

## CURRICULUM VITAE



### PERSONAL INFORMATION

First and Last Name

**ALMIRA ISUFI**

Nationality

ALBANIAN

Birthday

01/10/1987

Birthplace

KAVAJE, ALBANIA

### WORKING EXPERIENCE

From January 2012 until December 2012 I attended the Conservative and Endodontics unit at Policlinico "Umberto I", Rome, Italy

From February 2012 collaborator at S.M.I.L.E. Care, dental clinic of Prof. Livio Gallottini, Casal Palocco, Rome, Italy

From April 2012 collaborator at the dental clinic of Prof. Giovanni Manes Gravina, Piazza Mazzini, Rome, Italy

From January 2013 founder and director at private dental clinic "Roma Dent", Rruga "Sami Frasheri", Pallati TID, Kati 1°, Tirana, Albania

From 2012 assistant of Prof. Livio Gallottini in lectures and clinical practice in endodontics, 4° year, Università degli Studi di Roma "La Sapienza", Rome, Italy

In 2012 assistant of Prof. Livio Gallottini and Prof. Guido Migliau in lectures and clinical practice; in Elements of Conservative Dentistry and Endodontics: 2° year; ergonomics and professional organizing, 3° year, Università degli Studi di Roma "La Sapienza"; Terracina, Latina, Italy

From 2012 assistant and collaborator to Prof. Livio Gallottini in hands-on-courses and workshops in Tirana and Rome

From October 2014 to May 2021, part-time Teacher and from May 2021 full-time Teacher at University of Medicine Tirana, Faculty of Dentistry, teaching Conservative Dentistry, Endodontics and Orthodontics; Tirana, Albania

From October 2017 to May 2021, full-time Teacher and from May 2021 part-time Teacher at Aldent University, teaching Conservative Dentistry and Endodontics; Tirana, Albania

From January 2019, Founder and Owner of Masters of Dentistry, Tirana, Albania

From February 2019, one of the Founding Members and President of the Albanian Endodontic Society, part of the European Society of Endodontology from September 2019.

12 September 2019- 19th Biennial ESE Congress, Vienna, Austria

Mention of Honor for Clinical Video Award:

- \*Isufi A, Dauti R, Plotino G, Terauchi Y

Volumetric 3D Rendering: Diagnosis and treatment planning

From October 2019 Director of the Clinical Master in Endodontics and Restorative Dentistry, Tirana, Albania

From 2019 Visiting Lecturer at the Second Level Master Course in Advanced Oral Surgery and Dental Implantology and Second Level Master Course in Aesthetic Medicine in Medical Science: Advanced Oral and Implant Surgery, use of growth factors and medical biotechnology at University Aldo Moro in Bari, Italy

From 2020 teacher in Endodontics at the Hygienist Course at Sapienza University of Rome, Director Prof. Gianluca Gambarini

**ACTIVE PARTICIPATION  
AND PRESENTATIONS IN  
NATIONAL AND  
INTERNATIONAL  
CONGRESSES**

20 February 2015, Rome - 19° Congresso Nazionale della Società Italiana di Odontoiatria Conservatrice oral presentation “Valutazione dell’impatto di cavità di accesso conservative sulla resistenza meccanica dell’elemento dentario trattato endodonticamente”; Authors: Almira Isufi, Gianluca Plotino, Nicola M Grande, Gianluca Gambarini.

9-11 April 2015, Milano- Collegio dei Docenti-poster presentation: Non extraction treatment of severe dental crowding in adult patients: a case report; authors: M. Oricchio, B. Muzzarelli, A. Isufi, A. Di Nunno, G. Manes Gravina, L. Gallottini

23-26 April 2015, Bucarest- BASS Congress- poster presentation: Surgical-orthodontic treatment of impacted second permanent molar:case report; authors: Almira Isufi, Mariella Oricchio, Anna Di Nunno, Ruggero Ingletto, Livio Gallottini

16-19 September 2015 – ESE International Congress, Barcelona, Spain- original abstract poster presentation of works: Fracture resistance of endodontically treated teeth with two different access cavity designs; authors: Isufi A, Plotino G, Grande NM, Di Giorgio G, Pecci R, Bedini R, Gambarini G  
and: Fracture resistance of endodontically treated teeth restored with a bulkfill flowable material (SDR) and a resin composite; authors: Isufi A, Plotino G, Grande NM, Di Giorgio G, Pecci R, Bedini R, Gambarini G.

