CURRICULUM VITAE

Alessandro Rodolico

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Associate Professor of Psychiatry
UniCamillus – Saint Camillus International University of Health Sciences
Departmental Faculty of Medicine

ACADEMIC QUALIFICATIONS

2025	**Italian National Scientific Qualification** Qualification for appointment as an Associate Professor Recruitment Sector 06/D5 – PSYCHIATRY *(valid until 10 March 2037)*

EDUCATION

2020–2024	**PhD in Neuroscience** University of Catania Supervisor: Prof. Maria Salvina Signorelli
2019–2023	**Specialisation in Psychotherapy (Transactional Analysis)** PerFormat School of Psychotherapy, Catania
2016–2020	**Specialisation in Psychiatry** University of Catania
2015	**Registration with the Medical Council** Registration no. CT15154, Catania
2008–2015	**Degree in Medicine and Surgery** University of Catania

INTERNATIONAL EXPERIENCE

2019–2020	**Visiting Research Scholar** Dept. of Psychiatry and Psychotherapy, TU-München Munich, Germany
2012	**Internship in Neurophysiology** Maastricht University, the Netherlands

PROFESSIONAL EXPERIENCE

2026–Present	**Associate Professor of Psychiatry** Departmental Faculty of Medicine, UniCamillus – Saint Camillus International University of Health Sciences, Rome
2023–2026	**Research Assistant (Wissenschaftlicher Mitarbeiter)** Technical University of Munich, Munich, Germany
2023	**Psychiatrist (private practice)** – outpatient clinic and Oasi Regina Pacis Therapeutic Community
2022–2023	**Consultant Psychiatrist** University Hospital Policlinico "G. Rodolico-San Marco", Catania
2022–2023	**Director of two specialist clinics** Pharmacovigilance and Drug Side Effect Screening Clinic; Psychopathological Assessment Clinic for Bariatric Surgery Candidates Complex Unit of Psychiatry, University Hospital Policlinic “G. Rodolico–San Marco”, Catania; *2022 – 2023*
2023	**Research Fellow – VESPA Study (AIFA)** Vortioxetine Elderly Safety and Pharmacology – AIFA multicentre clinical trial *2023*
2016–2020	**Clinical Trial Sub Investigator** SUSTAIN-1 (Janssen; esketamine; 2016–2017) RELIEVE (Lundbeck; 2018–2020)

LANGUAGES

Italian	Native speaker

English	First Certificate Cambridge (B2) *Daily working language: coordination of international teams, scientific publishing, and supervision (TUM Munich)*

CONTINUING PROFESSIONAL DEVELOPMENT

2020	**Advanced Methods in (Network) Meta-Analysis** Institute of Social and Preventive Medicine (ISPM), University of Bern, Switzerland
2017	**Computational Psychiatry Course** University of Zurich, Switzerland
2016	**Postgraduate Course in Systematic Reviews and Meta-Analysis** University of Verona

DIGITAL SKILLS

Web development & scripting	HTML/CSS/React · Node.js · Python · R/RStudio *ebmpp.org/tools/sdma-app | illuminatum.com (co-developed platforms)*
Systems & Office	macOS · Windows · Microsoft Office (advanced)
AI & evidence synthesis	Generative AI tools for systematic synthesis of scientific evidence

RESEARCH SKILLS

Statistical Methods	Biostatistica · Network meta-analysis (NMA) · GRADE · R/RStudio · SPSS
Evidence Synthesis	Systematic reviews · meta-analyses · living systematic reviews *Automated screening with LLMs*
Clinical Tools	Patient-reported outcomes (STEP-SE) · Clinical decision aids (SDMA)

PUBLICATIONS

International journals – first, co-first and last authorship (26)

