

# Erasmus+ BIP SPRING SCHOOL

30 March – 03 April 2026

## BIP: Physiotherapy treatment of lower back pain

We invite physiotherapy students to take part in an engaging **Spring School** dedicated to exploring current approaches to lower back pain. The programme offers a unique opportunity to learn from experts, gain hands-on experience, and exchange ideas with peers from partner universities. Join us for an inspiring week of learning, collaboration, and professional growth in Maribor, Slovenia.



**Date:** 30 March – 03 April 2026

**Place:**  
Alma Mater Europaea University,  
Maribor with workshops and  
professional visits in Slovenia

**For:** Undergraduate degree  
students of Physiotherapy

**Format:** Erasmus+ BIP with a  
virtual component

## TENTATIVE SCHEDULE:

### **Monday, 30. 03. 2026**

Arrival to Maribor and registration.

### **Tuesday, 31. 03. 2026**

Introduction lectures on lower back pain .  
Guided tour of Maribor.

### **Wednesday, 01. 04. 2026**

Workshops on how to apply physical agents to optimize outcomes for patients with lower back pain.

### **Thursday, 02. 04. 2026**

Introduction to hippotherapy: its use and effects on lower back pain, with a site visit to CUDV Dobrna.

### **Friday, 03.04.2026**

Study visit to Sežana Hospital Cave, including an introduction to speleotherapy, followed by the awarding of final certificates and an official closing lunch.

**APPLY HERE UNTIL 30 JANUARY 2026:**

**APPLY**



**Nuša Krstič**

International Office Alma Mater Europaea University  
[erasmus@almamater.si](mailto:erasmus@almamater.si)