5-7 November 2015- 4° National Panalbanian Congress, Tirana, Albania- oral presentation: Fracture resistance of endodontically treated teeth with two different access cavity designs; authors: Almira Isufi, Gianluca Plotino, Nicola Maria Grande, Gianluca Gambarini

14-16 April 2016- 23° Congresso Nazionale Collegio dei Docenti Universitari di Discipline Odontostomatologiche, Rome, Italy- poster presentation: Resistenza alla frattura statica dei denti trattati endodonticamente con due diversi tipi di cavità di accesso; authors: Isufi A, Plotino G, Grande NM, Pedullà E, La Rosa G, Testarelli L, Gambarini G

12-15 May 2016- 21-st BASS Congress, Banja Luka, Bosnia & Herzegovina-

Oral presentation: Fracture resistance of endodontically treated teeth with two different access cavity designs; authors: Isufi A, Plotino G, Grande NM, Xhemnica R, Testarelli L, Gambarini G

Poster presentation:

- Fracture resistance of endodontically treated teeth restored with a bulkfill flowable material (sdr) and a resin composite; authors: Isufi A, Pepla E, Plotino G, Grande NM, Testarelli L, Gambarini G
- The evaluation of physical and dental development differences based on social and economic status; authors: Xhemnica R, Rusi L, Kelmendi Sh, Isufi A, Roco M
- The assessment of children's anxiety in the dental cabinet; authors: Kelmendi M, Petro E, Xhemnica R, Kelmendi Sh, Isufi A
- Association of socio-economic status with ECC among 3-5 years old children of Tirana city; authors: Petro E, Kelmendi M, Kelmendi Sh, Isufi A, Pepla E

10-12 November 2016, SIE International Congress, Saving Teeth: The Endo Challenge, Rome, Italy- oral presentation: 3D Endodontics; authors: Gambarini G, Isufi A

21-23 April 2017, 4-th National Conference of Medical Sciences, Tirana, Albania- oral presentation: Fracture resistance of endodontically treated teeth with two different access cavity designs; authors: Almira Isufi, Gianluca Plotino, Nicola Maria Grande, Gianluca Gambarini

4-6 May 2017- 22-nd BASS Congress, Thessaloniki, Greece- poster presentation:

- Isufi A, Plotino G, Grande NM, Xhemnica R, Gambarini G. 3D Quantitative analyses of minimally invasive endodontic cavity
- Isufi A, Pepla E, Plotino G, Grande NM, Gambarini G. Fracture resistance of endodontically treated teeth with conservative access cavities restored with three different composites

14-16 September 2017, 18th Biennial ESE Congress, Brussels, Belgium.

Oral presentation: New classification of endodontic access cavities; authors: Almira Isufi, Erlind Pepla, Gianluca Gambarini

Poster presentation:

- Isufi A, Pepla E, Galeano P, Di Nardo D, Miccoli G, Staffoli S, Testarelli L, Gambarini G. Incidents of gaps and voids in post endodontic restorations
- Pepla E, Isufi A, Plotino G, Grande NM, Ioppolo P, Bedini R, Testarelli L, Gambarini G. Fracture resistance of endodontically treated teeth with conservative access cavities restored with different materials
- Galeano P, Isufi A, Pepla E, Schianchi G, Obino FV, Testarelli L, Gambarini G. Fracture resistance of endodontically treated teeth with different tapers of endodontic files

Our videos have been accepted to be presented as two of the eight best for the Clinical Video Award on the 15-th of September 2017:

- \*Isufi A, Pepla E, Costantini R, Piasecki L, Gambarini G

Volumetric 3D Rendering: A clinical case (Use of CBCT data to enhance endodontic diagnosis and treatment)

- Costantini R, Isufi A, \*Ropini PA, Piasecki L, Gambarini G

A new software for endodontics

27-29 October 2017, 5° National Panalbanian Congress, Pristina, Kosovo- oral presentation: A new classification of endodontic cavities; authors: Almira Isufi, Gianluca Plotino, Nicola Maria Grande, Gianluca Gambarini

3-4 November 2017, 1-st Congress of the Faculty of Dental Medicine, Tirana, Albania- oral presentation: New classification of endodontic access cavities; authors: Almira Isufi, Gianluca Plotino, Nicola Maria Grande, Gianluca Gambarini

20-23 April 2018, 5-th National Conference of Medical Sciences, Tirana, Albania- oral presentation: 3D reconstruction software in endodontics; authors: A Isufi, G

Gambarini

27-29 October 2017, 5<sup>o</sup> National Panalbanian Congress, Pristina, Kosovo- oral presentation: A new classification of endodontic cavities; Authors: Almira Isufi, Gianluca Plotino, Nicola Maria Grande, Gianluca Gambarini

3-4 November 2017, 1<sup>st</sup> Congress of the Faculty of Dental Medicine, Tirana, Albania- oral presentation: New classification of endodontic access cavities; Authors: Almira Isufi, Gianluca Plotino, Nicola Maria Grande, Gianluca Gambarini

20-22 April 2018, 5<sup>th</sup> National Conference of Medical Sciences, Tirana, Albania- oral presentation: 3D reconstruction software in endodontics; Authors: Almira Isufi, Gianluca Gambarini

