 2 mg chlormadinone acetate) in Routine Clinical Practice”2006
- “A randomized, open-label, comparative, multi-center trial to evaluate contraceptive efficacy, cycle control, safety and acceptability of a monophasic COC containing 2.5 mg nomegestrol acetate (NOMAC) and 1.5 mg estradiol (E2), compared to a monophasic COC containing 3 mg drospirenone (DRSP) and 30 µg ethinyl estradiol (EE)”.
- “A multicenter double blind double dummy randomized controlled parallel-group study to assess efficacy and safety of SHT00658ID compared to SHD593B in the treatment of primary dysmenorrhea”2010
- “P06557. ECOS.Studio osservazionale prospettico multicentrico per valutare gli effetti del counseling nella scelta di diversi contraccettivi ormonali combinati”2010
- “CONTENT study: Non interventional study to assess continuation rates and satisfaction in women using Qlaira or progestin only pills”.2010
- BOLERO TE 032012: Adesione al trattamento contraccettivo ormonale combinato in soggetti che assumono una pillola monofasica con 17-beta estradiolo/nomegestrolo acetate (Zoely): studio multicentrico di coorte

## Scientific Publication

1. Nappi RE, **Farris M**, Gallina Toschi A, Michieli R, Moccia F, Orthmann N, Arisi E. Overcoming barriers to oral contraception in Italy an expert opinion to empower women. *Gynecol Endocrinol.* 2023 Dec;39(1):2254400. doi: 10.1080/09513590.2023.2254400. PMID: 37666276.
2. **Farris M**, Arisi E, Mirjalili N, Nappi RE. Attitudes of women and pharmacists on the opportunity to obtain a progestogen-only pill over the counter - Italian outcomes. *Gynecol Endocrinol.* 2023 Dec;39(1):2206922. doi: 10.1080/09513590.2023.2206922. PMID: 37141915.
3. Bastianelli C, Grandi G, **Farris M**, Brandolino G, Paoni Saccone G, La Barbiera I, Benagiano G. Attitudes towards menstruation: what women want? An Italian National Survey *Eur J Contracept Reprod Health Care* 2022 Nov 1;1-8. doi: 10.1080/13625187.2022.2130686
4. Arisi E, Bauer C, **Farris M**, Giulini-Limbach C, Glasier A, Lete I, May U, Mirjalili N, Nappi RE, Sanchez-Borrego R, Serrano I. The views of women and pharmacists on the desirability of a progestogen-only pill over the counter. Results of a survey in Germany, Italy and Spain *Eur J Contracept Reprod Health Care.* 2022 Dec;27(6):494-503. doi: 10.1080/13625187.2022.2128643. Epub 2022 Oct 18.

5. Bastianelli C, Farris M, Bianchi P, Benagiano G. The effect of different contraceptive methods on the vaginal microbiome *Expert Rev Clin Pharmacol.* 2021 Apr 23;1-16. doi: 10.1080/17512433.2021.1917373
6. Bastianelli C, **Farris M**, Bruni V, Rosato E, Brosens I, Benagiano G. Effects of progestin-only contraceptives on the endometrium. *Expert Rev Clin Pharmacol.* 2020 Oct;13(10):1103-1123. doi: 10.1080/17512433.2020.1821649. Epub 2020 Sep 21.