- Aprile, S.F., **Rodolico, A.***, Munafò, A., Bighelli, I., Caraci, F., & Leucht, S. (2026). Dose reduction and discontinuation of antipsychotics in psychotic disorders: a systematic review of qualitative studies and meta-synthesis. Schizophrenia, 12(1), 37. doi: 10.1038/s41537-026-00747-w
- Aprile, S.F., **Rodolico, A.***, Basic, D., Böge, K., Bühner, M., Correll, C.U., Cutuli, C., Falkai, P., Gründer, G., Hasan, A., Lanzafame, S., Priller, J., Schmitz, C.N., Signorelli, M.S., Bighelli, I., Caraci, F., & Leucht, S. (2026). Reconceptualizing Schizophrenia through a Patient-Oriented Perspective: a Systematic Review and Qualitative Meta-Synthesis. Schizophrenia Bulletin, 52(5), sbag122. doi: 10.1093/schbul/sbag122
- Leucht, S., Hiller, S., Priller, J., Böge, K., Seidel, M., & **Rodolico, A.** (2026). Experience-based medicine: a new paradigm. European Archives of Psychiatry and Clinical Neuroscience, 276(5), 2009-2011. doi: 10.1007/s00406-026-02321-y [Editorial; last author]
- Aprile, S.F., **Rodolico, A.**, Di Francesco, A., Cutrufelli, P., Bighelli, I., Castellano, S., Signorelli, M.S., Leucht, S., & Caraci, F. (2025). Exploring weight gain and body image in schizophrenia spectrum disorders: A systematic review of qualitative studies. Schizophrenia Research, 281, 177–179. doi: 10.1016/j.schres.2025.05.008
- Aprile, S.F., **Rodolico, A.***, Castellano, S., Cutrufelli, P., Di Francesco, A., Leucht, S., Caraci, F., Fiorillo, A., & Signorelli, M.S. (2025). Quality of life, disability and antipsychotics-related side effects in schizophrenia spectrum and bipolar disorder: the role of patient-reported outcome measures. European Archives of Psychiatry and Clinical Neuroscience. doi: 10.1007/s00406-025-02169-8 (Fiorillo A. and Signorelli M.S. are joint senior authors)
- Leucht, S., & **Rodolico, A.** (2025). Empowering clinicians and patients in antipsychotic dose reduction: the role of online tools. Schizophrenia, 11, 153. doi: 10.1038/s41537-025-00699-7
- **Rodolico, A.**, Cutrufelli, P., Maccarone, G., Avincola, G., Concerto, C., Cunsolo, A.L., Di Francesco, A., Furnari, R., Mineo, L., Salerno, F., Scuto, V., Tona, I., Petralia, A., & Signorelli, M.S. (2024). Exploring patient empowerment in major depressive disorder: Correlations of trust, active role in shared decision-making, and symptomatology in a sample of Italian patients. Journal of Clinical Medicine, 13(20), 6282. doi: 10.3390/jcm13206282
- **Rodolico, A.***, Aprile, S.F., Cutrufelli, P., Privitera, G., Castellano, S., Concerto, C., Furnari, R., Guerrera, C.S., Mineo, L., Platania, G.A., Petralia, A., Caraci, F., & Signorelli, M.S. (2024). Disability and Adverse Effects of Oral Versus Long-Acting Injectable Antipsychotics in Schizophrenia-Spectrum and Bipolar Disorder: A Comparison Based on Data-Driven Taxonomy. Clinical Drug Investigation, 44(9), 715–727. doi: 10.1007/s40261-024-01391-x
- **Rodolico, A.**, Di Francesco, A., Cutrufelli, P., Bighelli, I., Caponnetto, P., Concerto, C., Conti, D., Furnari, R., Leotta, G., Mineo, L., Messina, A., Müller, K., Petralia, A., Quattropani, M.C., Siafis, S., Leucht, S., & Signorelli, M.S. (2024). Developing STEP-SE: A qualitative usability study of a novel patient-reported outcomes tool for managing side effects in shared decision-making in schizophrenia spectrum disorder care. Health Expectations, in press, e70019. doi: 10.1111/hex.70019