12-13 October 2018, 6<sup>o</sup> National Panalbanian Congress, Tirana, Albania- oral presentation: Fracture resistance of endodontically treated teeth with conservative access cavities restored with different composite materials; Authors: Almira Isufi, Gianluca Plotino, Nicola Maria Grande, Gianluca Gambarini

9-10 November 2018, 2<sup>nd</sup> Congress of the Faculty of Dental Medicine, Tirana, Albania- oral presentation: Fracture resistance of endodontically treated teeth with conservative access cavities restored with different composite materials; Authors: Almira Isufi, Gianluca Plotino, Nicola Maria Grande, Gianluca Gambarini  
Poster presentation: Radiographic evaluation of periapical status and prevalence of endodontic treatment in an adult Albanian subpopulation examined in 2013-2018; Authors: A. Ferro, A. Kusta, I. Torksi, I. Milloshi, I. Zisko, E. Pepla, A. Isufi

9-11 May 2019, 24<sup>th</sup> BASS Congress, Tirana, Albania- oral presentation: 3D Endodontics; Authors: Almira Isufi

9-11 May 2019, 6<sup>th</sup> National Conference of Medical Sciences, Tirana, Albania- oral presentation: Clinical problems and management of agenesia; Authors: A Zyberi, A Isufi

117-18 May 2019- Invited Lecturer at the Second Level International Master Course of Advanced Oral Surgery and Dental Implantology and the Second Level International Master Course of Aesthetic Medicine in Medical Science Advanced Oral and Implant Surgery, the use of Laser Technology at the University of Bari "Aldo Moro", Italy

12-14 September 2019, 19<sup>th</sup> Biennial ESE Congress, Vienna, Austria.  
Oral presentation: 3D Reconstruction Softwares in Endodontics; Authors: Almira Isufi, Edit Xhajanka, Gianluca Gambarini

Poster presentation:

- Isufi A, Xhajanka E Plotino G, Grande NM, Testarelli L, Gambarini G. Quantitative evaluation of the volume gaps and voids in endodontically treated teeth with conservative access cavities restored with different composite materials
- Isufi A, Xhajanka E, Plotino G. Diagnosis and treatment planning with 3D Endo Software.
- Plotino G, Isufi A, Ozyurek T, Gundogar M, Uslu G. Effect of conservative interproximal caries-driven endodontic access cavity preparation on the fracture strength of maxillary and mandibular premolar and molar teeth

Our video has been accepted to be presented as one of the best videos for the Clinical Video Award on the 12 September 2019 and was awarded the Mention of Honor:

- \*Isufi A, Dauti R, Plotino G, Terauchi Y

Volumetric 3D Rendering: Diagnosis and treatment planning

25-27 March 2021, XIII International Congress of the Romanian Dental Association for Education- Oral presentations:

- 3D reconstruction softwares in endodontics. Authors: A Isufi, E Xhajanka, G Plotino, NM Grande, G Gambarini
- Fracture resistance of endodontically treated teeth with conservative access

cavities restored with different composite materials. Authors: E Xhajanka, A Isufi; G Plotino; NM Grande; R Bedini, G Gambarini

## PUBLICATIONS

Isufi A, Plotino G, Grande NM, Testarelli L, Gambarini G. Standardization of endodontic access cavities based on 3-dimensional quantitative analysis of dentine and enamel removed. *Journal of Endodontics* 2020; 46(10):1495-1500

Plotino G, Grande NM, Isufi A, Ioppolo P, Pedullà E, Bedini R, Gambarini G, Testarelli L. Fracture strength of endodontically treated teeth with different access cavity designs. *Journal of Endodontics* 2017; 43:995-1000

Isufi A, Pepla E, Galeano P, Di Nardo D, Miccoli G, Staffoli S, Testarelli L, Gambarini G. Incidents of gaps and voids in post endodontic restorations. *International Endodontic Journal* 2017;50:34

Pepla E, Isufi A, Plotino G, Grande NM, Ioppolo P, Bedini R, Testarelli L, Gambarini G. Fracture resistance of endodontically treated teeth with conservative access cavities restored with different materials. *International Endodontic Journal* 2017;50:34-5

Galeano P, Isufi A, Pepla E, Schianchi G, Obino FV, Testarelli L, Gambarini G. Fracture resistance of endodontically treated teeth with different tapers of endodontic files. *International Endodontic Journal* 2017;50:38

Isufi A, Plotino G, Grande NM, Ioppolo P, Testarelli L, Bedini R, Al-Sudani D, Gambarini G. Fracture resistance of endodontically treated teeth restored with a bulkfill flowable material and a resin composite. *Annali di Stomatologia (Roma)*. 2016 Jul 19;7(1-2):4-10.

