



# FRANCESCA TROTTA

**RN, MSN, PhD**

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francesca.trotta@unicamillus.org

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Experienced critical care nurse and educator with over ten years of clinical practice and six years as a lecturer at Sapienza University. Holding a PhD in Nursing Research, with peer-reviewed publications and international presentations, I am Associate Editor of Nursing in Critical Care Journal. In addition to lecturing undergraduate students, I supervise PhD candidates, providing mentorship and guidance in their research endeavors. As a scientific board member of the Italian Association of Critical Care Nurses, I am actively advancing evidence-based nursing and critical care practices. Passionate about integrating research and education to improve patient and family outcomes, and dedicated to mentoring the next generation of nursing leaders. My commitment to research drives my continuous efforts to enhance the field and contribute to the advancement of nursing knowledge.

## PROFESSIONAL EXPERIENCE

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### **Nursing Lecturer, Sapienza University of Rome, Italy**

**2018 - 2024**

- **Curriculum Design & Delivery:** Designed and delivered evidence-based nursing curricula, incorporating innovative teaching methods such as blended learning, distance learning, and simulation-based education (both virtual and face-to-face) for undergraduate and postgraduate education.
- **Student Mentorship:** Developed new course modules with creative assessment methods and provided comprehensive, constructive feedback to both undergraduate and postgraduate students to foster critical thinking and clinical excellence.
- **Research Integration:** Co-led research projects and educational initiatives focused on critical care nursing, with a PhD in Nursing Research that aligns with the themes of nursing education and clinical practice development.

### **ICU Nurse, Sant'Andrea University Hospital, Rome, Italy**

**2018 - Present**

- **Critical Patient Care:** Providing comprehensive care to critically ill patients, managing advanced life-support systems and ensuring optimal patient outcomes.
- **Rapid Decision-Making:** Responding to emergencies with swift clinical judgment, prioritizing patient safety and coordinating care in high-pressure situations.
- **Interdisciplinary Collaboration:** Working closely with multidisciplinary teams to develop and implement individualized care plans, promoting seamless communication and quality patient care.

### **ICU Nurse, A. Gemelli University Hospital IRCCS Foundation**

**2017 - 2018**

- **Critical Patient Care:** Delivering comprehensive care to critically ill patients, including trauma cases and ECMO support, ensuring optimal outcomes through advanced life-support management.
- **Rapid Decision-Making:** Responding to emergencies with swift clinical judgment, prioritizing patient safety in high-pressure ICU settings.
- **Interdisciplinary Collaboration:** Partnering with multidisciplinary teams to develop and execute individualized care plans, ensuring seamless communication and high-quality care.

**Cardio-Thoracic Critical Care Specialist Nurse, Oxford University  
Hospitals NHS Foundation Trust, England, UK**

**2016 - 2017**

- **Specialized Cardiothoracic Care:** Providing advanced nursing care to post-operative cardiothoracic patients, managing conditions such as heart failure, post-CABG, valve replacements, and lung resections.
- **Mechanical Support:** Managing complex life-support systems, ensuring timely interventions and optimal patient outcomes.
- **Post-Surgical Monitoring:** Conducting continuous monitoring of hemodynamic status, identifying and responding to complications promptly to promote patient recovery in a high-acuity, fast-paced environment.

**Emergency Assessment Unit RN, Oxford University Hospitals NHS  
Foundation Trust, England, UK**

**2015 - 2016**

- **Comprehensive Patient Assessment:** Conducting rapid and thorough assessments of acutely ill patients, prioritizing care based on clinical urgency and presenting symptoms.
- **Emergency Interventions:** Administering immediate nursing care and treatments, stabilizing patients with diverse medical conditions and coordinating transfers to appropriate care units.
- **Interdisciplinary Coordination:** Collaborating with multidisciplinary teams to develop care plans, ensuring seamless communication and efficient patient flow in a high-pressure emergency setting.