- **Rodolico, A.**, La Rosa, V.L., Romaniello, C., Concerto, C., Meo, V., Saitta, G., Sturiale, S., Signorelli, M.S., Wang, R., Solhkhah, R., Phalen, C., Kelson, M., Eugenio, A., Terlecky, S.R., Thomas, F.P., & Battaglia, F. (2024). Personality dimensions, depression, and eating behavior in individuals seeking bariatric surgery: a cluster analysis. Frontiers in Nutrition, 11, 1429906. doi: 10.3389/fnut.2024.1429906
- Aprile, S.F., Cutrufelli, P., **Rodolico, A.***, Castellano, S., Concerto, C., Furnari, R., Guerrera, C.S., Mineo, L., Petralia, A., Signorelli, M.S., & Caraci, F. (2024). Drug adherence correlates with attitude towards medication during treatment with antidepressant drugs: A cross-sectional study. Life Span and Disability, 27(1), 95–120. doi: 10.57643/lsadj.2024.27.1_05
- **Rodolico, A.**, Cutrufelli, P., Di Francesco, A., Aguglia, A., Catania, G., Concerto, C., Cuomo, A., Fagiolini, A., Lanza, G., Mineo, L., Natale, A., Rapisarda, L., Petralia, A., Signorelli, M.S., & Aguglia, E. (2024). Efficacy and safety of ketamine and esketamine for unipolar and bipolar depression: An overview of systematic reviews with meta-analysis. Frontiers in Psychiatry, 15, 1325399. doi: 10.3389/fpsyt.2024.1325399
- Concerto, C., Lanza, G., & **Rodolico, A.** (2024). The fascinating link between psychedelics and neuroplasticity. Journal of Integrative Neuroscience, 23(9), 177. doi: 10.31083/j.jin2309177 [Contribution by A.R.: Formal analysis, Writing – review & editing] [Last author]
- **Rodolico, A.**, Cutrufelli, P., Brondino, N., Caponnetto, P., Catania, G., Concerto, C., Fusar-Poli, L., Mineo, L., Sturiale, S., Signorelli, M.S., & Petralia, A. (2023). Mental Pain Correlates with Mind Wandering, Self-Reflection, and Insight in Individuals with Psychotic Disorders: A Cross-Sectional Study. Brain Sciences, 13(11), 1557. doi: 10.3390/brainsci13111557
- Concerto, C., **Rodolico, A.***, Mineo, L., Ciancio, A., Marano, L., Romano, C.B., Scavo, E.V., Spigarelli, R., Fusar-Poli, L., Furnari, R., Petralia, A., & Signorelli, M.S. (2023). Exploring Personal Recovery in Schizophrenia: The Role of Mentalization. Journal of Clinical Medicine, 12(12), 4090. doi: 10.3390/jcm12124090
- Concerto, C., **Rodolico, A.***, La Rosa, V.L., Aiello, B., Martinez, M., Stuto, S., Infortuna, C., Fusar-Poli, L., Signorelli, M.S., Commodari, E., Battaglia, F., & Aguglia, E. (2022). Flourishing or Languishing? Predictors of Positive Mental Health in Medical Students during the COVID-19 Pandemic. International Journal of Environmental Research and Public Health, 19(23), 15814. doi: 10.3390/ijerph192315814
- **Rodolico, A.**, Siafis, S., Bighelli, I., Samara, M.T., Hansen, W.-P., Salomone, S., Aguglia, E., Cutrufelli, P., Bauer, I., Baeckers, L., & Leucht, S. (2022). Antipsychotic dose reduction compared to dose continuation for people with schizophrenia. Cochrane Database of Systematic Reviews, 11(11), CD014384. doi: 10.1002/14651858.CD014384.pub2
