



Vincenzo La Regina

📄 Address

📄 Adresse-mail: _____

📄 Telephone number:

📄 Telephone number:

📄 Gender: Male Date of Birth:

Nationality: Italian

WORK EXPERIENCE

[from 05/10/2023 to today] **Health Director – ASL Roma 6**
Country: Italy

[28/04/2023 – 04/10/2023] **Extraordinary Commissioner - Renato Dulbecco University Hospital**
City: Catanzaro
Country: Italy

[19/05/2022 – 27/04/2023] **Extraordinary Commissioner - Mater Domini University Hospital Trust**
City: Catanzaro
Village: Italy

[08/01/2021 – 18/05/2022] **Extraordinary Commissioner - Provincial Health Authority of Cosenza**
City: Cosenza
Village: Italy

[01/02/2020 – 07/01/2021] **Director of the Lauria Health District**
ASP - Potenza Health Authority
City: Lauria
Village: Italy

[01/02/2016 – 01/02/2020] **Head of Departmental Operations Unit - Provincial Health Authority of Potenza**
ASP Potenza, Basilicata
Village: Italy

Main activities and responsibilities:

Head of the UOD Residential and Semi-residential Facilities for the Elderly and Disabled and Home Care. "Organization of Basic Health Services" Area. Equivalent to the Hospital Medical Directorate. The structure of the Unit includes:

- a) RSA R2 Maratea (14 beds);
- b) RSA R3 Maratea (16 beds);
- c) RSA R3 Chiaromonte (20 beds);
- d) Home Care Service – Lagonegro Area;

[01/01/2011 – 31/01/2016] **Head of the Simple Operating Unit - Provincial Health Authority of Potenza**
Village: Italy

Main activities and responsibilities:

Coordination of Residential and Semi-residential Facilities, Resolution No. 1317 of 12/31/2010 and Manager Home Care Unit – ADI Service, Resolution No. 624 of 11/08/2012

[01/01/2009 – 31/12/2010] **Head of Level 1 Health District - Provincial Health Authority of Potenza**

ASP - Potenza Health Authority

Village:Italy

[19/05/2005 – 31/12/2008] **Company Health Director - Lagonegro Local Health Authority, Potenza**

Local Health Authority No. 3 of Lagonegro (PZ)

City:Lagonegro

Village:Italy

[16/10/2000 – 19/05/2005] **Director of the Health District – Local Health Authority of Castrovillari, Cosenza**

City:Castrovillari

Village:Italy

Main activities and responsibilities:

Resolution No. 392 of 27-04-2000 with a five-year contract for Director of a complex structure

[08/07/1998 – 15/10/2000] **Health District Manager - Castrovillari Local Health Authority, Cosenza**

City:Castrovillari (CS)

Country: Italy

Main activities and responsibilities:

Resolution No. 714 of 08-07-1998

[1995 – 2000]

Epidemiological Investigation of Zoonotic Diseases

Village:Italy

Main activities and responsibilities:

Having obtained a degree in Medicine and Surgery and in Veterinary Medicine, he participated in Epidemiological Surveys of Zoonotic Diseases in the Epidemiology and Health Statistics sector of the Department of Prevention.

[01/06/1990 – 08/07/1998] **Collaborating Veterinarian for the “Food of Animal Origin Inspection Area”**

Main activities and responsibilities:

Permanent contract

[1986 – 1990]

Collaborating Veterinarian for the “Food of Animal Origin Inspection Area”

Village:Italy

Main activities and responsibilities:

