Degree Programme in Nursing

Academic Year 2026/2027

INTEGRATED COURSE (I.C.): GENERAL CLINICAL AND PEDIATRIC NURSING SCIENCES-PRACTICE
NUMBER OF CFU (ECTS credits): 20
SSD (Academic Discipline Code): MEDS-24/C

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PREREQUISITE COURSES

Not applicable — no formal prerequisite courses are set by the Degree Programme Regulations for this teaching.

PREREQUISITES

The student can access the internship program only if: a) they have completed the enrollment procedure correctly by submitting all the required documentation to the relevant offices; b) they are up to date with the payment of university fees; c) they have obtained the fitness certificate issued by the competent physician at UniCamillus; d) they have regularly attended theoretical activities, particularly the nursing disciplines of the current and previous years as well as professional laboratories; e) they have attended the mandatory training course on health and safety in the workplace; f) they have passed the Italian language proficiency test.

LEARNING OBJECTIVES

The first-year clinical placement aims to enable students to acquire basic nursing assessment skills, clinical reasoning abilities, and care planning competencies for patients with low to medium complexity needs, under the constant supervision of an experienced professional. In addition, the first-year clinical placement activities aim to help students develop technical and operational skills related to basic and specialized nursing care, as well as self-reflection skills regarding their own learning needs.

EXPECTED LEARNING OUTCOMES

DD1: Knowledge and Understanding

Students acquire basic knowledge of the fundamental principles of nursing care, standard hygiene and infection prevention procedures, the use of personal protective equipment (PPE), the basic needs of the

patient, and the principles of nursing assessment. They also understand the use of clinical and care documentation and the basic concepts of patient safety.

DD2: Applying knowledge and understanding

Students are able to apply the knowledge acquired, under supervision, in performing key care activities, including: hand hygiene, use and disposal of PPE, basic nursing assessment, measurement and recording of vital signs, assistance with patient mobilization and transfers, assessment and management of fundamental needs (comfort, nutrition, hygiene, elimination), prevention of risks (pressure injuries, falls), pain management, collection of biological samples, management of healthcare waste, and use of clinical documentation.

DD3: Making judgements

Students begin to develop observational and assessment skills regarding the patient's condition, recognizing care needs and potentially risky situations. Under supervision, they are able to contribute to the planning and implementation of nursing interventions, justifying their actions based on evidence and guidance received.

DD4: Communication skills

Students develop appropriate communication skills with patients, caregivers, and the healthcare team, using clear and appropriate language. They are able to actively listen, provide basic information, and collaborate effectively within the care context, while respecting principles of empathy, respect, and professionalism.

DD5: Learning skills

Students develop the ability to learn from clinical experience and from interactions with tutors and healthcare professionals, integrating theory and practice. They are able to use feedback to progressively improve their competencies and adopt a continuous learning and self-assessment approach.

SYLLABUS

- Perform hand hygiene procedures (antiseptic and social).
- Identify, correctly use, and dispose of Personal Protective Equipment (PPE) according to the specific clinical situation.
- Perform a comprehensive nursing assessment of the patient upon admission, including identification of any allergies.
- Transfer patients with reduced functional independence between bed, chair, and stretcher using appropriate techniques and aids.
- Assess the patient's functional independence and plan/implement positioning, mobilization, and ambulation interventions, with reassessment.
- Assess and manage the patient's comfort needs, planning and reassessing interventions.
- Assess deficits in self-care related to personal hygiene and nutrition, planning and implementing appropriate interventions and evaluating their effectiveness.
- Assess patients at risk of pressure injuries and implement preventive measures.
- Assess patients at risk of falls and implement preventive strategies.

- Assess and manage patients experiencing pain, planning interventions and evaluating their effectiveness.
- Measure, evaluate, and record vital signs (BP, HR, RR, Temp, SpO_2).
- Assess and manage alterations in bowel and urinary elimination, planning interventions and evaluating their effectiveness.
- Collect biological specimens (urine, stool, etc.).
- Properly manage the disposal of hospital waste and biological fluids.
- Correctly use clinical and care documentation, including medical records, nursing charts, informed consent forms, and diagnostic reports.

COURSE STRUCTURE

The Bachelor's Degree Program in Nursing provides a total of 20 University Educational Credits (CFU) to be dedicated to internship activities in the first year of the course. Each CFU corresponds to 30 hours, therefore the total number of internship hours in the first year of the course is 600 hours. The location, period, and scheduling of internship activities are defined by the Didactic Directorate and the Company Tutors. The Didactic Directorate is responsible for planning at least 5/6 internship experiences in different contexts over the three-year period, as per the Consensus Conference of the Permanent Conference of Degree Courses in Health Professions (2010).

Attendance at internship activities is mandatory for all students enrolled in the Bachelor's Degree Program in Nursing and must be continuous in both individual internship experiences and throughout the academic year.

COURSE GRADE DETERMINATION

Internship experiences must be designed, evaluated, and documented in the student's learning path. The evaluation process takes place during the student's clinical learning journey through typical formative assessment methods along the way and, at the end of each academic year and the three-year period, through certifying assessment methods. Further details can be found in Article 7 of the Internship Regulation of the Bachelor's Degree Program in Nursing.

The achievement of the training objectives of the first year of the course internship is assessed by Clinical Tutors/Coordinators of the Operational Units through formative evaluations and by Company Tutors/Didactic Directorate and the Faculty of MED/45 through certifying evaluations. The exam, which will be conducted in oral/practical form, will be considered passed if the student achieves a final score of 18/30.

All contents indicated in the teaching programs are subject to evaluation. The student's knowledge and understanding, ability to apply knowledge and understanding, autonomy of judgment, and communication skills will be evaluated, weighing respectively 30%, 30%, 30%, and 10% in the final score. The final grade will be assigned by the Commission, collectively.

The exam will be evaluated based on the following criteria:

< 18 insufficient	The candidate possesses an inadequate knowledge of the topic, makes significant errors in applying theoretical concepts, and shows weak presentation skills.
18 - 20	The candidate possesses a barely adequate and only superficial knowledge of topic, limited presentation skills, and only an inconsistent ability to apply theoretical concepts.
21 – 23	The candidate possesses an adequate, but not in-depth, knowledge of the topic, a partial ability to apply theoretical concepts, and acceptable presentation skills.
24 – 26	The candidate possesses a fair knowledge of the topic, a reasonable ability to apply theoretical concepts correctly and present ideas clearly.
27 - 29	The candidate possesses an in-depth knowledge of the topic, a sound ability to apply theoretical concepts, good analytical skills, clear argumentative clarity and an ability to synthesize
30 - 30L	The candidate possesses an in-depth knowledge of the topic, an outstanding ability to apply theoretical concepts, a high level of argumentative clarity, as well as excellent analytical skills, and a well-developed ability to synthesize and establish interdisciplinary connections.

Students with disabilities or certified Specific Learning Disorders (SLD/DSA) are entitled to compensatory tools and dispensatory measures (e.g., extra time, concept maps, equivalent assessment formats), to be agreed in advance with the lecturer and the relevant University office, without prejudice to achieving the same expected learning outcomes.

OPTIONAL ACTIVITIES

Students will have the opportunity to participate in theoretical/practical exercises and attend seminars or laboratory activities.

READING MATERIALS

- Kozier and Erb's (2016). Fundamentals of Nursing (10 Ed.) Pearson.
- All teaching materials and handouts provided by the nursing science faculty.