- Bighelli, I., **Rodolico, A.***, Siafis, S., Samara, M.T., Hansen, W.-P., Salomone, S., Aguglia, E., Cutrufelli, P., Bauer, I., Baeckers, L., & Leucht, S. (2022). Antipsychotic polypharmacy reduction versus polypharmacy continuation for people with schizophrenia. Cochrane Database of Systematic Reviews, 8(8), CD014383. doi: 10.1002/14651858.CD014383.pub2
- Concerto, C., **Rodolico, A.***, Meo, V., Chiappetta, D., Bonelli, M., Mineo, L., Saitta, G., Stuto, S., Signorelli, M.S., Petralia, A., Lanza, G., & Aguglia, E. (2022). A Systematic Review on the Effect of Nutraceuticals on Antidepressant-Induced Sexual Dysfunctions. Current Issues in Molecular Biology, 44(8), 3335–3350. doi: 10.3390/cimb44080230
- **Rodolico, A.**, Concerto, C., Ciancio, A., Siafis, S., Fusar-poli, L., Romano, C.B., Scavo, E.V., Petralia, A., Salomone, S., Signorelli, M.S., Leucht, S., & Aguglia, E. (2022). Validation of the Glasgow Antipsychotic Side-Effect Scale (GASS) in an Italian Sample of Patients with Stable Schizophrenia and Bipolar Spectrum Disorders. Brain Sciences, 12(7), 891. doi: 10.3390/brainsci12070891
- Concerto, C., **Rodolico, A.***, Sturiale, S., Caligiore, G., Signorelli, M.S., Petralia, A., Battaglia, F., & Aguglia, E. (2022). Prevalence and Factors Associated With PTSD-Like Symptoms Linked to the COVID-19 Pandemic Among Patients With Major Depressive Disorders Seeking Emergency Care. Journal of Nervous and Mental Disease, 210(4), 246–248. doi: 10.1097/NMD.0000000000001468
- **Rodolico, A.***, Bighelli, I., Avanzato, C., Concerto, C., Cutrufelli, P., Mineo, L., Schneider-Thoma, J., Siafis, S., Signorelli, M.S., Wu, H., Wang, D., Furukawa, T.A., Pitschel-Walz, G., Aguglia, E., & Leucht, S. (2022). Family interventions for relapse prevention in schizophrenia: a systematic review and network meta-analysis. Lancet Psychiatry, 9(3), 211–221. doi: 10.1016/S2215-0366(21)00437-5
- Mineo, L., **Rodolico, A.***, Spedicato, G.A., Aguglia, A., Bolognesi, S., Concerto, C., Cuomo, A., Goracci, A., Serafini, G., Maina, G., Fagiolini, A., Amore, M., & Aguglia, E. (2022). Which mixed depression model? A comparison between DSM-5-defined mixed features and Koukopoulos' criteria. Bipolar Disorders, 24, 530–538. doi: 10.1111/bdi.13166
- Concerto, C., **Rodolico, A.***, Avanzato, C., Fusar-Poli, L., Signorelli, M.S., Battaglia, F., & Aguglia, E. (2021). Autistic Traits and Attention-Deficit Hyperactivity Disorder Symptoms Predict the Severity of Internet Gaming Disorder in an Italian Adult Population. Brain Sciences, 11(6), 774. doi: 10.3390/brainsci11060774
- Fusar-Poli, L., **Rodolico, A.***, Sturiale, S., Carotenuto, B., Natale, A., Arillotta, D., Siafis, S., Signorelli, M.S., & Aguglia, E. (2021). Second-to-Fourth Digit Ratio (2D:4D) in Psychiatric Disorders: A Systematic Review of Case-control Studies. Clinical Psychopharmacology and Neuroscience, 19(1), 26–45. doi: 10.9758/CPN.2021.19.1.26
- **Rodolico, A.**, Vaccino, N., Riso, M.C., Concerto, C., Aguglia, E., & Signorelli, M.S. (2020). Prevalence of Post-Traumatic Stress Disorder Among Asylum Seekers in Italy: A Population-Based Survey in Sicily. Journal of Immigrant and Minority Health, 22(3), 634–638. doi: 10.1007/s10903-019-00948-9