7. Fruzzetti F, Cagnacci A, Primiero F, De Leo V, Bastianelli C, Bruni V, Caruso S, Di Carlo C, **Farris M**, Grandi G, Grasso A, Guida M, Meriggiola M, Paoletti AM, Cianci A, Nappi C, Volpe A. Contraception during Coronavirus-Covid 19 pandemia. Recommendations of the Board of the Italian Society of Contraception *European Journal of Contraception and Reproductive Health Care* Volume 25, Issue 3, 3 May 2020, Pages 231-232
8. Bastianelli C, **Farris M**, Bruni V, Brosens I, Benagiano G Pharmacodynamics of combined estrogen-progestin oral contraceptives: 4. Effects on uterine and cervical epithelia. *Expert Rev Clin Pharmacol.* 2020 Feb;13(2):163-182. doi: 10.1080/17512433.2020.1721280. Epub 2020 Feb 13
9. . Cagnacci A, Gambacciani M, Gallo M, Lello S; Executive Committee of the Italian Society of Menopause (SIM) and of the Italian Society of Gynecology of the Third Age (SIGiTE). Recommendations on menopausal hormone replacement therapy *Minerva Ginecol.* 2019 Dec;71(6):395-403. doi: 10.23736/S0026-4784.19.04500-3
10. Guida M, **Farris M**, Aquino CI, Rosato E, Cipullo LMA, Bastianelli C Nexplanon Subdermal Implant: Assessment of Sexual Profile, Metabolism, and Bleeding in a Cohort of Italian Women.. *Biomed Research International.* 2019; vol. 2019, ISSN: 2314-6133, doi: 10.1155/2019/3726957
11. **Farris M**, Bastianelli C, Rosato E, Brosens I, Benagiano G . Uterine fibroids: an update on current and emerging medical treatment options.. *Therapeutics And Clinical Risk Management.* 2019; 23 (23):157-178, ISSN: 1176-6336, doi: 10.2147/TCRM.S147318
12. Bastianelli C, **Farris M**, Rosato E, Brosens I, Benagiano G. Pharmacodynamics of combined estrogen-progestin oral contraceptives 3. Inhibition of ovulation. *Expert Review Of Clinical Pharmacology*, 2018 Nov v11 (11): 1085-1098
13. **Farris M**, Bastianelli C, Rosato E, Brosens I, Benagiano G. (2017). Pharmacodynamics of combined estrogen-progestin oral contraceptives: 2. effects on hemostasis. *EXPERT REVIEW OF CLINICAL PHARMACOLOGY*, vol. 10, p. 1129-1144, ISSN: 1751-2441, doi: 10.1080/17512433.2017.1356718
14. Bastianelli Carlo, **Farris Manuela**, Rosato Elena, Brosens Ivo, Benagiano Giuseppe (2017). Pharmacodynamics of combined estrogen-progestin oral contraceptives: 1. Effects on metabolism. *EXPERT REVIEW OF CLINICAL PHARMACOLOGY*, vol. 10, p. 315-326, ISSN: 1751-2441, doi: 10.1080/17512433.2017.1271708
15. Benagiano G, **Farris M**, Bastianelli C (2017). I ritardo scientifico nell'indagare la sessualità femminile. capitolo 65. In: In: E. A. Jannini, A. Lenzi, M. Maggi.. (a cura di): (a cura di): Elsevier-Masson,, *Trattato di Sessuologia Medica seconda edizione: Psicosessuologia e Medicina della Sessualità..* MILANO:Elsevier Masson, ISBN: 978-88-214-3922-3
16. Gambacciani M, Biglia N, Cagnacci A, DI Carlo C, Caruso S, Cicinelli E, DE Leo V, Farris M, Gambera A, Guaschino S, Lanzone A, Paoletti AM, Russo N, Vicariotto F, Villa P, Volpe A. (2017). Menopause and hormone replacement therapy. The 2017 recommendations of the Italian Menopause Society.. *MINERVA GINECOLOGICA*, vol. 69, ISSN: 1827-1650, doi: 10.23736/S0026-4784.17.04151-X
17. Bruni v, Bastianelli c, Bianchi s, Capobianco G, Cicinelli E, Farris M, Russo N (2016). From recommendation to action *Expert consensus statement on: 1 drivers and barriers to the proper*

18. Bastianelli Carlo, Farris Manuela, Bruno Vecchio Roberta Costanza, Rosato Elena, Guida Maurizio, Benagiano Giuseppe (2016). An observational study of adherence to combined oral contraceptive regimens. GYNECOLOGICAL ENDOCRINOLOGY, p. 1-5, ISSN: 0951-3590, doi: 10.1080/09513590.2016.1240776
19. Bastianelli C, Rosato E, **Farris M**, Benagiano G. Emergency contraception: a survey of 1773 women. Eur J Contracept Reprod Health Care 2016 Sep 29;1-7.