Fixed-term contract

EDUCATION AND TRAINING

- [1977 – 1983] **Degree in Medicine and Veterinary Medicine**
University of Bologna <https://www.unibo.it/>
Address: Via Zamboni, 33, 40126, Bologna, Italy
- [1986 – 1988] **Annual advanced training course in "Health Law"**
University of Bologna <https://www.unibo.it/>
Address: Via Zamboni, 33, 40126, Bologna (BO), Italy
- [1989 – 1995] **Degree in Medicine and Surgery**
Sapienza University of Rome <https://www.uniroma1.it/>
Address: Viale del Policlinico, 155, 00161, Rome, Italy
- [1996] **Course "Introduction to the Principles and Methods of Epidemiology"**
Medical Association of Cosenza <https://www.ordinemedici.cosenza.it/nuovo/index.asp>
Address: Via Suor Elena Aiello (Lucchetta Palace), 87100, Cosenza (CS), Italy
- [1998 – 1999] **Certificate of Specialization in "General Management in Healthcare"**
Bocconi University
Address: Via Roberto Sarfatti, 25, 20100, Milan, Italy
- [1999 – 2000] **"District Manager" training course**
Calabria Region <https://portale.regione.calabria.it/website/>
Address: Viale Europa, Località Germaneto, 88100, Catanzaro (CZ), Italy
- [2000] **Advanced Course in "General Management in Healthcare"**
Bocconi University
Address: Via Roberto Sarfatti, 25, 20100, Milan, Italy
- [02/2001 – 04/2001] **Executive Master in Management for Healthcare Companies**
Bocconi University <https://www.unibocconi.it/>
Address: Via Roberto Sarfatti, 25, 20100, Milan, Italy
- [2001 – 2002] **Specialization Diploma in "Hygiene and Preventive Medicine"**
Catholic University of the Sacred Heart <https://roma.unicatt.it/>
Address: Largo Francesco Vito, 1, 00168, Rome, Italy
- [2006] **Management Training Certificate for "Healthcare Managers with responsibility for Corporate Health Management and Complex Structure Managers"**
Catholic University of the Sacred Heart of Rome and the Basilicata Region <https://roma.unicatt.it/>
Address: Largo Francesco Vito, 1, 00168, Rome, Italy
- [2018] **Management Training Course "Leadership and Management in Healthcare" 50 hours**
Carlo Cattaneo University LIUC and the Lombardy Region <https://www.liuc.it/>
Address: Corso G. Matteotti, 20, 21053, Castellanza (VA), Italy
- [2018 – 2019] **Advanced Training Course in "Organization and Management of Healthcare Companies"**
Magna Graecia University of Catanzaro <https://web.unicz.it/it/>
Address: Viale Europa, 88100, Catanzaro, Italy

LANGUAGE SKILLS

Native language:Italian
Other languages:French
I LISTEN B2 **READING** B2 **WRITING** B1
ORAL PRODUCTION B1 **ORAL INTERACTION** B1

DIGITAL SKILLS

Good command of mailing and Word programs | Good internet navigation skills.

SPEAKER

- [28/04/2001] **Speaker at the 1st interdisciplinary meeting between internists, cardiologists, and family doctors.** Castrovillari (CS)
- [06/09/2001] **Speaker at the conference "Thermal Medicine in the Third Millennium"** —Spezzano (CS)
- [25-26/06/2001] **Speaker at the National Congress "Districts and Enhancement of Primary Care -Rome (RM)"**"Developing Districts in the Regions. Evaluation and Proposals"
- [28-30/06/2001] **Speaker on: "Current Status and Prospects of Medical Oncology in Calabria"**Castrovillari (CS) [
- 18/12/2003] **Speaker on: Administrative Management of the District** -Jerseys (LE)
- [16-18/10/2003] **Speaker on: "The District: Comparing Experiences. A Place for Expressing Needs and Educating on Demand"**
Lamezia Terme (CZ)
- [16 – 18/10/2003] **Speaker at the 2nd National Congress "District and Intermediate Care"** -Riccione (RN)
- [10/05/2018] **Speaker on: "The Bullying Phenomenon"** -Castrovillari (CS)
- [08 – 09/06/2012] **Speaker on: "Non-oncological palliative care"** -Venosa (PZ) [
- 06/23/2012] **Speaker on: "Cough and Respiratory Symptoms"** -Chiaromonte (PZ)
- [09 – 10/11/2012] **Speaker on: "Alcohol Days"** -Maratea (PZ)
- [05/12/2012] **Speaker on: "Families Without Borders"** -Chiaromonte (PZ)
- [10/13/2018] **Speaker on: "Lifestyle: Organizing Change"**Latronico (PZ)
- [29/05/2001] **Speaker on "Privacy Regulations in Healthcare Companies"** -Castrovillari (CS)