International journals – co-authorship (64)

- d'Andrea, G., […], REMEDY-MDD Study Group (2026). Real-world effectiveness and tolerability of desvenlafaxine in major depressive disorder: A multicentre prospective Italian national-cohort study. Psychiatry Research, 366, 117419. doi: 10.1016/j.psychres.2026.117419 [Study-group collaborator: **Rodolico, A.**]

- Bartoli, F., […], **Rodolico, A.**, […], Fiorillo, A. (2026). Predicting early psychiatric readmission among people with major depressive disorder: A machine learning analysis from the prospective multicentre DEEP READ study. Journal of Affective Disorders, 415, 122502. doi: 10.1016/j.jad.2026.122502
- Schneider-Thoma, J., […], **Rodolico, A.**, […], Leucht, S. (2026). Comparative efficacy and tolerability of antidopaminergic and muscarinic antipsychotics for acute schizophrenia: a network meta-analysis of randomised controlled trials indexed in international English and Chinese databases. The Lancet, 407(10531), 876-891. doi: 10.1016/S0140-6736(25)02365-7
- Furukawa, Y., Lin, X., **Rodolico, A.**, Tian, J., Wu, H., Schneider-Thoma, J., Priller, J., Davis, J.M., Leucht, S., & Siafis, S. (2026). Antipsychotic dose and efficacy for acute schizophrenia spectrum disorders: an updated systematic review and dose-response meta-analysis. eClinicalMedicine, 94, 103847. doi: 10.1016/j.eclinm.2026.103847
- Di Francesco, A., Munafò, A., Catania, G., Aprile, S.F., Canonico, S., Concerto, C., **Rodolico, A.**, Signorelli, M.S., Leucht, S., & Caraci, F. (2026). Efficacy and tolerability of nutraceuticals and phytotherapics for antipsychotic-induced weight gain in schizophrenia spectrum disorders: Systematic review and meta-analysis. Pharmacopsychiatry. doi: 10.1055/a-2869-0635
- Gabbiadini, A., Avincola, G., Fichera, C., Maccarone, G., Mineo, L., **Rodolico, A.**, Bondi, E., & Signorelli, M.S. (2026). Emotion Dysregulation and Mentalization in Adult Attention-Deficit/Hyperactivity Disorder. Brain Sciences, 16(7), 679. doi: 10.3390/brainsci16070679
- Di Lorenzo, G., Melluso, M., **Rodolico, A.**, Amodio, E., & Seidita, A. (2026). Comparative Efficacy of Subcutaneous and Sublingual Allergen Immunotherapy for Grass Pollen–Induced Allergic Rhinoconjunctivitis: Pairwise and Adjusted Indirect Treatment Comparison of Standardized ALK Products. Journal of Allergy and Clinical Immunology: In Practice, 14(8), 1881-1892.e4. doi: 10.1016/j.jaip.2026.06.013
- Di Francesco, A., Cutrufelli, P., Chiarenza, C., Zambuto, L., Concerto, C., Mineo, L., Petralia, A., Catalfo, M., **Rodolico, A.**, Samara, M., Leucht, S., Caraci, F., & Signorelli, M.S. (2026). Cannabidiol for the treatment of positive and negative symptoms in schizophrenia spectrum disorders: a systematic review and meta-analysis. European Archives of Psychiatry and Clinical Neuroscience, 276(6), 2789-2798. doi: 10.1007/s00406-026-02249-3
- Aprile, S.F., Avanzato, C., Alù, F., Concerto, C., Cutrufelli, P., Mineo, L., Privitera, G., Petralia, A., **Rodolico, A.**, Caraci, F., & Signorelli, M.S. (2026). The Role of Emotion Dysregulation, Impulsiveness and Rumination in Psychopathology: Evidence from an Italian Sample of Adolescents and Young Adults. Brain Sciences, 16(6), 620. doi: 10.3390/brainsci16060620
- Dong, Y., Wang, J., Guan, S., Zhu, Y., Qin, M., **Rodolico, A.**, Siafis, S., Bighelli, I., Davis, J.M., Priller, J., Leucht, S., Li, C., & Schneider-Thoma, J. (2026). Quality evaluation of randomized controlled trials of antipsychotic drugs for schizophrenia published in Chinese journals. Schizophrenia Research, 296, 43-53. doi: 10.1016/j.schres.2026.06.022