**ADDITIONAL ACADEMIC EXPERIENCE**

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**Associate Editor - Nursing in Critical Care Journal | Wiley (Q1)**

**2025 - Present**

- **Provide strategic oversight** of manuscript quality, peer-review processes, and thematic content development, ensuring the publication of high-impact, evidence-based research in critical care nursing for a global clinical and academic audience.

**Research Tutor, Tor Vergata University**

**2023 - Present**

- **PhD Candidate Mentorship:** Provided individualized guidance and support to PhD candidates, assisting in the development of research proposals, methodologies, and literature reviews.
- **Research Skill Development:** Facilitated skill-building in research design, data analysis, and scholarly writing to help candidates achieve high-quality, publishable research outcomes.
- **Academic Progress Monitoring:** Regularly evaluated students' progress, offering constructive feedback to ensure timely completion of research milestones and academic excellence.

**Member of the Scientific Board ANIARTI | Italian Association of Critical  
Care Nurses**

**2023 - Present**

- **Research Agenda Development:** Contributed to setting the association's research priorities, promoting evidence-based practices in critical care nursing across Italy.
- **Educational Initiatives:** Supported the creation and dissemination of educational content, workshops, and guidelines to enhance nursing knowledge and clinical practice.
- **Peer Review & Collaboration:** Participated in reviewing scientific publications and collaborating with interdisciplinary professionals to advance critical care nursing standards and policies.

**Corporate self-assessment Group Member | Accreditation Canada**

**2023 - Present**

- **Quality Improvement Evaluation:** Participated in hospital-wide self-assessments to ensure compliance with Accreditation Canada standards, focusing on patient safety and quality care improvements.
- **Policy & Process Review:** Assessed and provided feedback on clinical protocols, operational processes, and risk management strategies to enhance hospital performance.

**Faculty Member ESICM PAD | A. Gemelli University Hospital IRCCS  
Foundation**

**2016 - 2017**

- Delivered a comprehensive presentation as part of the ESICM PAD Fellowship, focusing on evidence-based strategies for managing pain, agitation, and delirium in critically ill patients.
- Knowledge Dissemination: Highlighted best practices and recent advancements in PAD management, emphasizing patient-centered approaches and the impact on clinical outcomes in the ICU setting.
- Professional Engagement: Engaged with a multidisciplinary audience, fostering discussions on innovative approaches to improving patient comfort and safety in critical care environments.

**Emergency Assessment Unit RN, Oxford University Hospitals NHS  
Foundation Trust, England, UK**

**2015 - 2016**

- Comprehensive Patient Assessment: Conducting rapid and thorough assessments of acutely ill patients, prioritizing care based on clinical urgency and presenting symptoms.
- Emergency Interventions: Administering immediate nursing care and treatments, stabilizing patients with diverse medical conditions and coordinating transfers to appropriate care units.
- Interdisciplinary Coordination: Collaborating with multidisciplinary teams to develop care plans, ensuring seamless communication and efficient patient flow in a high-pressure emergency setting.

**EDUCATION**

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**PhD in Nursing Research & Public Health**

**2021 - 2024**

Tor Vergata University of Rome

**Master's Degree in Nursing**

**2017 - 2019**

Sapienza University of Rome

**Master's Degree in Nursing**

**2011 - 2014**

Sapienza University of Rome

**AWARDS AND RECOGNITIONS FOR RESEARCH ACTIVITIES**

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Winner of two Travel Grants (BACCN 2024 and 2025) for presenting scientific work at international conferences. Recipient of three competitive grants as Principal Investigator (2023, 2025, 2025) by the Centre for Italian Nursing Excellence Scholarship. Recognized for commitment to advancing nursing research and sharing scientific knowledge worldwide.

**CONFERENCES & PUBLICATIONS**

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Oral presenter at numerous international critical care conferences, including: 40th and 39th BACCN Annual Conference (2025, 2024), 44th, 43rd and 42nd ANIARTI National Conference (2023, 2024, 2025), EfCCNa Congress (2022, 2025), and ANZICS ACCCN Conference (2022). Presentations focused on alarm fatigue, ICU survivorship, environmental sustainability, and nursing education.

Published numerous research papers on peer-reviewed journals.