Isufi A, Plotino G, Grande NM, Di Giorgio G, Pecci R, Bedini R, Gambarini G. Fracture resistance of root filled teeth with two different access cavity designs. *International Endodontic Journal* 2016;49:70-1

Plotino G, Isufi A, Grande NM, Di Giorgio G, Pecci R, Bedini R, Gambarini G. Fracture resistance of root filled teeth restored with a bulkfill flowable material (SDR) and a resin composite. *International Endodontic Journal* 2016;49:109

## EDUCATION

1. Kavaje, 17- 07-2006:
  - High School "Aleksander Moisiu"
  - [Maturity Diploma, grade 9.98/10;](#)
  - [State Examination Excellence Award in Mathematics](#)
2. Tirane, 22/07/2011:
  - University of Tirana
  - [Diploma of Scientific Master in Dentistry](#)
  - [Grade 9.526 /10;](#)
3. Rome, 02/04/2013:
  - University of Rome " La Sapienza "
  - [Master di II Livello in Endodonzia](#)
  - [Grade 110 e lode/ 110 e lode;](#)
  - Thesis: Irrigation in Endodontics
4. Tirane, 26 March 2015:
  - Albanian University
  - [Diploma of Specialization in Orthodontics](#)
  - [Grade 9.7/10](#)

**PARTICIPATION IN  
TRAININGS AND  
CONFERENCES**

- Thesis: Multidisciplinary treatment of young patients with oligodontia
5. Rome, 27 February 2017:
    - University of Rome " La Sapienza "
    - [PhD in: Malattie dello Scheletro e del Distretto Oro-Cranio-Facciale](#)
    - [Grade 110 e lode/ 110 e lode](#)
    - Supervisor- Prof. Gianluca Gambarini
    - Thesis: Morphological analyses and fracture resistance of endodontically treated teeth with different access cavity designs.
  6. Bari, expected Master Degree in December 2021:
    - University Aldo Moro in Bari, Italy
    - [International Second Level Master in Aesthetic Medicine in Medical Science: Advanced Oral and Implant Surgery, use of growth factors and medical biotechnology](#)
    - Started in November 2018
    - To receive degree in December 2021
  7. Tirane, December 2002 :
    - [First Certificate in English](#)
    - [Grade C ;](#)
  8. Tirane, 21/11/2005 :
    - [Certificato di conoscenza della Lingua Italiana Livello B2 CELI3](#)
    - [Grade A ;](#)
1. Tirana, 3-6 May 2012-17-th BASS Congress
  2. Rome, 1-3 June 2012- 16° Congresso Nazionale SIDOC
  3. Sardegna, 13/14 July 2012- Closed Meeting in Endodonzia:
    - Corso di aggiornamento: "Trucchi" e suggerimenti in endodonzia ortograde e chirurgica, Prof. Vinio Malagnino
  4. Rome, 21/22 September 2012:
    - Corso di aggiornamento: Restauri estetici adesivi anteriori e posteriori dalla preparazione alla cementazione, Prof. Pascal Magne
  5. Tirana, 13/14/15 December 2012:
    - Corso di aggiornamento: Ipnosi in odontoiatria, Dr. Francesco Rossani
  6. Tirana, 9/10/11 May 2013:
    - Corso di aggiornamento: Piezosurgery Essential course, Prof. Ugo Graziani e Dr. Rolando Ceccarelli
  7. Sardegna, 5/6 July 2013- Closed Meeting in Endodonzia:
    - Corso di aggiornamento: Rittrattamenti endodontici, Prof. Vincenzo Lamorgese
  8. Arce, 20/21 November 2013:
    - Corso di aggiornamento: Endodonzia chirurgica e apicectomia, Prof. Ugo Graziani
  9. Rome, 22-23 November 2013:
    - Corso di aggiornamento: Orthodontic Treatment Mechanics and the Pre-adjusted Appliance, Prof. Richard McLaughlin
  10. Rome, 14 June 2014:
    - Simposio- Lorenzo Vanini: "Odontoiatria adesiva, estetica e funzione: dalla clinica alla ricerca"
  11. Rome, Sapienza, 12 November 2015:
    - Seminar- Prof. Giorgio Cruccu: Organizzazione anatomico-funzionale ed esplorazione neurofisiologica del sistema trigeminale
  12. Rome, Sapienza, 18 December 2015:
    - Seminar- Prof. Mara Riminucci e Prof. Alessandro Corsi: Medicina rigenerativa e tessuto scheletrico: dal laboratorio alla clinica

13. Rome, 12-13 February 2016- Congresso SIDOC
14. Rome, 10-12 November 2016:
  - SIE International Congress, Saving Teeth: The Endo Challenge
15. Milan, 9-10 March 2018:
  - Seminar – Prof. William J Clark: Twin Block appliance
16. Rome, 14 June 2018:
  - Microsoft Developers Day