- Leucht, S., König, B., di Francesco, A., **Rodolico, A.**, Priller, J., Böge, K., Strube, W., Gensichen, J., Bechmann, P., ElDeeb, A., Hasan, A., Moritz, S., Jäger, M., Leucht, C., van Os, J., & Davis, J.M. (2025). Enhancing mental health care: A problem, resources and goals oriented multidimensional framework (PRoGO). European Archives of Psychiatry and Clinical Neuroscience. doi: 10.1007/s00406-025-02045-5
- White, I., Luca, A., Luca, M., Bartova, L., Kasper, S., Zohar, J., Souery, D., Montgomery, S., Ferentinos, P., Rujescu, D., Mendlewicz, J., Zanardi, R., Ferri, R., Lanza, G., **Rodolico, A.**, Signorelli, M., & Serretti, A. (2025). The impact of depression on functioning: Relation to medication response and other predictors. Psychiatry Research, 351, 116599. doi: 10.1016/j.psychres.2025.116599
- Homiar, A., […], **Rodolico, A.**, […], Cipriani, A. (2025). Development and evaluation of prompts for a large language model to screen titles and abstracts in a living systematic review. BMJ Mental Health, 28, e301762. doi: 10.1136/bmjment-2025-301762
- Concerto, C., Bella, F., Chiarenza, C., White, I., Micieli, R., Madonia, S., Lanzafame, S., Spigarelli, R., Pagano, V., Cutuli, C., Brogna, F., Caponnetto, P., **Rodolico, A.**, Signorelli, M.S., & Petralia, A. (2025). High-frequency rTMS as a first-line treatment for gambling disorder – A case report. Addictive Behaviors Reports, 21, 100627. doi: 10.1016/j.abrep.2025.100627
- Kataoka, Y., Takayama, T., Yoshimura, K., So, R., Tsujimoto, Y., Yamagishi, Y., Takagi, S., Furukawa, Y., Sakata, M., Bašić, B., Cipriani, A., Cuijpers, P., Karyotaki, E., Harrer, M., Leucht, S., Homiar, A., Ostinelli, E.G., Miguel, C., **Rodolico, A.**, & Furukawa, T.A. (2025). Automating the data extraction process for systematic reviews using GPT-4o and o3. Research Synthesis Methods. doi: 10.1017/rsm.2025.10030
- Bartoli, F., […], **Rodolico, A.**, […], Carrà, G. (2025). Efficacy and Tolerability of Vortioxetine vs SSRIs for Late-Life Depression: VESPA Post-hoc. Drugs and Aging, 42, 771–780. doi: 10.1007/s40266-025-01231-3
- Concerto, C., Bella, F., Chiarenza, C., **Rodolico, A.**, Di Francesco, A., Ciancio, A., Lanzafame, S., Spigarelli, R., Mineo, L., Petralia, A., Ferri, R., Libra, M., Bella, R., Pennisi, M., Lanza, G., & Signorelli, M.S. (2025). Add-On tDCS in MDD with Residual Symptoms: RCT Protocol. Methods and Protocols, 8(5), 117. doi: 10.3390/mps8050117
- Aprile, S.F., **Rodolico, A.**, Di Francesco, A., Varrasi, S., Bighelli, I., Castellano, S., Signorelli, M.S., Leucht, S., & Caraci, F. (2025). Oral versus long-acting injectable antipsychotics in schizophrenia spectrum disorders: A systematic review of patients' subjective experiences. Psychiatry Research, 348, 116460. doi: 10.1016/j.psychres.2025.116460
- Grasso, G., Petralia, T., Torregrossa, F., Basile, L., Cusumano, L., **Rodolico, A.**, & Iacopino, D. (2025). Intraoperative neurophysiological monitoring and patient-related outcomes in thoracic spinal meningiomas surgery. European Spine Journal. doi: 10.1007/s00586-025-09064-9
- Fisicaro, F., Lanza, G., Concerto, C., **Rodolico, A.**, Di Napoli, M., Mansueto, G., Cortese, K., Mogavero, M.P., Ferri, R., Bella, R., & Pennisi, M. (2024). COVID-19 and Mental Health: A "Pandemic Within a Pandemic". Advances in Experimental Medicine and Biology, 1458, 1–18. doi: 10.1007/978-3-031-61943-4_1