20. Rosato E, **Farris M**, Bastianelli C. Mechanism of Action of Ulipristal Acetate for Emergency Contraception: A Systematic Review. Front Pharmacol. 2016 Jan 12;6:315
21. Bastianelli c, Farris M, Benagiano G, The welfare of children in same sex family: a review of the evidence AJHSS 2014 Sep
22. Bastianelli C, Farris M, Benagiano G The welfare of children in same sex family: a review of the evidence Eur J Contracept Reprod Health Care May 2014 Vol. 19, No. S1 : S237 (IF:1835)
23. Benagiano G, Bastianelli C, Farris M, Brosens I. Selective progesterone receptor modulators: an update. Expert Opin. Pharmacother.2014, 15(10): 1-13.( IF 2.860)
24. Bastianelli C, Farris M, Rapiti S, Bruno Vecchio R,Benagiano G. Different Bleeding Patterns with the Use of Levonorgestrel Intrauterine System: Are They Associated with Changes in Uterine Artery Blood Flow? BioMed Research International Volume 2014 (2014), Article ID 815127 <http://dx.doi.org/10.1155/2014/815127> (IF:2.888)
25. Bastianelli C, Farris M, Aliberti C, Parachini M. Second trimester induced abortion in two tertiary centres in Rome. European Journal of Contraception and Reproductive Health Care, 2014 Apr;19(2):121-7 (IF:1835)
26. Bastianelli C, Farris M, Benagiano G, D'Andrea G. Unmet needs and knowledge of post partum contraception in Italian Women. Clinical and Experimental Obstetrics and Gynaecology 2013;40(4):514-8. If 0.931
27. Bastianelli C, Farris M. Emergency contraception: Presently available formulations and controversies surrounding their use Exp Rev Obstet Gynecol. 2011 6(5): 569-76
28. FARRIS M, Bastinelli C. Emergency contraception in five European countries: what has been changed in the last ten years? Proceedings of the 9<sup>th</sup> Congress of the European Society of Gynecology. Copenhagen 8-11 September 2011
29. Bastianelli C, Farris M, Rapiti S Mirena, an Italian experience. Minerva Ginecol. 2011 Aug;63(4):343-9.
30. Bastianelli C, FARRIS M, Benagiano G. Use of the levonorgestrel-releasing intrauterine system, quality of life and sexuality. Experience in an Italian family planning center. Contraception. 2011 Oct;84(4):402-8. (IF:2.932)
31. FARRIS M, Bastianelli C, Benagiano G. La contraccezione di emergenza: biologia ed etica. Rivista di sessuologia clinica XVIII-2011/2. 2011 (Dic): 33-35.
32. Benagiano G, FARRIS M, Grudzinskas G. Fate of fertilized human oocytes. Reprod Biomed Online. 2010 Dec;21(6):732-41 (IF:2.682)
33. M.Parachini,Manuela Farris e C:Bastianelli Aborto farmacologico:risposta a G.Benagiano e S.Mancuso. Bioetica anno XVII n.3A,2009 pg 653-664.
34. *Benagiano G., Bastianelli C., FARRIS M.* Hormonal contraception: present and future. Drugs Today (Barc). 2008 Dec;44(12):905-23. (IF:1.277)
35. Bastianelli C, Carrara S, D'Andrea G, Filippi V, FARRIS M. Voluntary pregnancy termination over the first trimester. A five-year observation. Minerva Ginecol. 2008 Oct;60(5):383-7.
36. Benagiano G, Gabelnick H, FARRIS M. Contraceptive devices: subcutaneous delivery systems. Expert Rev Med Devices. 2008 Sep;5(5):623-637. (IF:2.632)

37. Benagiano G, Gabelnick H, FARRIS M. Contraceptive devices: intravaginal and intrauterine delivery systems. *Expert Rev Med Devices*. 2008 Sep;5(5):639-654. **(IF:2.632)**
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39. Benagiano G, Bastianelli C, Farris M. Selective Progesterone Receptor Modulators: 2. Use in Reproductive Medicine. *Expert Opinion on Pharmacotherapy*. 9:2473-85, 2008. **(IF:3.205)**
40. Benagiano G, Bastianelli C, FARRIS M. Selective Progesterone Receptor Modulators: 1. Use during Pregnancy. *Expert Opinion on Pharmacotherapy*. 9:2487-96, 2008. **(IF:3.205)**
41. Bastianelli C, FARRIS M, Benagiano G. Emergency contraception: A review. *Eur J Contracept Reprod Health Care*. 2008;13(1):9-16. **(IF:1.808)**
42. Bastianelli C, Carrara S, Filippi V, Rapiti S, Ripani AE, Farris M. [Intrauterine death: experience at a tertiary centre of Italy] *Minerva Ginecol*. 2007 Oct;59(5):505-11.