- [28 – 29/06/2001] **1st Regional Seminar on "Socio-Health Districts" -Bari (BA)**
- [19 – 20/04/2002] **"The Appropriateness of Hospitalizations — PRUO" -Castrovillari (CS)**
- [04/06/2003] **"Analysis of the strategic scenario for managing demand in healthcare organizations" Rende (CS) [**
- 01/07/2003] **"Management Tools for General Practitioners" -Rende (CS)**
- [18 – 20/11/2004] **"The District between government and governance" 3rd National Congress -Bari (BA)**
- [28/11/2007] **Regional Programming Conference "Disorders of the Food Sector" -Perugia (PG)**
- [02/02/2008] **"Health and Healthcare. A New Southern Issue?" Naples (NA)**
- [05/30/2008] **"Smoking and the National Health Service" -Rome**
- [28/06/2008] **"Health budget or budgetary health?" Rome A.**
- [06/06/2008] **"Promoting Well-Being and Health in the Local Community" -Moncalieri (TO)**
- [01/03/2013] **"Elderly people at high risk of functional decline" -Rome**
- [05/10/2013] **"Home Care and Districts" - Roma**
- [20/12/2013] **"Depression and compliance with therapy" -Rome**
- [21/12/2013] **"Microsoft Office" from 3/10/2013 to 03/10/2014 -Caltanissetta (CL)**
- [09/05/2014] **"Management of chronic obstructive pulmonary disease" from January 15, 2014 to December 31, 2014 -Rome**
- [12/07/2014] **"Antithrombotic treatment and territory" from 05/31/2014 to 04/31/2015 -Rome**
- [05/05/2015] **"Approach to Rare Diseases" from 01/10/2014 to 30/09/2015 -Rome**
- [28–30/05/2015] **"Terra National Conference on Home Care -Bologna (BO)**
- [15/07/2015] **"Environmental safety and/or related pathologies" -Rome**
- [22/12/2015] **"Pleuropulmonary Pathology" -Turin (TO)**
- [21/12/2018] **"Health Law and Management" -Pescara (PE)**
- [14/01/2019] **"Pediatric Palliative Care" -Lauria (PZ)**

TEACHINGS

- [2016] **Teaching infectious diseases**
Professor at the University of Foggia, Department of Medical and Surgical Sciences,
(Departmental Resolution No. 799 of 27/10/2016) (10:00 a.m.)
- [2017] **Teaching infectious diseases**
Faculty of Nursing Sciences (10 am)
- [2020 – 2021] **Degree Course: Prevention Techniques in the Environment and Workplace - Sacred Heart, Gemelli, Rome**
Course “Healthcare Organization” (1 pm) – Faculty of Prevention Technicians.
- [2021 – 2022] **Degree Course: Prevention Techniques in the Environment and Workplace - Sacred Heart, Gemelli, Rome**
Course “Healthcare Organization” (1 pm) – Faculty of Prevention Technicians.
- [2022 – 2023] **Degree Course: Prevention Techniques in the Environment and Workplace - Sacred Heart, Gemelli, Rome**
Course “Healthcare Organization” (1 pm) – Faculty of Prevention Technicians.
- [2023 – 2024] **Degree Course: Prevention Techniques in the Environment and Workplace - Sacred Heart, Gemelli, Rome**
Course “Healthcare Organization” (1 pm) – Faculty of Prevention Technicians.
- [2025 – 2026] **Degree Course in Medicine and Surgery - UniCamillus, Rome**
“General Hygiene” course (8pm).

COMMUNICATION AND INTERPERSONAL SKILLS.

Social skills and competences

- Team spirit;
- Good listening skills
- Good communication skills, gained through my experience as a speaker

ORGANIZATIONAL SKILLS

Organizational skills and abilities

- Leadership;
- Good problem-solving skills
- Good aptitude for project or group management

PUBLICATIONS

Leadership between science and ethics

<https://www.armandoeditore.it/catalogo/la-leadership-tra-scienza-ed-etica/>

Reference: COD: 9788869923296

The NeuroLeadership Notebooks are part of a long-term editorial project with the aim of disseminating the studies and research carried out by Innell - National Institute of Neuroleadership - and to share the contributions of scientists, scholars and experts in the disciplinary sectors that relate to the areas of interest of the Institute: Neuroscience, Medicine, Psychology, Philosophy, Anthropology, Business Organization, Law, Complex Systems Theory, Network Theory, Social Physics.

Regional List of Health Directors and National Register of General Directors

The undersigned is registered in the regional list of Company Health Directors of the SSR of the following Regions:

- Basilicata
- Lazio
- Umbria

He is included in the National Register of General Directors.

DRIVING LICENSE

Car: B

I authorize the processing of my personal data contained in my CV pursuant to Article 13 of Legislative Decree No. 196 of June 30, 2003 - "Personal Data Protection Code" and Article 13 of GDPR 679/16 - "European General Data Protection Regulation" and subsequent amendments and/or additions.

Albano Laziale 22/09/2025