- Messina, A., Bella, F., Maccarone, G., **Rodolico, A.**, & Signorelli, M.S. (2024). Neutrophil-Lymphocyte Ratio Values in Schizophrenia: A Comparison between Oral and Long-Acting Antipsychotic Therapies. Brain Sciences, 14(6), 602. doi: 10.3390/brainsci14060602
- Pennisi, M., Cantone, M., Cappellani, F., Concerto, C., Ferri, R., Godos, J., Grosso, G., Lanza, G., **Rodolico, A.**, Torrisi, G., Al-Qahtani, W.H., Fisicaro, F., & Bella, R. (2024). Combined Effect of Red Wine and Mocha Pot Coffee in Mild Vascular Cognitive Impairment. Experimental Gerontology, 194, 112498. doi: 10.1016/j.exger.2024.112498
- Salanti, G., […], **Rodolico, A.**, […], Wang, D. (2024). Changes in the prevalence of mental health problems during the first year of the pandemic: a systematic review and dose-response meta-analysis. BMJ Mental Health, 27(1), e301018. doi: 10.1136/bmjment-2024-301018
- Lanza, G., Salemi, M., Mogavero, M.P., Catania, V., Galeano, A., Garifoli, A., Lanuzza, B., Morreale, M., Tripodi, M., Cantone, M., Cappellani, F., Concerto, C., **Rodolico, A.**, Pennisi, M., Bella, R., & Ferri, R. (2024). Targeting the adenosinergic system in restless legs syndrome: A pilot TMS-based protocol. PLoS One, 19(5), e0302829. doi: 10.1371/journal.pone.0302829
- Ostuzzi, G., […], **Rodolico, A.**, […], Zerbinati, L. (2024). Tolerability of vortioxetine compared to SSRIs in older adults with MDD (VESPA). EClinicalMedicine, 69, 102491. doi: 10.1016/j.eclinm.2024.102491
- Carmassi, C., […], **Rodolico, A.**, Fiorillo, A. (2024). Longitudinal trajectories of anxiety and depression after one year in the COVID-19 pandemic. Psychiatry Research, 334, 115680. doi: 10.1016/j.psychres.2023.115680
- Cuocina, M., Aiello, G., Cutrufelli, P., Rampello, M., Rapisarda, L., **Rodolico, A.**, Cantarella, G., Signorelli, M.S., & Bernardini, R. (2024). Effect of N-acetylcysteine on craving in substance use disorders: a meta-analysis of RCTs. Frontiers in Pharmacology, 15, 1462612. doi: 10.3389/fphar.2024.1462612
- Leucht, S., Siafis, S., **Rodolico, A.**, Peter, N.L., Müller, K., Waibel, J., Strube, W., Hasan, A., Bauer, I., Brieger, P., Davis, J.M., & Hamann, J. (2023). Shared Decision Making Assistant (SDMA) and other digital tools for choosing antipsychotics in schizophrenia treatment. European Archives of Psychiatry and Clinical Neuroscience, 273(8), 1629–1631. doi: 10.1007/s00406-023-01712-9
- Antonucci, L.A., […], **Rodolico, A.**, […], Montemagni, C. (2023). Clinical and psychological factors associated with resilience in patients with schizophrenia. Psychological Medicine, 53(12), 5717–5728. doi: 10.1017/S003329172200294X
- Fusar-Poli, L., **Rodolico, A.**, Martinez, M., Fichera, C., Lin, B.D., Basadonne, I., Concerto, C., Aguglia, E., Guloksuz, S., & Signorelli, M.S. (2023). The association between polygenic risk scores for mental disorders and social cognition: A scoping review. Journal of Psychiatric Research, 164, 389–401. doi: 10.1016/j.jpsychires.2023.06.029
- Ciancio, A., Moretti, M.C., Natale, A., **Rodolico, A.**, Signorelli, M.S., Petralia, A., Altamura, M., Bellomo, A., Zanghì, A., D'Amico, E., Avolio, C., & Concerto, C. (2023). Personality Traits and Fatigue in Multiple Sclerosis: A Narrative Review. Journal of Clinical Medicine, 12(13), 4518. doi: 10.3390/jcm12134518
- Messina, A., Concerto, C., **Rodolico, A.**, Petralia, A., Caraci, F., & Signorelli, M.S. (2023). Is It Time for a Paradigm Shift in the Treatment of Schizophrenia?. Brain Sciences, 13(6), 957. doi: 10.3390/brainsci13060957
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- Aguglia, A., Mineo, L., **Rodolico, A.**, Signorelli, M.S., & Aguglia, E. (2018). Asenapine in the management of impulsivity and aggressiveness in bipolar disorder and comorbid borderline personality disorder. International Clinical Psychopharmacology, 33(3), 121–130. doi: 10.1097/YIC.0000000000000206
- Vitale, S.G., La Rosa, V.L., Petrosino, B., **Rodolico, A.**, Mineo, L., & Laganà, A.S. (2017). The Impact of Lifestyle, Diet, and Psychological Stress on Female Fertility. Oman Medical Journal, 32(5), 443–444. doi: 10.5001/omj.2017.85