43. Benagiano G, Bastianelli C, FARRIS M. Hormonal contraception: state of the art and future perspectives. *Minerva Ginecol*. 2007 Jun;59(3):241-70.
44. Benagiano G., Farris M., Bastianelli C.: Il ritardo scientifico nell'indagare la sessualità femminile. In: *Trattato di Sessuologia Medica: Psicossessuologia e Medicina della Sessualità*, E. A. Jannini, A. Lenzi, M. Maggi Eds. Elsevier-Masson, Milano pp. 345-348, 2007.
45. Benagiano G, Bastianelli C, FARRIS M. Contraception: A social revolution. *Eur J Contracept Reprod Health Care*. 2007 March;12(1):3-12. **(IF:1.808)**
46. Benagiano G, Bastianelli C, FARRIS M. Contraception Today *Ann. N.Y. Acad. Sci.* 2006; 1092: 1–32. **(IF:3.155)**
47. Benagiano G, Bastianelli C, FARRIS M. Infertilità: una visione globale. *Minerva Gin* 2006, 58: 445-57
48. Benagiano G., Farris M.: Arcipelago donna: antiche sfide e nuove frontiere. In: *Atti della Società Italiana di Ginecologia ed Ostetricia*. Vol. 82, 2006. [www.SIGO.it](http://www.SIGO.it) Pubblicato su CD ROM.
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50. Benagiano G., Bastianelli C., Farris M.: From abortion to contraception. In: *Freedom and rights in reproductive health*. Abstract book, FIAPAC, Rome. 2006, pag. 17-18.
51. Bastianelli C, FARRIS M, Di Miscia A. La contraccezione d'emergenza. *Minerva Ginecol* 2006; 58: 193-204.
52. Benagiano G, Bastianelli C, FARRIS M. Oral Contraceptives: An Update on Clinical Issues and Perspectives. In *Clinical Pharmacotherapeutics* eds. M. Gupta S. Tejwani. Elsevier London, 2006, pp. 482-500.
53. Benagiano G, Bastianelli C, FARRIS M. Epidemiologia dell'infertilità. In: *La Riproduzione Umana e le Influenze Ambientali*, Carlo Foresta Ed. pp.231- 246, 2006.
54. Bastianelli C, Benagiano G, FARRIS M. Reasons for requesting emergency contraception: A survey of 506 Italian women. *Eur J Contracept Reprod Health Care*. 2005 Sep;10(3):157-163. **(IF:1.808)**
55. Benagiano G., Bastianelli C., Farris M.: Contraception Today. The 6th Athens Congress on Women's Health & Disease. *Final Program & Abstract Book*. pp.31-32, 2005.
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67. Benagiano G., Farris. M., Vendola M.: Il parto nelle varie culture. Abstracts, Convegno Nazionale AOGOI: Donne che incontrano altre culture. AOGOI (Foligno, Italia) p. 3, 2004.
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85. FARRIS M, Cerenzia G, Quattrini M Bastianelli C Voluntary Pregnancy Termination In Women Over 40. Atti del 5<sup>th</sup> Congress of the European Society for Gynecologic and Obstetric Investigation Madonna di Campiglio 11-18 Marzo 2001.
86. D'Amelio R, FARRIS M, Grande S, Feraudo M, Iuliano A Incidence of Fibrocystic disease of the breast in woman with polycystic ovaries clinico-instrumental study. Minerva Gynecol 2000; 57(9): 321-325.
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