Book Chapters

- Fusar-Poli, L., Concerto, C., **Rodolico, A.**, Aguglia, E. (2023). Review and Case Study: Aggressive and Self-Injurious Behaviors in a Woman Who Received a Diagnosis of Autism in Adulthood. In: Handbook of Anger, Aggression, and Violence. Springer. doi: 10.1007/978-3-031-31547-3_161
- **Rodolico, A.**, Mineo, L. (2019). Distinguishing Cardiac from Psychological Somatic Symptoms. In: Govoni S., Politi P., Vanoli E. (eds) Brain and Heart Dynamics. Springer, Cham. doi: 10.1007/978-3-030-28008-6_16

National Journals

- **Rodolico, A.**, Signorelli, M.S., & Aguglia, E. (2018). Emergenza migratoria e psicopatologia correlata. Noos – Aggiornamenti in Psichiatria, 24(2), 107-119.

** Publications marked with an asterisk indicate Alessandro Rodolico's shared first authorship (equal contribution as first author).*

CONFERENCE, SEMINAR AND WORKSHOP PRESENTATIONS

- PerFormat National Transactional Analysis Conference: "Sleep disorders in psychopathological conditions" – 11 October 2025, Catania
- SIPS National Congress (Oral Communication Moderator and Workshop Speaker): "Clinical decision-making in outpatient psychosis care: links between decision-making capacity and cognitive functions" – 30 September–3 October 2025, Florence
- SIP National Congress: "Digital Decision Aids in mood disorders: current state and future perspectives" – 30 May 2024, Verona
- Progress Congress – The evolution of schizophrenia treatment: "Clinical experience with long-acting injectable (LAI) therapies" – 23 May 2024, Aci Castello (CT)
- Neuro Spread Conference: "Anxiety disorder case study" – 20 May 2023, Aci Castello (CT)
- SIP Giovani National Congress: "Unmet needs in schizophrenia: the role of shared decision-making" – 18 April 2023, Florence
- 26th SOPSI National Congress: "Family interventions in schizophrenia" – 23 June 2022
- 27th AIRM National Congress: "Smartphone addiction" – 4 September 2021, Ragusa
- Regional meeting: "Schizophrenia therapies: intervention models" – 1 October 2021

TEACHING

- Subject Matter Expert – Psychiatry (MED/25), University of Catania, 10 Feb 2022 – 9 Feb 2025
- Lecturer – PerFormat School of Psychotherapy, Catania: courses in Psychopharmacology and Psychopathology (8 hours each), October 2022 – May 2023

OTHER SCIENTIFIC ACTIVITIES

Editorial Roles

2022–Present	**Sign Off Editor – Cochrane Database of Systematic Reviews (IF 8.8)** Responsible for the final assessment of the scientific content of Cochrane reviews
2023–Present	**Board Editor – BMC Psychiatry (IF 3.4)** Management of the peer-review process and manuscript assessment
2023–Present	**Review Editor – Frontiers in Psychiatry (IF 3.2)** Management of the peer-review process and selection of reviewers
2023–Present	**Review Editor – Frontiers in Human Neuroscience (IF 2.4)** Management of the peer-review process and selection of reviewers
2023	**Guest Editor – Brain Sciences (IF 3.3)** Special Issue: "Causes and Treatment of Schizophrenia and Bipolar Spectrum Disorders" (MDPI)
2023–2024	**Guest Associate Editor – Frontiers in Psychiatry (IF 3.2)** Special Issue: "Case Reports in Anxiety and Stress Disorders"
2023–2025	**Guest Editor – BMC Psychiatry (IF 3.4)** Special Issue: "Intergenerational Psychiatry"

Research Groups and Networks

Collaborations with UniCT, IRCCS Oasi and TUM on lived experience and patient-reported outcomes in schizophrenia; Catania neuromodulation research group; Prof. Fortunato Battaglia (Hackensack Meridian School of Medicine, USA).

Research networks: MHCOVID (2021–2024), Italian Network for Research on Psychoses (NIRP) and PsyCOVID.

Peer Review

Reviewer for the following indexed international journals: Cochrane Database of Systematic Reviews (IF 8.8), International Journal of Nursing Studies (IF 7.5), CNS Drugs (IF 7.4), Schizophrenia Bulletin (IF 5.3), Psychiatry and Clinical Neurosciences (IF 5.0), Psychiatry Research (IF 4.2), European Archives of Psychiatry and Clinical Neuroscience (IF 3.5), BMC Psychiatry (IF 3.4), Heliyon (IF 3.4), Therapeutic Advances in Psychopharmacology (IF 3.4), Frontiers in Psychiatry (IF 3.2), Health Expectations (IF 3.0), PLoS One (IF 2.9), Brain Sciences (IF 2.9), and others (since 3 March 2020).

Professional Society Roles

2022–Present	**Regional Coordinator, Sicily – Italian Society of Psychiatry, Young Psychiatrists Section (SIP-Giovani)**
2022–Present	**Ordinary Member – Italian Society of Psychiatry (SIP)**

FUNDING AND RESEARCH LEADERSHIP

2026–Present	**BRIDGE (DZPG VISIONS)** – Principal Investigator; DZPG funding, TUM University Hospital, Munich.
2023–Present	**MUC4** – Coordinator; DZPG project, TUM University Hospital, Munich.
2024–Present	**SHADE-S** – Coordinator; Psychiatry Unit, A.O.U. Policlinico “G. Rodolico–San Marco”, Catania.
2023–Present	**Non-profit multicentre observational studies** – Local coordinator, Catania Psychiatry Unit: Y-DEP, IDEALI, DEEP READ, ANS-AAD, ASD prevalence and REMEDY.
2021–2022	**TDPsy** – Co-coordinator; PIACERI Starting Grant, University of Catania.
2018–2023	**VESPA** – Co-investigator; independent AIFA-funded multicentre trial of vortioxetine in late-life depression.